

Cecilia Barker

Dental Hygienist

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STRENGTHS

-  **Excellent Communication**
Always engage patients warmly, helping maintain comfort throughout their visits by promptly addressing their concerns.
-  **Patient-Centric Approach**
Prioritize each patient's unique needs, ensuring tailored advice aligns with their individual care requirements and preferences.
-  **Technical Proficiency**
Expertly handle advanced dental hygiene equipment, gaining confidence in using various cleaning and diagnostic technologies.
-  **Team Collaboration**
Engage proactively with colleagues, promoting a culture of support that enhances teamwork and improves overall patient service delivery.
-  **Commitment to Learning**
Actively pursue further training opportunities, focusing on new techniques and best practices to optimize patient care continuously.

SKILLS

- Dental Hygiene Procedures
- Patient Education Infection Control
- Digital Radiography
- Oral Health Assessments
- Team Collaboration
- Preventive Treatments
- Patient Record Management
- Health History Review
- Community Outreach
- Quality Assurance Compliance
- Nutritional Counseling

SUMMARY

Compassionate Dental Hygienist eager to enhance oral health within a supportive dental practice. Extensive experience in oral assessments and patient education demonstrates a commitment to fostering understanding of proper hygiene practices. Proficient in preventive treatments, including sealants and fluorides, ensuring high standards of care. Strong ability to create educational materials that resonate with patients while motivating them toward healthier habits. Known for teamwork and building genuine rapport with both staff and patients, creating positive clinic environments. Excited to join Redwood Dental and contribute to exceptional patient experiences.

EXPERIENCE

Dental Hygiene Intern

University Research Lab  June 2025 - Present  Flint, MI

- Facilitated critical dental procedures and explored patient interaction strategies in the clinical environment. Gained hands-on training in the latest dental hygiene techniques and fostered patient adherence to optimal oral health practices.
- Carried out comprehensive screenings to assess oral health and detect issues early, ensuring timely interventions.
 - Crafted detailed patient education resources that communicated vital home care techniques effectively.
 - Compiled accurate digital radiographs while overseeing compliance with quality protocols and infection control measures.
 - Contributed significantly to clinical discussions on healthcare initiatives, elevating patient experience through empathetic communication.
 - Utilized advanced dental tools during treatments, reinforcing skills needed for future family practices.
 - Participated actively in team meetings focused on improving service delivery across the research clinic.

Capstone Project Developer

University of Michigan  September 2024 - May 2025  Ann Arbor, MI

- Led an impactful project targeting oral health literacy barriers among communities, partnering with local clinics and stakeholders to develop actionable public health recommendations.
- Directed a project that analyzed community oral hygiene practices through surveys and focus groups.
 - Implemented engaging workshops deemed essential for underserved populations, promoting effective dental knowledge.
 - Collaborated closely with faculty to align findings with larger community health initiatives, broadening outreach efforts.
 - Showcased results at annual symposiums, emphasizing the relevance of educational outreach in improving public health outcomes.
 - Designed visually appealing multimedia presentations highlighting key insights and methods developed during project execution.

LEADERSHIP & AWARDS

- Dean's List, University of Michigan, 2024-2026
- Recipient of the Dental Hygiene Scholarship, 2025

EDUCATION

Bachelor of Science in Dental Hygiene

University of Michigan  GPA: 3.8  2026  Ann Arbor, MI

Coursework: Oral Health Promotion, Patient Management, Clinical Oral Hygiene, Public Health Dentistry

Prophylaxis Techniques

Sterilization Protocols

Impression Taking

LANGUAGES

English

Native

MY CAREER



- Dental Hygiene Intern at University Research Lab (1.1 Years)
- Capstone Project Developer at University of Michigan (8 Months)

CERTIFICATIONS

- Certified Dental Hygienist (CDH) 📅 2025
- CPR and First Aid Certification 📅 2025

TECHNICAL SKILLS

- **Diagnostic Tools:** Digital X-ray, Cavitron, Prophy Jet
- **Software Applications:** Dentrrix, EagleSoft, Open Dental
- **Preventive Care Methods:** Fluoride Application, Sealant Application, Periodontal Maintenance
- **Health Screening Procedures:** Clinical Oral Exam, Vital Signs Monitoring, Oral Cancer Screening
- **Infection Control Standards:** OSHA Guidelines, CDC Recommendations, AAMI Sterilization Standards
- **Patient Management Systems:** Electronic Health Records, Appointment Scheduling Software, Recall Management Tools
- **Education Techniques:** Workshop Development, Community Engagement, Visual Learning Aids
- **Communication Strategies:** Interpersonal Skills, Negotiation, Active Listening
- **Regulatory Knowledge:** HIPAA Compliance, State Licensure Requirements, Professional Standards
- **Administrative Skills:** Record Keeping, Inventory Management, Office Protocols

PROFESSIONAL AFFILIATIONS

- Member, Student Dental Hygiene Association, 2024-2026
- Volunteer, Community Oral Health Outreach Program, 2025

ADDITIONAL INFORMATION

Work Status

: Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST