

Valeria Simmons

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SUMMARY

Caring Certified Nursing Assistant with over two years of experience delivering hands-on patient care. Expertise includes assisting patients with daily activities like bathing and feeding, ensuring their physical comfort while respecting their dignity. Skilled in maintaining accurate medical records and collaborating effectively with healthcare teams to provide comprehensive patient support. Passionate about fostering a nurturing environment for patients and their families during challenging times. Equipped to follow safety protocols diligently and actively contribute to team discussions that enhance patient care processes. Committed to ongoing professional development through continuous education and training.

EXPERIENCE

Certified Nursing Assistant II

June 2025 - Present

Healthy Life Care

Charlotte, NC

Delivered compassionate care as a Certified Nursing Assistant II, supporting compliance with facility standards and enhancing overall patient experience. Focused on integrating best practices into daily care routines, evaluating processes for improved efficiency and efficacy. Played an essential role in team collaboration, acting swiftly when changes in patient's health occurred.

- Assisted patients with daily living tasks, ensuring dignity through respectful personal care.
- Maintained detailed written accounts of vital signs and key health indicators in electronic medical records.
- Engaged closely with nursing professionals, promptly informing them of any significant changes in patient conditions.
- Integrated proficient safety measures to protect patients, adhering rigorously to infection control protocols.
- Provided emotional support by listening to patients' concerns and addressing their immediate needs.
- Participated in monthly training sessions enhancing skills and providing updated knowledge on patient care advancements.

Certified Nursing Assistant

January 2024 - May 2025

Community Health Services

Charlotte, NC

Acted as a pivotal support system as a Certified Nursing Assistant, enhancing the quality of care provided through teamwork and open communication channels within the healthcare setting. Recognized for contributing to patient satisfaction and well-being through attention to detail and holistic approaches.

- Supported diverse patient needs through dedicated assistance with mobility and personal hygiene challenges.
- Accurately documented observations of patients' health status, enriching collaborative care planning with healthcare teams.
- Fostered a spirit of togetherness among staff, bolstering morale and encouraging group problem-solving.
- Ensured all safety regulations were adhered to while advocating for patients' understanding of their treatment plans.
- Provided education on best self-care practices, empowering patients to maintain their health post-discharge.
- Created an uplifting atmosphere, boosting patients' emotional resilience amid treatment challenges.

LEADERSHIP & AWARDS

- Dean's List, Charlotte Community College, 2023

EDUCATION

Certified Nursing Assistant Program

2024

Charlotte Community College GPA: 4.0

Charlotte, NC

Coursework: Patient Care, Medical Documentation, Team Collaboration, Emotional Support

CERTIFICATIONS

- Certified Nursing Assistant (CNA) 📅 2024
- Basic Life Support (BLS) 📅 2025

TECHNICAL SKILLS

- **Patient Care Software:** Epic, Meditech, Cerner
- **Documentation Tools:** Microsoft Word, Google Docs, Notion
- **Communication Platforms:** Slack, Microsoft Teams, Zoom
- **Safety Protocol Training:** OSHA Standards, BLS Training, Infection Control Certification
- **Healthcare Systems:** Long-term Care, Acute Care, Rehabilitation
- **Records Management:** Electronic Health Records, Paper Charts, Patient Scheduling Software
- **Patient Mobility Aids:** Wheelchairs, Gait Belts, Walker Devices

- **Personal Hygiene Assistance:** Bathing Aids, Grooming Supplies, Adaptive Equipment
- **Clinical Assessments:** Vital Signs Measurement, Pain Assessment, Nutritional Support Planning
- **Emotional Support Techniques:** Active Listening, Patient Observation, Therapeutic Communication

SKILLS

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|-------------------------|--------------------------|--------------------------------|--------------------|
| • Patient Care | • Safety Protocols | • Health Maintenance Education | • Crisis Response |
| • Medical Documentation | • Communication | • Problem Solving | • Patient Advocacy |
| • Team Collaboration | • Vital Signs Monitoring | • Interpersonal Skills | • Team Dynamics |
| • Emotional Support | • Infection Control | • Time Management | |

PROFESSIONAL AFFILIATIONS

- Volunteer at Local Health Clinic, Charlotte, NC
- Member of Nursing Students Association, Charlotte Community College

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST