

# Michael Johnson

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📍 1234 Elm Street, Springfield, IL 62701

## SUMMARY

Compassionate and dedicated Certified Nursing Assistant with over 3 years of experience providing exceptional care to elderly residents. Proven ability to assist with daily living activities, ensuring comfort and dignity for all residents. Committed to creating a nurturing environment that fosters physical and emotional well-being. Strong communicator who collaborates effectively with nursing teams and families for comprehensive care solutions. Skilled at maintaining cleanliness and organizing resident environments. Looking forward to contributing these skills in a supportive healthcare facility where quality care is paramount.

## EXPERIENCE

### Certified Nursing Assistant

March 2023 - Present

Golden Age Healthcare

Peoria, IL

At Golden Age Healthcare, provide quality direct care by assisting residents with daily activities such as bathing and grooming. Collaborate closely with nursing staff to meet varied health needs while promoting a safe, welcoming environment.

- Deliver personalized support for daily living activities, fostering independence among residents.
- Maintain a clean, organized environment conducive to resident calming and safety.
- Work alongside nurse managers to ensure adherence to health and safety standards.
- Assist with meal preparation and serving during scheduled dining times.

### Certified Nursing Assistant

June 2021 - February 2023

Harmony Senior Living

Rockford, IL

Worked collaboratively with facility staff at Harmony Senior Living to provide residents with compassionate care within a skilled nursing context. Engaged actively with both residents and the nursing team to nurture holistic care requirements.

- Provided immeasurable support facilitating mobility and participation in recreational settings.
- Monitored vital signs and coordinated necessary updates with nursing personnel on health shifts.
- Enhanced social engagement through various recreation initiatives, connecting residents within community.
- Promoted residents' nutritional health through deliberate meal planning and assistance.

## LEADERSHIP & AWARDS

- Employee of the Month for Outstanding Resident Care, October 2023 at Golden Age Healthcare
- Completed Advanced Patient Care Workshop, May 2022

## EDUCATION

### Certified Nursing Assistant Program

2021

Springfield Community College GPA: 3.8

Springfield, IL

**Coursework:** Nursing Fundamentals, Patient Care Skills, Hygiene Practices, Communication Techniques

## CERTIFICATIONS

- Certified Nursing Assistant (CNA) 📅 2021
- CPR and First Aid Certification 📅 2021

## TECHNICAL SKILLS

- **Patient Management Systems:** CareSoft, MatrixCare, TouchPoint
- **Communication Tools:** Microsoft Office, Zoom, WhatsApp
- **Healthcare Protocols:** CPR, First Aid, Infection Control
- **Coordination Techniques:** Schedule Management, Task Delegation, Policy Implementation
- **Nutrition Assistance:** Dietary Charts, Meal Preparation, Dietary Restrictions
- **Laundry Operations:** Washing Techniques, Stain Removal, Folding Methods
- **Safety Standards:** OSHA Guidelines, Equipment Checks, Emergency Protocols
- **Emergency Response:** Evacuation Plans, CPR Training, Incident Reporting
- **Resident Assessment:** Observation Skills, Daily Logs, Health Alerts
- **Conflict Resolution:** Interpersonal Skills, Negotiation Tactics, Mediator Roles

## SKILLS

- Patient care and support
- Time management
- Effective communication
- Team collaboration
- Basic medical knowledge
- Mobility assistance
- Nutritional support
- Vital sign monitoring
- Activity engagement
- Hygiene practices
- Housekeeping skills
- Conflict resolution
- Documentation skills
- Problem solving
- Stress management

## **PROFESSIONAL AFFILIATIONS**

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- Member of Illinois Healthcare Association
- Volunteer at Local Animal Shelter

## **LANGUAGES**

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- English (Native)

## **ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

## **REFERENCES**

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AVAILABLE ON REQUEST