



Mabel Keller

Charge Nurse, Orthopedic Trauma

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STRENGTHS

- 👂 **Clinical Judgment**
Changed patient condition called for a quick read of priorities, followed by focused escalation and safer nursing action.
- 💬 **Team Communication**
During busy shifts, clear handoffs kept physicians, nurses, and families aligned. Colleagues knew where to find reliable updates.
- 👥 **Staff Coaching**
Practical coaching helped developing nurses build confidence during demanding assignments, and peers returned for guidance on difficult cases.
- ♥️ **Patient Advocacy**
Patient and family concerns received a direct response, with care explanations that supported trust during uncertain clinical moments.
- ☰ **Resource Coordination**
Balancing acuity, staffing, equipment, and supplies kept care moving smoothly when unit demands changed without warning.

SKILLS

- | | |
|-------------------------------|-------------------------|
| <u>Clinical judgment</u> | <u>Leadership</u> |
| <u>Communication</u> | <u>Teamwork</u> |
| <u>Critical thinking</u> | |
| <u>Timely decision making</u> | <u>Coaching</u> |
| <u>Staff assessment</u> | <u>Service recovery</u> |
| <u>Leader rounding</u> | <u>Patient advocacy</u> |

SUMMARY

Charge Nurse and **Registered Nurse** with six years of progressive hospital experience across orthopedic trauma, **acute care coordination**, and medical surgical nursing. BSN prepared Illinois RN with active license and current **American Heart Association BLS** certification. Guides high acuity shifts through sound clinical judgment, timely decisions, emergency response, clear documentation, and individualized patient advocacy. Coordinates physicians, nurses, support disciplines, patients, and families during changing clinical conditions. Provides practical coaching, staff assessment, leader rounding, service recovery, and competency support for developing nurses. Balances patient acuity with staffing, equipment, and supply needs while supporting **regulatory requirements** and quality improvement. Brings a steady, collaborative approach that can support safe operations, compassionate care, and strong team communication in a Level I trauma setting.

EXPERIENCE

Charge Nurse, Orthopedic Trauma

Summit Grove Medical Center 📅 January 2024 - Present 📍 Aurora, IL

Leads shift operations for orthopedic trauma patients, guiding clinical priorities, interdisciplinary coordination, documentation, staff support, and resource decisions. Provides oversight during changing conditions while keeping **patient needs**, safety practices, and regulatory expectations aligned.

- Directed **orthopedic trauma** assessments, prioritizing safe nursing actions within each clinical plan.
- Coordinated physicians, nurses, and support disciplines during treatment planning and **patient safety** needs.
- Documented assessments, **interventions**, responses, and changes for reliable continuity of care.
- Recognized condition changes, using structured escalation for timely clinical decisions and interventions.
- Communicated care activities and next steps clearly with **patients** and **families**.
- Applied safety practices while organizing supplies and equipment for high acuity care.

Registered Nurse, Orthopedic and Trauma Care

Riverbend Community Hospital 📅 July 2022 - December 2023 📍 Joliet, IL

Delivered orthopedic and trauma nursing care across complex patient episodes, combining focused assessment, timely escalation, accurate documentation, and coordinated communication. Supported safe handoffs, individualized education, and dependable resource use during busy inpatient shifts.

- Managed **orthopedic trauma** assessments, translating findings into prioritized nursing interventions.
- Coordinated physicians, nursing colleagues, and support disciplines around treatment and handoffs.
- Recorded **interventions**, patient responses, and significant changes for consistent care transitions.
- Escalated changing conditions through structured **communication**, supporting timely intervention decisions.
- Explained care activities and immediate concerns to patients and families.
- Organized **equipment** and **supplies** while applying evidence based safety practices.

Registered Nurse, Medical Surgical

Cedar Valley Hospital 📅 September 2020 - June 2022 📍 DeKalb, IL

Provided medical surgical nursing care while developing strong **clinical judgment**, communication, documentation, and escalation skills. Worked with interdisciplinary teams to support safe plans, patient education, **individualized care**, and consistent responses to changing conditions.

Emergency response

Crisis management

Quality improvement

Age specific care

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Charge Nurse, Orthopedic Trauma at Summit Grove Medical Center (2.7 Years)

● Registered Nurse, Orthopedic and Trauma Care at Riverbend Community Hospital (1.4 Years)

● Registered Nurse, Medical Surgical at Cedar Valley Hospital (1.8 Years)

- Completed medical surgical assessments and prioritized safe actions within care plans.
- Aligned physicians, nurses, and support disciplines around treatment, handoffs, and safety.
- Documented assessments, **interventions**, responses, and changes to support continuity.
- Recognized deterioration and used structured escalation for timely clinical support.
- Kept patients and families informed about care activities and next steps.
- Maintained organized supplies and equipment while incorporating feedback into daily practice.

PROJECTS

Orthopedic Trauma Handoff Improvement 📅 2024

Strengthened shift handoffs through focused assessment details, escalation cues, and clear next steps, supporting safer continuity for complex orthopedic trauma patients.

Clinical Resource Coordination Initiative 📅 2023

Improved daily coordination of equipment, supplies, and patient priorities, helping nursing teams respond smoothly during demanding orthopedic and trauma shifts.

LEADERSHIP & AWARDS

- Charge Nurse Recognition for dependable shift coordination and calm support during high acuity patient care.
- Clinical Preceptor Recognition for practical coaching, clear feedback, and support of developing nursing staff.
- Patient Advocacy Recognition for compassionate communication with patients and families during complex care episodes.

EDUCATION

Bachelor of Science in Nursing

Northern Illinois University 🎓 GPA: 0 📅 2020 📍 DeKalb, IL

Coursework: *Orthopedic nursing, medical surgical nursing, clinical assessment, patient safety*

CERTIFICATIONS

- Illinois Registered Nurse License, Active 📅 2026
- American Heart Association Basic Life Support for Healthcare Providers 📅 2026

TECHNICAL SKILLS

- **Nursing Practice:** Orthopedic trauma nursing, medical surgical nursing, acute care nursing
- **Clinical Assessment:** Patient assessment, condition recognition, clinical documentation
- **Charge Nursing:** Shift oversight, nursing decisions, operational accountability
- **Emergency Care:** Emergency response, crisis management, escalation practices
- **Patient Safety:** Evidence based practice, safety checks, regulatory requirements
- **Staff Development:** Staff coaching, competency assessment, clinical mentoring
- **Communication Systems:** Interdisciplinary handoffs, patient education, family communication
- **Care Coordination:** Treatment coordination, discharge coordination, support discipline collaboration
- **Quality Practice:** Quality improvement, change evaluation, performance feedback
- **Resource Management:** Staff allocation, equipment allocation, supply coordination
- **Patient Experience:** Service recovery, patient advocacy, leader rounding
- **Professional Standards:** Age specific care, growth and development, individualized care

PROFESSIONAL AFFILIATIONS

- Illinois Nurses Association member, supporting continued nursing practice and professional connection.
- American Nurses Association member, staying connected with national nursing education and advocacy.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST