

# Sophia Mitchell

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## SUMMARY

Dedicated Advanced Practice Registered Nurse with over five years in critical care settings. Successfully collaborated with interdisciplinary teams, enhancing patient outcomes through holistic care approaches. Utilized strong background in patient assessments, diagnostic procedures, and treatment planning. Committed to evidence-based practices, contributed to clinical standards' developments, and ensured optimal patient outcomes. Eager to join Vanguard Medical Group, continuing a career focused on improving healthcare delivery and patient satisfaction.

## EXPERIENCE

### Advanced Practice Registered Nurse

January 2024 - Present

Pinnacle Health Services

Chicago, IL

Deliver comprehensive care for critically ill patients, ensuring adherence to established clinical standards. Collaborate closely with healthcare teams to implement personalized patient strategies. Maintain meticulous documentation of patient progress to support continuity and quality of care.

- Conduct thorough physical examinations and order essential diagnostic tests.
- Interpret test results effectively, guiding sound treatment decisions.
- Engage with healthcare teams, providing education on implementation of care plans.
- Regularly assess and adjust care protocols based on patient responses.

### Nurse Practitioner

June 2021 - December 2023

Mercy Health Partners

Aurora, IL

Managed chronic illnesses and coordinated care processes as part of a dedicated health team. Focused on preventive strategies while strengthening patient education initiatives, improving overall population health outcomes.

- Executed in-depth patient assessments and liaised with diagnostic services.
- Carefully evaluated treatment effectiveness and modified plans accordingly.
- Developed robust educational materials to guide patients and families.
- Collaborated with both physicians and nurses in refining care protocols.

### Registered Nurse

August 2019 - May 2021

Heartland Medical Center

Elgin, IL

Provided direct patient care in high-acuity environments, emphasizing team collaboration and evidence-based safety practices. Supported emotional needs and education for families amid critical healthcare situations.

- Administered medications and treatments accurately and compassionately.
- Monitored patient conditions closely, analyzing shifts in health states.
- Participated actively in departmental meetings to enhance care quality.
- Supported interdisciplinary rounds to ensure cohesive patient management.

## LEADERSHIP & AWARDS

- Nurse Excellence Award at Mercy Health Partners
- Best New Pediatric Client Program Implementation at Pinnacle Health Services

## EDUCATION

### Master's Degree in Nursing

2019

University of Illinois at Chicago GPA: 3.8

Chicago, IL

**Coursework:** *Advanced Care, Critical Care Management, Patient Safety, Healthcare Ethics*

## CERTIFICATIONS

- Advanced Practice Licensure (APN) 📅 2021
- BLS/CPR Certification 📅 2021
- ACLS Certification 📅 2021

## TECHNICAL SKILLS

- **Clinical Tools:** Electronic Health Records, Telehealth Software, Monitoring Devices
- **Diagnostic Equipment:** Ultrasound, X-ray Machines, Lab Analyzers

- **Collaboration Platforms:** Microsoft Teams, Zoom, GoToMeeting
- **Medications:** Antibiotics, Analgesics, Anticoagulants
- **Education Materials:** Patient Handouts, Digital Resources, Instructional Videos
- **Case Management Systems:** CareSmart, Kronos, MedeAnalytics
- **Healthcare Technologies:** Remote Monitoring Tools, AI Diagnostic Tools, Mobile Health Apps
- **Regulatory Standards:** HIPAA Regulations, NCQA Standards, Joint Commission Guidelines
- **Safety Protocols:** Infection Control Procedures, Hazardous Material Handling, Emergency Response Plans
- **Research Methods:** Qualitative Analysis, Quantitative Surveys, Evidence-Based Reviews

**SKILLS**

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- Critical Care Management
- Patient Assessment
- Treatment Planning
- Interdisciplinary Collaboration
- Evidence-Based Practice
- Diagnostic Testing
- Patient Education
- Health Promotion
- Health Policy Compliance
- Care Coordination
- Emergency Response
- Medical Documentation
- Palliative Care
- Community Health Initiatives
- Quality Assurance

**PROFESSIONAL AFFILIATIONS**

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- Member of the American Association of Nurse Practitioners
- Active participant in the Nurse Practitioners Alliance of Illinois

**LANGUAGES**

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- English (Native)
- Spanish (Intermediate)

**ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

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AVAILABLE ON REQUEST