

STRENGTHS

- **Clinical Judgement**
Adept in applying clinical judgment, expressed through case-specific decisions that enhance patient care routines.
- **Collaboration**
Fostered partnerships within interdisciplinary teams, translating nutritional science into actionable education for improved patient outcomes.
- **Problem Solving**
Engaged workgroups in identifying nutrition-related challenges; actively contributed solutions that enhanced client health.
- **Mentorship**
Provided mentorship and education to interns, empowering them with tools needed to excel in their budding diets careers.
- **Quality Improvement**
Participated in targeted QAPI initiatives, fostering an environment committed to constant enhancement of care practices.

SKILLS

- Clinical Nutrition Care
- Medical Nutrition Therapy
- Evidence-Based Practice
- Patient Education
- Quality Improvement
- Interdisciplinary Collaboration
- Nutritional Assessment
- Care Plan Development
- Food Service Management
- Mentoring Interns
- Patient Satisfaction
- Cross-Functional Teamwork

SUMMARY

Dedicated Registered Dietitian Nutritionist focused on neonatal care and evidence-based practices. Experienced in delivering Medical Nutrition Therapy within collaborative healthcare teams, enhancing patient wellness through tailored nutrition strategies. Committed to professional development, mentoring dietetic interns, and contributing to quality improvement initiatives. Strong ability to apply clinical judgment while adhering to nutritional standards and regulations, ensuring optimal patient outcomes. Eager to join HealthyStart Nutrition Services for impactful contributions that align with organizational goals and community health needs.

EXPERIENCE

Clinical Dietitian

HealthyStart Nutrition Services May 2024 - Present Tulsa, OK

- Supported patients in Neonatal Intensive Care Unit (NICU) by managing enteral and parenteral nutrition plans. Collaborated within interdisciplinary teams, streamlining education efforts to improve patient satisfaction and health outcomes. Led Quality Assurance initiatives, consistently advocating for enhanced patient nutrition services through evidence-based practices.
- Conducted comprehensive nutritional assessments for NICU patients, leading to individualized care plans that facilitated recovery.
 - Partnered with interdisciplinary teams to provide valuable educational resources supporting healthy lifestyle choices for patients and families.
 - Implemented evidence-based practices aligned with company policies, ensuring high-quality patient care was maintained consistently.
 - Actively participated in Quality Assurance and Performance Improvement (QAPI) initiatives designed to bolster clinical excellence within the organization.
 - Collaborated with food service management to significantly enhance patient satisfaction and successfully achieve critical service quality goals.
 - Mentored dietetic interns, providing essential training and support to develop future professionals in clinical practices and patient education.

Dietitian

NourishWell Clinics June 2021 - April 2024 Oklahoma City, OK

- Developed and implemented comprehensive nutrition care plans for varied patient populations via chronic disease management approaches. Facilitated nutrition education workshops, elevating knowledge around dietary practices among patients and healthcare teams. Engaged in continuous professional development while assessing progress toward patient outcomes.
- Designed nutrition care plans addressing chronic disease management, resulting in improved overall health experiences for diverse patient demographics.
 - Led nutrition education workshops which effectively disseminated critical dietary information, fostering a culture of informed health choices.
 - Continuously evaluated patient progress, deftly adjusting care plans based on direct clinical feedback and research evidence.
 - Collaborated closely with medical providers, embedding nutrition care into the broader treatment plans for optimum patient outcomes.
 - Engaged actively in professional development, participating in relevant workshops and continuing education courses to stay current within the field.
 - Assisted in research projects that aimed at optimizing nutritional services, refining protocols to elevate standards of patient care.

LEADERSHIP & AWARDS

- Dean's List, University of Oklahoma (2022, 2023)
- Excellence in Dietetics Award, University of Oklahoma (2024)

Public Health Guidance

Continuous Learning

Research Projects

Chronic Disease Management

LANGUAGES

English Native

Spanish Proficient

MY CAREER



Clinical Dietitian at HealthyStart Nutrition Services (2.2 Years)

Dietitian at NourishWell Clinics (2.8 Years)

EDUCATION

Bachelor's Degree in Nutrition and Dietetics

University of Oklahoma 🎓 GPA: 3.9 📅 2024 📍 Norman, OK

Coursework: Nutrition, Biochemistry, Food Science, Clinical Nutrition

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2024
- Certified Nutrition Support Clinician (CNSC) 📅 Expected 2026

TECHNICAL SKILLS

- Nutritional Assessment Tools:** MNA, NRS, SGA
- Clinical Software:** Epic, Cerner, Meditech
- Nutrition Analysis Tools:** NutriCalc, Food Processor, Caloric Calculator
- Education Platforms:** Webinars, Workshops, eLearning Modules
- Dietetic Guidelines:** ADA, ASPEN, USDA
- Quality Improvement Standards:** ISO 9001, Six Sigma, Lean Principles
- Patient Interaction Technologies:** Telehealth Systems, Patient Portals
- Food Safety Regulations:** HACCP, ServSafe, FDA Guidelines
- Interdisciplinary Collaboration:** Case Reviews, Multi-disciplinary Rounds, Co-management Consults
- Professional Development Resources:** Continuing Education Units, Professional Journals, Local Conferences

PROFESSIONAL AFFILIATIONS

- Member, Oklahoma Dietetic Association
- Volunteer, Community Nutrition Outreach Program

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST