

# Victoria Menon

## Certified Nurse Aide

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### STRENGTHS

-  **Compassionate Support**  
Showed empathy while delivering patient care, making tough moments more manageable for those in need.
-  **Effective Communication**  
Excelled at relaying critical information between patients and medical personnel, ensuring cohesive care outcomes.
-  **Commitment to Cleanliness**  
Maintained high standards of cleanliness that promoted positive health outcomes and infection control.
-  **Team Collaboration**  
Worked seamlessly with medical teams to adjust care plans effectively, supporting enhanced patient health.
-  **Time Management**  
Prioritized tasks efficiently during shifts to balance multiple responsibilities without compromising care quality.

### SKILLS

- Patient Care
- Vital Signs Monitoring
- Communication Skills
- Infection Control
- Team Collaboration
- Time Management
- Empathy
- Attention to Detail
- Documentation Skills
- Problem Solving
- Crisis Management
- Dependability
- Adaptability
- Critical Thinking
- Emotional Support

### SUMMARY

Compassionate and dedicated Certified Nurse Aide with extensive experience delivering quality patient care in skilled nursing environments. Expertise in assisting individuals with daily living activities, focusing on hygiene, grooming, and feeding to promote comfort and well-being. Build strong communication pathways with patients and healthcare teams, ensuring essential information flows seamlessly. Prioritize maintaining a clean environment to enhance safety and health. Eager to leverage skills in a considerate healthcare atmosphere that prioritizes compassionate service for all patients while enhancing team collaboration.

### EXPERIENCE

#### Certified Nurse Aide

CareBridge Healthcare  January 2025 - Present  Pittsburgh, PA

Support patient care by assisting individuals in daily living activities within a skilled nursing setting. Collaborate closely with nurses to optimize care strategies.

- Delivered compassionate assistance with daily tasks including hygiene and feeding, enhancing overall patient comfort.
- Collaborated directly with nursing staff, skillfully integrating feedback into patient care plans for better adherence to protocols.
- Closely monitored patient health conditions and reported changes to facilitate timely interventions by medical professionals.
- Instituted cleanliness standards that upheld infection control needs, supporting prolonged patient wellness.
- Provided not just physical but emotional support through understanding communications and attentive interactions.
- Engaged in continuous learning, refining skills in current healthcare best practices through training opportunities.

#### CNA

BrightStar Care  June 2024 - December 2024  Pittsburgh, PA

Facilitated personal care services tailored to individual patient needs in home environments, fostering dignity and respect.

- Offered personalized care services, ensuring the comfort and dignity of patients in their homes.
- Documented patient information accurately, allowing nursing staff to make informed decisions quickly.
- Developed relationships with clients that supported both their emotional and physical well-being, creating safe care experiences.
- Participated in regular training sessions, increasing knowledge on effective patient handling and safety procedures.
- Collaborated with healthcare professionals to develop individualized care plans that adjusted to patient needs swiftly.
- Adhered strictly to regulations governing patient care, contributing positively to compliance audits.

### LEADERSHIP & AWARDS

- Dean's List, Pittsburgh Technical College, 2024
- Outstanding Student Award, Pittsburgh Technical College, 2024

### EDUCATION

#### CNA Certification

Pittsburgh Technical College  GPA: 4.0  2024  Pittsburgh, PA

**Coursework:** Patient Care, Infection Control, Communication Skills, Vital Signs Monitoring

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Certified Nurse Aide at CareBridge Healthcare (1.5 Years)
- CNA at BrightStar Care (6 Months)

CERTIFICATIONS

- Certified Nurse Aide 📅 2024

TECHNICAL SKILLS

- **Patient Care Technologies:** Electronic Health Records, Care Management Software, Medication Administration Systems
- **Safety Protocols:** Hygiene Standards, Infection Control Measures, Patient Handling Guidelines
- **Healthcare Regulations:** HIPAA Compliance, OSHA Standards, Medicare Regulations
- **Assessment Tools:** Vital Signs Monitors, Medical History Assessments, Neurological Evaluation Tools
- **Emotional Support Techniques:** Crisis Intervention Methods, Therapeutic Communication Strategies, Conflict Resolution
- **Training Platforms:** Online Learning Modules, In-Person Workshops, Simulation Training Sessions
- **Health Documentation:** Patient Charts Maintenance, Incident Reporting Forms, Care Logs
- **Nursing Support Functions:** Patient Transport, Activity Assistance, Nutritional Guidance
- **Collaboration Tools:** Shared Drive Systems, Scheduling Software, Team Messaging Apps
- **Personal Development:** CPR Certification, First Aid Training, Continuing Education Units

PROFESSIONAL AFFILIATIONS

- Member, Student Nursing Association, Pittsburgh Technical College
- Volunteer, Local Health Fair, providing health screenings and education to community members

ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST