

# Michael Johnson

## Certified Nursing Assistant

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📍 1234 Elm Street, Springfield, IL 62701

### STRENGTHS

- ♥ **Empathy**  
Understanding residents' feelings enhances connections. Frequently receive positive feedback from residents and families about personal touch.
- 👥 **Collaboration**  
Working cohesively with teams ensures best outcomes. Often sought out by peers for input on improving care strategies.
- ↕ **Adaptability**  
Flexible in response to changing demands. Seamlessly switch tasks based on priority resident needs without skipping a beat.
- 🔍 **Attention to Detail**  
Observing small changes in residents can indicate larger issues. Recognized for identifying early signs of potential health declines.
- 😊 **Compassionate Nature**  
Demonstrating kindness creates a comforting environment. Regularly receive compliments from management about how effectively I uplift spirits.

### SKILLS

- Patient care and support
- Time management
- Effective communication
- Team collaboration
- Basic medical knowledge
- Mobility assistance
- Nutritional support
- Vital sign monitoring
- Activity engagement
- Hygiene practices
- Housekeeping skills
- Conflict resolution

### SUMMARY

Compassionate and dedicated Certified Nursing Assistant with over 3 years of experience providing exceptional care to elderly residents. Proven ability to assist with daily living activities, ensuring comfort and dignity for all residents. Committed to creating a nurturing environment that fosters physical and emotional well-being. Strong communicator who collaborates effectively with nursing teams and families for comprehensive care solutions. Skilled at maintaining cleanliness and organizing resident environments. Looking forward to contributing these skills in a supportive healthcare facility where quality care is paramount.

### EXPERIENCE

#### Certified Nursing Assistant

Golden Age Healthcare 📅 March 2023 - Present 📍 Peoria, IL

At Golden Age Healthcare, provide quality direct care by assisting residents with daily activities such as bathing and grooming. Collaborate closely with nursing staff to meet varied health needs while promoting a safe, welcoming environment.

- Deliver personalized support for daily living activities, fostering independence among residents.
- Maintain a clean, organized environment conducive to resident calming and safety.
- Work alongside nurse managers to ensure adherence to health and safety standards.
- Assist with meal preparation and serving during scheduled dining times.

#### Certified Nursing Assistant

Harmony Senior Living 📅 June 2021 - February 2023 📍 Rockford, IL

Worked collaboratively with facility staff at Harmony Senior Living to provide residents with compassionate care within a skilled nursing context. Engaged actively with both residents and the nursing team to nurture holistic care requirements.

- Provided immeasurable support facilitating mobility and participation in recreational settings.
- Monitored vital signs and coordinated necessary updates with nursing personnel on health shifts.
- Enhanced social engagement through various recreation initiatives, connecting residents within community.
- Promoted residents' nutritional health through deliberate meal planning and assistance.

### LEADERSHIP & AWARDS

- Employee of the Month for Outstanding Resident Care, October 2023 at Golden Age Healthcare
- Completed Advanced Patient Care Workshop, May 2022

### EDUCATION

#### Certified Nursing Assistant Program

Springfield Community College 🎓 GPA: 3.8 📅 2021 📍 Springfield, IL

**Coursework:** *Nursing Fundamentals, Patient Care Skills, Hygiene Practices, Communication Techniques*

### CERTIFICATIONS

- Certified Nursing Assistant (CNA) 📅 2021
- CPR and First Aid Certification 📅 2021

### TECHNICAL SKILLS

- **Patient Management Systems:** CareSoft, MatrixCare, TouchPoint
- **Communication Tools:** Microsoft Office, Zoom, WhatsApp
- **Healthcare Protocols:** CPR, First Aid, Infection Control
- **Coordination Techniques:** Schedule Management, Task Delegation, Policy Implementation
- **Nutrition Assistance:** Dietary Charts, Meal Preparation, Dietary Restrictions

Documentation skills

Problem solving

Stress management

## LANGUAGES

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English

Native

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## MY CAREER

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● Certified Nursing Assistant  
at Golden Age Healthcare (3.2  
Years)

● Certified Nursing Assistant  
at Harmony Senior Living (1.7  
Years)

- **Laundry Operations:** Washing Techniques, Stain Removal, Folding Methods
- **Safety Standards:** OSHA Guidelines, Equipment Checks, Emergency Protocols
- **Emergency Response:** Evacuation Plans, CPR Training, Incident Reporting
- **Resident Assessment:** Observation Skills, Daily Logs, Health Alerts
- **Conflict Resolution:** Interpersonal Skills, Negotiation Tactics, Mediator Roles

## PROFESSIONAL AFFILIATIONS

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- Member of Illinois Healthcare Association
- Volunteer at Local Animal Shelter

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST