



# Ariya Harmon

## Dental Hygienist 2

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### STRENGTHS

- 🗨️ **Youth Communication**  
Adjusted explanations for adolescent health literacy; patient conversations became calmer, clearer, and easier to act on.
- 🚑 **Urgent Triage**  
Focused history and clinical observations helped sort pain, swelling, trauma, and referral needs with steady judgment.
- ♥️ **Clinical Records**  
Kept referral notes and treatment findings orderly; outside providers could follow care without guesswork.
- 👥 **Clinic Coordination**  
When staffing shifted, prepared rooms, tracked supplies, and kept patient movement steady across busy sessions.
- ♥️ **Preventive Education**  
Connected brushing, diet, and disease prevention with daily routines, giving youth practical steps they could remember.

### SKILLS

- Dental hygiene Youth oral health
- Periodontal care
- Scaling and root planing
- Digital x rays Dental photography
- Fluoride varnish Fissure sealants
- Local anesthesia
- Urgent dental triage
- Dental assisting Patient education

### SUMMARY

Licensed Washington dental hygienist with four years of clinical experience across community and youth focused care settings. Provides preventive, periodontal, restorative support, **urgent care triage**, digital imaging, **patient education**, and accurate records management. Performs health history review, intraoral assessment, **supra and subgingival scaling**, root planing, fluoride varnish, fissure sealants, dental photography, and authorized expanded functions. Supports adolescents through calm explanations, clear boundaries, and trauma aware communication. Coordinates dentists, specialists, referrals, appointments, equipment service, and continuity of care. Experience includes **dental assisting**, local anesthesia, rubber dams, temporary restorations, amalgam finishing, and composite restorations. Brings dependable clinic organization and respectful communication to an autonomous residential dental setting serving youth with varied health and access needs.

### EXPERIENCE

#### Dental Hygienist

Cascade Community Dental Center 📅 May 2024 - Present 📍 Vancouver, WA

Provides preventive and periodontal care for adolescents and adults while integrating health histories, imaging, clinical findings, and follow up planning. Supports dentists with urgent concerns, restorative treatment, expanded functions, referrals, and **patient education**. Maintains organized records and steady clinic flow for patients facing access barriers.

- Integrated **health histories**, radiographs, and periodontal findings into individualized treatment priorities for adolescents and adults.
- Performed scaling, **root planing**, **fluoride varnish**, and sealant procedures while documenting tissue response and follow up needs.
- Captured **digital x rays** and **dental photographs**, giving dentists clear information for urgent and restorative planning.
- Applied local anesthesia and authorized restorative functions within Washington credentials, supporting comfort and efficient treatment completion.
- Coordinated urgent referrals and specialty appointments, preserving continuity when patients faced access barriers.
- Adapted education on brushing, interdental cleaning, diet, caries prevention, and periodontal health for varied health literacy.

#### Dental Hygienist

Northwest Youth Health Collaborative 📅 October 2022 - April 2024 📍 Longview, WA

Delivered community dental hygiene services for adolescents and young adults with complex social circumstances and inconsistent access to preventive care. Coordinated assessments, imaging, urgent triage, education, records, referrals, **dental assisting**, patient flow, supplies, and equipment service needs with supervising dentists.

- Delivered preventive hygiene services for adolescents with complex social circumstances and limited prior dental access.
- Completed oral assessments, periodontal debridement, fluoride applications, sealant care, and digital imaging with supervising dentists.
- Triage pain, swelling, trauma, and urgent concerns through focused history and dentist consultation.
- Created practical education covering hygiene routines, nutrition, caries prevention, and disease progression for youth.
- Maintained **dental records** and referral documentation, supporting reliable follow up across clinic and specialty services.
- Prepared treatment areas, managed **patient flow**, tracked supplies, and coordinated equipment service during staffing gaps.

Dental records

Referral coordination

Clinic operations

## LANGUAGES

English Native

Spanish Beginner

## MY CAREER



● Dental Hygienist at Cascade Community Dental Center (2.3 Years)

● Dental Hygienist at Northwest Youth Health Collaborative (1.5 Years)

## PROJECTS

### Youth Oral Health Continuity Program 📅 2024

Built a practical care coordination approach for adolescents moving between community dental services, referrals, and follow up. Clear education and organized records helped connect clinical treatment with daily prevention habits.

### Expanded Functions Clinical Support 📅 2023

Applied Washington credentialed functions including local anesthesia, rubber dams, amalgam finishing, temporary restorations, and composite restoration support within supervised clinical care.

## LEADERSHIP & AWARDS

- Recognized by clinic colleagues for dependable support during staffing gaps and changing patient flow needs.
- Selected for trusted youth education responsibilities involving sensitive health topics, clear boundaries, and patient centered communication.
- Maintained strong clinical standing through Washington licensure, expanded functions credentials, and current Basic Life Support certification.

## EDUCATION

### Associate of Applied Science in Dental Hygiene

Clark College 🎓 GPA: 3.5 📅 2022 📍 Vancouver, WA

**Coursework:** Periodontal care, dental radiography, preventive dentistry, patient education

## CERTIFICATIONS

- Washington State Dental Hygienist License 📅 2022
- Local Anesthetic Endorsement, Washington 📅 2022
- Restorative Expanded Functions Certification, Washington 📅 2023
- Basic Life Support, AHA 📅 2026

## TECHNICAL SKILLS

- **Clinical Assessment:** Health history review, intraoral inspection, periodontal assessment
- **Periodontal Treatment:** Supra and subgingival scaling, root planing, periodontal debridement
- **Preventive Dentistry:** Fluoride varnish, topical fluoride, fissure sealants
- **Dental Imaging:** Digital x rays, dental photography, radiographic documentation
- **Expanded Functions:** Local anesthesia, rubber dams, temporary restorations
- **Restorative Support:** Amalgam finishing, composite restorations, restorative planning
- **Patient Education:** Oral hygiene instruction, dental nutrition, disease prevention
- **Clinical Documentation:** Dental records, referral documentation, treatment notes
- **Care Coordination:** Urgent referrals, specialty appointments, continuity of care
- **Clinic Operations:** Dental assisting, patient flow, supply tracking
- **Equipment Services:** Dental equipment repair, service coordination, treatment area preparation
- **Emergency Support:** Urgent care triage, pain assessment, trauma consultation

## PROFESSIONAL AFFILIATIONS

- Washington State dental hygiene practice, supporting continuing attention to preventive care and professional standards.
- Community youth health services, connecting adolescent education with practical access and continuity of care.

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST