



Luciana Bowers

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SUMMARY

Dedicated Registered Dietitian Nutritionist focused on neonatal care and evidence-based practices. Experienced in delivering Medical Nutrition Therapy within collaborative healthcare teams, enhancing patient wellness through tailored nutrition strategies. Committed to professional development, mentoring dietetic interns, and contributing to quality improvement initiatives. Strong ability to apply clinical judgment while adhering to nutritional standards and regulations, ensuring optimal patient outcomes. Eager to join HealthyStart Nutrition Services for impactful contributions that align with organizational goals and community health needs.

EXPERIENCE

Clinical Dietitian May 2024 - Present
HealthyStart Nutrition Services Tulsa, OK

Supported patients in Neonatal Intensive Care Unit (NICU) by managing enteral and parenteral nutrition plans. Collaborated within interdisciplinary teams, streamlining education efforts to improve patient satisfaction and health outcomes. Led Quality Assurance initiatives, consistently advocating for enhanced patient nutrition services through evidence-based practices.

- Conducted comprehensive nutritional assessments for NICU patients, leading to individualized care plans that facilitated recovery.
- Partnered with interdisciplinary teams to provide valuable educational resources supporting healthy lifestyle choices for patients and families.
- Implemented evidence-based practices aligned with company policies, ensuring high-quality patient care was maintained consistently.
- Actively participated in Quality Assurance and Performance Improvement (QAPI) initiatives designed to bolster clinical excellence within the organization.
- Collaborated with food service management to significantly enhance patient satisfaction and successfully achieve critical service quality goals.
- Mentored dietetic interns, providing essential training and support to develop future professionals in clinical practices and patient education.

Dietitian June 2021 - April 2024
NourishWell Clinics Oklahoma City, OK

Developed and implemented comprehensive nutrition care plans for varied patient populations via chronic disease management approaches. Facilitated nutrition education workshops, elevating knowledge around dietary practices among patients and healthcare teams. Engaged in continuous professional development while assessing progress toward patient outcomes.

- Designed nutrition care plans addressing chronic disease management, resulting in improved overall health experiences for diverse patient demographics.
- Led nutrition education workshops which effectively disseminated critical dietary information, fostering a culture of informed health choices.
- Continuously evaluated patient progress, deftly adjusting care plans based on direct clinical feedback and research evidence.
- Collaborated closely with medical providers, embedding nutrition care into the broader treatment plans for optimum patient outcomes.
- Engaged actively in professional development, participating in relevant workshops and continuing education courses to stay current within the field.
- Assisted in research projects that aimed at optimizing nutritional services, refining protocols to elevate standards of patient care.

LEADERSHIP & AWARDS

- Dean's List, University of Oklahoma (2022, 2023)
- Excellence in Dietetics Award, University of Oklahoma (2024)

EDUCATION

Bachelor's Degree in Nutrition and Dietetics 2024
University of Oklahoma GPA: 3.9 Norman, OK
Coursework: Nutrition, Biochemistry, Food Science, Clinical Nutrition

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2024
- Certified Nutrition Support Clinician (CNSC) 📅 Expected 2026

TECHNICAL SKILLS

- **Nutritional Assessment Tools:** MNA, NRS, SGA
- **Clinical Software:** Epic, Cerner, Meditech
- **Nutrition Analysis Tools:** NutriCalc, Food Processor, Caloric Calculator
- **Education Platforms:** Webinars, Workshops, eLearning Modules
- **Dietetic Guidelines:** ADA, ASPEN, USDA
- **Quality Improvement Standards:** ISO 9001, Six Sigma, Lean Principles
- **Patient Interaction Technologies:** Telehealth Systems, Patient Portals
- **Food Safety Regulations:** HACCP, ServSafe, FDA Guidelines
- **Interdisciplinary Collaboration:** Case Reviews, Multi-disciplinary Rounds, Co-management Consults
- **Professional Development Resources:** Continuing Education Units, Professional Journals, Local Conferences

SKILLS

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|-----------------------------|-----------------------------------|-----------------------------|------------------------------|
| • Clinical Nutrition Care | • Quality Improvement | • Food Service Management | • Public Health Guidance |
| • Medical Nutrition Therapy | • Interdisciplinary Collaboration | • Mentoring Interns | • Continuous Learning |
| • Evidence-Based Practice | • Nutritional Assessment | • Patient Satisfaction | • Research Projects |
| • Patient Education | • Care Plan Development | • Cross-Functional Teamwork | • Chronic Disease Management |

PROFESSIONAL AFFILIATIONS

- Member, Oklahoma Dietetic Association
- Volunteer, Community Nutrition Outreach Program

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST