



# River Holland

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## SUMMARY

Compassionate and dedicated Registered Nurse with over 2 years of pediatric care experience, specializing in pre-operative and post-operative patient support within outpatient surgical environments. Proven ability to deliver high-quality care, fostering trust among children and families. Skilled in assessing patient needs and providing education while collaborating within multidisciplinary teams for comprehensive care. Holds BLS, PALS, and ACLS certifications and is committed to continuous personal and professional growth, ensuring the highest standards of service delivery.

## EXPERIENCE

### Pediatric Nurse

June 2024 - Present

Children's Health Network

Chicago, IL

Manage pre-operative assessments and post-operative care for pediatric patients, contributing to a seamless and compassionate surgical experience. Collaborate with surgeons and anesthesiologists in a fast-paced environment focused on quality patient outcomes.

- Conduct pre-operative assessments, promoting comfort and mitigating anxiety effectively.
- Implement post-operative care plans and educate families on proper home-care practices.
- Maintain accurate documentation in EMR systems and monitor compliance with regulatory standards.
- Engage in quality improvement projects leading to enhanced patient safety outcomes.
- Mentor new nursing staff, reinforcing training in child-centered nursing practices.
- Participate actively in interdisciplinary rounds to share insights and ensure coordinated care.

### Staff Nurse

August 2023 - May 2024

Pediatric Critical Care Unit

Chicago, IL

Delivered direct care in critical settings for pediatric patients, ensuring safety and facilitating emotional support. Worked closely with healthcare professionals to develop individualized treatment plans.

- Monitored vital signs demanding rapid response based on acute changes in conditions.
- Provided family education focusing on navigating pediatric care complexities effectively.
- Coordinated deeply with the healthcare team to tailor individualized care pathways.
- Created training materials for incoming staff centered on emergency pediatric protocols.
- Engaged in workshops aimed at enhancing clinical skills specific to pediatric care.
- Maintained strict adherence to all safety and accreditation guidelines, ensuring exemplary standards.

### Nursing Intern

January 2023 - July 2023

Northside Pediatric Clinic

Chicago, IL

Assisted in various aspects of patient care as a supportive member of the nursing team. Engaged directly with families in educational initiatives to promote health following visits.

- Supported senior nurses during patient assessments, enhancing practical nursing skills.
- Conducted sessions with families, clarifying post-visit exercise guidelines effectively.
- Documented care activities through EMR system, focusing on continuity of care.
- Facilitated community outreach, engaging in programs enhancing pediatric health awareness.
- Cultivated an inviting atmosphere beneficial for family interactions and care acceptance.
- Managed administrative duties aiding smooth clinic operations, aligning with nursing best practices.

## LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago (2024, 2025)
- Nursing Excellence Scholarship (2025)

## EDUCATION

### Bachelor's Degree in Nursing

2026

University of Illinois at Chicago GPA: 3.7

Chicago, IL

**Coursework:** Pediatric Care, Patient Education, EMR Management, Critical Care

CERTIFICATIONS

- Registered Nurse (RN) License 📅 2023
- Basic Life Support (BLS) 📅 2023
- Pediatric Advanced Life Support (PALS) 📅 2023
- Advanced Cardiovascular Life Support (ACLS) 📅 2023

TECHNICAL SKILLS

- **Patient Management Software:** Epic, Meditech, Cerner
- **Emergency Protocols:** Acute Care, Critical Interventions, Pediatric Emergencies
- **Care Coordination Tools:** Multidisciplinary Rounds, Team Meetings, Shared Decision Making
- **Documentation Systems:** EHR Platforms, Compliance Records, Audit Trails
- **Assessment Techniques:** Physical Exams, Vital Signs Monitoring, Growth Assessments
- **Professional Development:** Workshops, Seminars, Continuing Education Units
- **Regulatory Standards:** HIPAA, OSHA, Patient Safety Guidelines
- **Surgical Practices:** Preoperative Prep, Postoperative Recovery, Infection Control
- **Communication Strategies:** Family Engagement, Emotional Support, Patient Feedback
- **Credentialing:** Licensure, Certifications, Continuous Competency Verification

SKILLS

- |                      |                               |                         |                                  |
|----------------------|-------------------------------|-------------------------|----------------------------------|
| • Pediatric Care     | • Critical Thinking           | • Patient Assessment    | • Family Involvement             |
| • Patient Education  | • Compassionate Communication | • Home-Care Guidance    | • Clinical Practice Standards    |
| • EMR Proficiency    | • Nursing Procedures          | • Medical Documentation | • Interdisciplinary Coordination |
| • Team Collaboration | • Quality Improvement         | • Crisis Management     |                                  |

PROFESSIONAL AFFILIATIONS

- Member, Student Nurses Association
- Volunteer, Children's Health Outreach Program

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST