

# Alicia Hopkins

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## SUMMARY

Compassionate nursing assistant with a solid foundation in patient care and nursing protocols. Seeking to bring a track record of dedicated service to residents by providing quality daily living support and professional healthcare. Trained in vital sign monitoring and care plan development, participation in resident care planning meetings aimed at enhancing the healthcare experience for elderly patients. An excellent communicator and team player, eager to ensure compliance with health regulations while fostering a warm, welcoming atmosphere. Committed to encouraging independence among residents through supportive engagement and attention.

## EDUCATION

Diploma in Nursing Arts

Chicago Community College   GPA: 3.8

*Coursework: Patient Care, Medical Terminology, Pharmacology, Anatomy and Physiology*

2026  
Chicago, IL

## TECHNICAL SKILLS

- **Healthcare Procedures:** Daily Living Activities, Vital Sign Checks, Nutrition Assessment
- **Regulatory Compliance:** Federal Regulations, State Guidelines, Health Protections Policies
- **Documentation Tools:** Electronic Health Records, Charting Software, Reporting Systems
- **Care Planning:** Individual Care Plans, Resident Assessments, Goal Setting
- **Infection Control:** Sterilization Protocols, Safety Standards, Monitoring Systems
- **Skills Training:** Workshops, Continuing Education, Peer Learning
- **Patient Interaction:** Listening Skills, Patient Engagement Strategies, Relationship Building
- **Quality Improvement:** Standard Operating Procedures, Feedback Mechanisms, Performance Reviews
- **Behavioral Techniques:** Motivational Interviewing, Cognitive Awareness, Self-Care Encouragement
- **Basic Life Support:** CPR Training, Emergency Protocols, Response Drills

## SKILLS

- |                          |                      |                            |                         |
|--------------------------|----------------------|----------------------------|-------------------------|
| • Patient Care           | • Communication      | • Decision Making          | • Emotional Support     |
| • Vital Signs Monitoring | • Team Collaboration | • Time Management          | • Safety Compliance     |
| • Care Plan Development  | • Compassion         | • Medication Assistance    | • Elder Care Techniques |
| • Record Keeping         | • Problem Solving    | • Personal Hygiene Support |                         |

## EXPERIENCE

Nursing Assistant Intern

University Project

September 2025 - June 2026  
Chicago, IL

Provided hands-on nursing care in a controlled, educational environment focused on creating impactful healing experiences for residents. Collaborated closely with supervising nurses to implement resident care plans that adhere to federal, state, and local guidelines. Facilitated effective communication within the healthcare team to enhance resident care delivery.

- Assisted in delivering comprehensive nursing care tailored to resident needs under supervision.
- Created collaborative, individualized care plans based on thorough assessments of each resident.
- Recorded food/fluid intake accurately while monitoring and reporting changes promptly to nursing staff.
- Engaged residents in self-care activities, fostering their independence and dignity during rehabilitation.
- Contributed effectively to weekly care plan conferences, sharing observations to improve patient outcomes.
- Ensured high standards of cleanliness and organization in all living areas to support safety.

Nurse Aide Trainee

University Research Lab

January 2025 - August 2025  
Chicago, IL

Completed comprehensive nurse aide training gaining essential skills that emphasize compassionate commitment to improving quality of life for elderly patients. Collaborated with seasoned professionals, enhancing ability to work effectively in a team-based healthcare environment.

- Reported vital signs accurately, ensuring adherence to nursing records for precise monitoring.
- Supported residents in engaging in daily living activities like bathing and feeding.
- Maintained strict compliance with infection control measures and safety standards.
- Actively participated in continuous education workshops for skill enhancement.
- Enhanced resident well-being by establishing trusting relationships that encouraged open communication.

- Worked alongside interdisciplinary teams to facilitate coordinated care approaches.

**LEADERSHIP & AWARDS**

- Dean's List, Chicago Community College, 2025
- Nursing Excellence Award, Chicago Community College, 2025

**CERTIFICATIONS**

- CPR Certification  2026

**PROFESSIONAL AFFILIATIONS**

- Member, Nursing Student Association, Chicago Community College
- Volunteer, Local Senior Center, providing companionship to elderly residents

**LANGUAGES**

- English (Native)
- Spanish (Intermediate)

**ADDITIONAL INFORMATION**

**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

AVAILABLE ON REQUEST