

Michael Johnson

Certified Nursing Assistant

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STRENGTHS

- ♥ **Empathy**
Understanding residents' feelings enhances connections. Frequently receive positive feedback from residents and families about personal touch.
- 👥 **Collaboration**
Working cohesively with teams ensures best outcomes. Often sought out by peers for input on improving care strategies.
- ↔️ **Adaptability**
Flexible in response to changing demands. Seamlessly switch tasks based on priority resident needs without skipping a beat.
- 🔍 **Attention to Detail**
Observing small changes in residents can indicate larger issues. Recognized for identifying early signs of potential health declines.
- 😊 **Compassionate Nature**
Demonstrating kindness creates a comforting environment. Regularly receive compliments from management about how effectively I uplift spirits.

SKILLS

Patient care and support
Time management
Effective communication
Team collaboration
Basic medical knowledge
Mobility assistance
Nutritional support
Vital sign monitoring
Activity engagement

SUMMARY

Compassionate and dedicated Certified Nursing Assistant with over 3 years of experience providing exceptional care to elderly residents. Proven ability to assist with daily living activities, ensuring comfort and dignity for all residents. Committed to creating a nurturing environment that fosters physical and emotional well-being. Strong communicator who collaborates effectively with nursing teams and families for comprehensive care solutions. Skilled at maintaining cleanliness and organizing resident environments. Looking forward to contributing these skills in a supportive healthcare facility where quality care is paramount.

EXPERIENCE

Certified Nursing Assistant

Golden Age Healthcare 📅 March 2023 - Present 📍 Peoria, IL

At Golden Age Healthcare, provide quality direct care by assisting residents with daily activities such as bathing and grooming. Collaborate closely with nursing staff to meet varied health needs while promoting a safe, welcoming environment.

- Deliver personalized support for daily living activities, fostering independence among residents.
- Maintain a clean, organized environment conducive to resident calming and safety.
- Work alongside nurse managers to ensure adherence to health and safety standards.
- Assist with meal preparation and serving during scheduled dining times.

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Harmony Senior Living 📅 June 2021 - February 2023 📍 Rockford, IL

Worked collaboratively with facility staff at Harmony Senior Living to provide residents with compassionate care within a skilled nursing context. Engaged actively with both residents and the nursing team to nurture holistic care requirements.

- Provided immeasurable support facilitating mobility and participation in recreational settings.
- Monitored vital signs and coordinated necessary updates with nursing personnel on health shifts.
- Enhanced social engagement through various recreation initiatives, connecting residents within community.
- Promoted residents' nutritional health through deliberate meal planning and assistance.

LEADERSHIP & AWARDS

- Employee of the Month for Outstanding Resident Care, October 2023 at Golden Age Healthcare
- Completed Advanced Patient Care Workshop, May 2022

EDUCATION

Certified Nursing Assistant Program

Springfield Community College 🎓 GPA: 3.8 📅 2021 📍 Springfield, IL

Coursework: *Nursing Fundamentals, Patient Care Skills, Hygiene Practices, Communication Techniques*

CERTIFICATIONS

- Certified Nursing Assistant (CNA) 📅 2021
- CPR and First Aid Certification 📅 2021

TECHNICAL SKILLS

- **Patient Management Systems:** CareSoft, MatrixCare, TouchPoint

Hygiene practices

Housekeeping skills

Conflict resolution

Documentation skills

Problem solving

Stress management

LANGUAGES

English

Native

MY CAREER



● Certified Nursing Assistant at Golden Age Healthcare (3.2 Years)

● Certified Nursing Assistant at Harmony Senior Living (1.7 Years)

- **Communication Tools:** Microsoft Office, Zoom, WhatsApp
- **Healthcare Protocols:** CPR, First Aid, Infection Control
- **Coordination Techniques:** Schedule Management, Task Delegation, Policy Implementation
- **Nutrition Assistance:** Dietary Charts, Meal Preparation, Dietary Restrictions
- **Laundry Operations:** Washing Techniques, Stain Removal, Folding Methods
- **Safety Standards:** OSHA Guidelines, Equipment Checks, Emergency Protocols
- **Emergency Response:** Evacuation Plans, CPR Training, Incident Reporting
- **Resident Assessment:** Observation Skills, Daily Logs, Health Alerts
- **Conflict Resolution:** Interpersonal Skills, Negotiation Tactics, Mediator Roles

PROFESSIONAL AFFILIATIONS

- Member of Illinois Healthcare Association
- Volunteer at Local Animal Shelter

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST