

# Alicia Hopkins

## Certified Nursing Assistant

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### STRENGTHS

-  **Empathy**  
Established strong bonds with residents, yielding mutual respect and trustful relationships prompted by genuine caring.
-  **Communication Skills**  
Effectively conveyed vital information to healthcare colleagues, enhancing patient care collaboratively.
-  **Teamwork**  
Engaged as part of a multidisciplinary team to consistently provide superior patient-centered care.
-  **Problem Solving**  
Proactively contributed ideas during care plan meetings to optimally meet resident needs, earning peer confidence.
-  **Adaptability**  
Quickly adjusted to varied resident needs, remaining flexible during emergent situations impacting care.

### SKILLS

- Patient Care Vital Signs Monitoring
- Care Plan Development
- Record Keeping Communication
- Team Collaboration Compassion
- Problem Solving Decision Making
- Time Management
- Medication Assistance
- Personal Hygiene Support
- Emotional Support
- Safety Compliance
- Elder Care Techniques

### SUMMARY

Compassionate nursing assistant with a solid foundation in patient care and nursing protocols. Seeking to bring a track record of dedicated service to residents by providing quality daily living support and professional healthcare. Trained in vital sign monitoring and care plan development, participation in resident care planning meetings aimed at enhancing the healthcare experience for elderly patients. An excellent communicator and team player, eager to ensure compliance with health regulations while fostering a warm, welcoming atmosphere. Committed to encouraging independence among residents through supportive engagement and attention.

### EDUCATION

**Diploma in Nursing Arts**  
Chicago Community College  GPA: 3.8  2026  Chicago, IL  
*Coursework: Patient Care, Medical Terminology, Pharmacology, Anatomy and Physiology*

### TECHNICAL SKILLS

- Healthcare Procedures:** Daily Living Activities, Vital Sign Checks, Nutrition Assessment
- Regulatory Compliance:** Federal Regulations, State Guidelines, Health Protections Policies
- Documentation Tools:** Electronic Health Records, Charting Software, Reporting Systems
- Care Planning:** Individual Care Plans, Resident Assessments, Goal Setting
- Infection Control:** Sterilization Protocols, Safety Standards, Monitoring Systems
- Skills Training:** Workshops, Continuing Education, Peer Learning
- Patient Interaction:** Listening Skills, Patient Engagement Strategies, Relationship Building
- Quality Improvement:** Standard Operating Procedures, Feedback Mechanisms, Performance Reviews
- Behavioral Techniques:** Motivational Interviewing, Cognitive Awareness, Self-Care Encouragement
- Basic Life Support:** CPR Training, Emergency Protocols, Response Drills

### EXPERIENCE

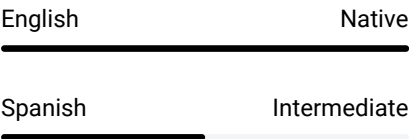
**Nursing Assistant Intern**  
University Project  September 2025 - June 2026  Chicago, IL  
Provided hands-on nursing care in a controlled, educational environment focused on creating impactful healing experiences for residents. Collaborated closely with supervising nurses to implement resident care plans that adhere to federal, state, and local guidelines. Facilitated effective communication within the healthcare team to enhance resident care delivery.

- Assisted in delivering comprehensive nursing care tailored to resident needs under supervision.
- Created collaborative, individualized care plans based on thorough assessments of each resident.
- Recorded food/fluid intake accurately while monitoring and reporting changes promptly to nursing staff.
- Engaged residents in self-care activities, fostering their independence and dignity during rehabilitation.
- Contributed effectively to weekly care plan conferences, sharing observations to improve patient outcomes.
- Ensured high standards of cleanliness and organization in all living areas to support safety.

### Nurse Aide Trainee

University Research Lab  January 2025 - August 2025  Chicago, IL  
Completed comprehensive nurse aide training gaining essential skills that emphasize compassionate commitment to improving quality of life for elderly patients. Collaborated with seasoned professionals, enhancing ability to work effectively in a team-based healthcare environment.

LANGUAGES



MY CAREER



- Nursing Assistant Intern at University Project (9 Months)
- Nurse Aide Trainee at University Research Lab (7 Months)

- Reported vital signs accurately, ensuring adherence to nursing records for precise monitoring.
- Supported residents in engaging in daily living activities like bathing and feeding.
- Maintained strict compliance with infection control measures and safety standards.
- Actively participated in continuous education workshops for skill enhancement.
- Enhanced resident well-being by establishing trusting relationships that encouraged open communication.
- Worked alongside interdisciplinary teams to facilitate coordinated care approaches.

LEADERSHIP & AWARDS

- Dean's List, Chicago Community College, 2025
- Nursing Excellence Award, Chicago Community College, 2025

CERTIFICATIONS

- CPR Certification 📅 2026

PROFESSIONAL AFFILIATIONS

- Member, Nursing Student Association, Chicago Community College
- Volunteer, Local Senior Center, providing companionship to elderly residents

ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST