



Valentina Carey

Chef de Partie

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STRENGTHS

- 💡 **Creative Problem Solver**
Consistently devised innovative culinary solutions during peak times, improving workflow despite challenges faced.
- 👥 **Team Builder**
Fostered camaraderie and a supportive kitchen environment, which resulted in high staff retention and enthusiasm.
- ✅ **Attention to Detail**
Demonstrated strong focus in food presentation and plate assembly, garnering praise from discerning diners.
- 🔄 **Adaptability**
Skillfully adjusted to changing menus and dietary requirements, ensuring guest satisfaction remained priority.
- 🕒 **Efficiency Expert**
Streamlined kitchen processes reducing prep time and promoting resource optimization for better service speed.

SKILLS

<u>Culinary Techniques</u>	
<u>Food Safety Compliance</u>	
<u>Cost Control</u>	<u>Team Leadership</u>
<u>Menu Development</u>	
<u>Inventory Management</u>	
<u>Quality Assessment</u>	
<u>Recipe Creation</u>	
<u>Kitchen Management</u>	
<u>Guest Engagement</u>	
<u>Nutritional Knowledge</u>	
<u>Sanitation Practices</u>	

SUMMARY

Enthusiastic culinary professional with over three years of rich experience in high-end kitchens. Experience managing kitchen staff and mastering the garde manger station, creating exceptional plates that tantalize guests' taste buds. Passionate about maintaining high standards in food safety and quality. Encouraged teamwork and collaboration among kitchen staff while overseeing smooth operations in busy dining settings. Focused on fostering a positive work environment through mentorship and guidance. Committed to food cost management while enhancing customer satisfaction, working diligently to achieve departmental goals.

EXPERIENCE

Chef de Partie

Culinary Innovations 📅 June 2024 - Present 📍 Indiana, PA

Effective chef leading the garde manger station, responsible for executing fast-paced kitchen services with precision and creativity. Oversaw kitchen cleanliness, ingredient storage practices, and team performance in dish preparation.

- Mastered the preparation and presentation of modern cold dishes that consistently pleased guests.
- Supervised the kitchen team during peak hours, maximizing efficiency while delivering top-quality meals.
- Upholding stringent food safety standards, maintained an hour-to-hour clean and organized workstation.
- Monitored ingredient quality, implementing best practices for storage that minimized waste effectively.
- Aided in food cost control measures, optimizing inventory utilization which improved profitability.
- Cultivated a supportive work culture by mentoring junior staff, significantly increasing team morale.

Demi Chef de Partie

Gourmet Bistro 📅 January 2022 - May 2024 📍 Pittsburgh, PA

Skilled sous-chef supporting the head chef in executing daily specials and developing innovative menu options. Assisted in running smooth kitchen operations and training new recruits on culinary techniques and safety protocols.

- Contributed to the creation of flavorful specials each day, ensuring consistency in presentation and taste.
- Collaborated closely with the head chef to refine recipes, integrating local ingredients into seasonal menus.
- Educated new staff on kitchen policies and cooking methodologies to ensure compliance with safe food handling.
- Executed routine quality checks on all food items, maintaining exemplary standards at all times.
- Participated actively in weekly inventories, improving processes that streamlined cost-saving measures.
- Promoted a cohesive and enjoyable work atmosphere by encouraging open dialogues among chefs.

Line Cook

High-End Restaurant 📅 June 2021 - December 2021 📍 Pittsburgh, PA

Dedicated line cook producing diverse dishes per established recipes; ensured that presentation and flavor were consistently of highest quality. Assisted in training teammates on essential culinary practices and kitchen management.

- Prepared a wide array of menu items while ensuring adherence to strict recipe guidelines.

Presentation Skills

Time Management Event Planning

LANGUAGES

English Native

Spanish Proficient

MY CAREER



- Chef de Partie at Culinary Innovations (2.2 Years)
- Demi Chef de Partie at Gourmet Bistro (2.3 Years)
- Line Cook at High-End Restaurant (6 Months)

- Maintained both cleanliness and organization in all kitchen spaces to enhance operational efficiency.
- Supported new staff members by teaching cooking skills and enforcing safety measures in the kitchen.
- Worked harmoniously alongside fellow cooks, ensuring quick table service and timely meal delivery.
- Observed and tracked food supplies, notifying supervisors to prevent out-of-stock situations.
- Earned commendations from patrons for consistently well-crafted dishes recognized for their taste.

LEADERSHIP & AWARDS

- ServSafe Food Handler Certification, 2026
- Culinary Arts Certificate, Local Culinary School, 2025

EDUCATION

High School Diploma

Pittsburgh High School 🎓 GPA: N/A 📅 2021 📍 Pittsburgh, PA

Coursework: General Studies, Culinary Arts, Hospitality Management, Nutrition

CERTIFICATIONS

- ServSafe Food Handler Certification 📅 2026
- Culinary Arts Certificate 📅 2025

TECHNICAL SKILLS

- **Cooking Techniques:** Grilling, Baking, Sous Vide
- **Kitchen Equipment:** Ovens, Griddles, Fryers
- **Food Preparation Tools:** Knives, Cutting Boards, Processing Machines
- **Sanitation Standards:** OSHA Guidelines, HACCP Procedures, State Health Codes
- **Ingredient Sourcing:** Local Farms, Quality Suppliers, Seasonal Markets
- **Training Methodologies:** Onboarding Programs, Hands-On Workshops, Standard Operating Procedures
- **Cost Management Tools:** Budget Planning, Forecasting, Purchase Orders
- **Culinary Software:** Recipe Management, Menu Planning, Inventory Tracking
- **Health Regulations:** Nutritional Labeling, Serving Sizes, Allergen Awareness
- **Customer Relationship Management:** Feedback Systems, Event Coordination, Loyalty Programs

PROFESSIONAL AFFILIATIONS

- Member of the American Culinary Federation.
- Volunteer for local community food banks.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST