



Winter Baldwin

Family Health Nurse

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STRENGTHS

- ♥ **Family centered assessment**
During supervised visits, connected infant findings with caregiver concerns and practical follow up needs, helping families feel heard.
- 💬 **Clear health education**
Plain language made nutrition, breastfeeding, prevention, and screening topics easier for caregivers to discuss and use.
- 🔗 **Care coordination**
Referral mapping helped connect families with medical, nutrition, nursing, and social services when needs crossed programs.
- 🔒 **Privacy focused documentation**
Accurate histories and immunization records supported continuity, and supervisors trusted careful handling of confidential information.
- 👥 **Culturally responsive service**
Community practice encouraged listening first, then adapting education so diverse families could better understand available care.

SKILLS

- Public Health Nursing
- Family Health
- Maternal Child Health
- Physical Assessment
- Immunizations Care Planning
- Health Education
- Breastfeeding Education Nutrition
- Developmental Screening
- Perinatal Screening
- Medical Documentation

SUMMARY

Early career registered nurse with a Bachelor of Science in Nursing and supervised community health practice across maternal child care, infant and child assessment, immunization, screening, education, and care coordination. Clinical work included clinics, homes, schools, and community settings, with careful attention to health histories, medical forms, confidential records, privacy laws, medication precautions, and timely follow up. Prepared care plans from **health and social service needs**, connected families with nursing, medical, nutrition, and community resources, and communicated with culturally responsive plain language. Experience includes breastfeeding, nutrition, perinatal care, **developmental screening**, **perinatal depression screening**, dental screening education, **fluoride varnish** counseling, emergency response support, and community presentations. Active Illinois RN license and current BLS certification support safe, compassionate family health service.

EDUCATION

Bachelor's Degree in Nursing

Lewis University 🎓 GPA: 4.0 📅 2025 📍 Romeoville, IL

Coursework: *Public health nursing, maternal child health, physical assessment, community care coordination*

TECHNICAL SKILLS

- **Clinical Assessment:** Infant assessment, child assessment, physical assessment
- **Screening Services:** Developmental screening, perinatal depression screening, dental screening
- **Immunization Practice:** Immunization records, vaccine administration, medication precautions
- **Maternal Child Care:** Perinatal care, breastfeeding, infant preventive care
- **Health Education:** Nutrition education, caregiver counseling, community presentations
- **Care Planning:** Individual care plans, reassessment, follow up planning
- **Referral Coordination:** Social service referrals, community resources, personal health services
- **Clinical Documentation:** Medical forms, health histories, confidential records
- **Privacy Compliance:** Patient privacy laws, confidentiality procedures, secure documentation
- **Public Health Operations:** Clinic organization, mobile events, home visits
- **Emergency Response:** Emergency response, communicable disease follow up, staff training
- **Community Partnerships:** Healthcare professionals, community networks, culturally responsive practice

EXPERIENCE

Family Health Nursing Intern, Community Health Nursing Practicum

Community Health Nursing Practicum 📅 October 2025 - September 2026 📍 Naperville, IL

Supported supervised **public health nursing** for maternal child and family health clients across clinics, homes, schools, and community programs. Partnered with supervising nurses, providers, and community organizations while building clinical judgment, documentation habits, referral skills, and culturally responsive family education.

- Completed infant and child assessments, documenting histories, screenings, and follow up needs.
- Administered supervised **immunizations** with medication safety checks and clear client education.
- Built care plans from findings, connecting families with medical, **nutrition**, and social services.
- Taught nutrition, **perinatal care**, breastfeeding, prevention, and **community resources** in plain language.
- Coordinated clinical updates with nurses, providers, and partners through confidential documentation.

[Patient Privacy](#) [Care Coordination](#)

[Emergency Response](#)

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Family Health Nursing Intern, Community Health Nursing Practicum at Community Health Nursing Practicum (11 Months)

● Public Health Nursing Capstone Student, Maternal Child Access at University Nursing Capstone (4 Months)

● Maternal and Child Health Research Assistant, University Research at University Research Lab (3 Months)

- Supported dental screening education and fluoride varnish counseling during family health visits.
- Assisted **emergency response** activities and maintained privacy compliant medical records.

Public Health Nursing Capstone Student, Maternal Child Access

University Nursing Capstone 📅 January 2026 - May 2026 📍 Aurora, IL

Completed a supervised maternal child health capstone focused on preventive service access, referral pathways, care planning, reassessment, confidentiality, and documentation. Presented practical recommendations through case simulations, classroom teaching, peer review, and documentation audits.

- Designed a maternal child project using public health assessment methods for service access.
- Mapped prenatal, nutrition, immunization, **developmental screening**, and primary care **referrals**.
- Created simulated caseload workflows covering assessment, planning, reassessment, and documentation.
- Practiced dental screening education and **fluoride varnish** counseling with caregiver communication.
- Delivered an infant preventive care presentation and applied faculty feedback.
- Evaluated recommendations through case simulations, peer review, and documentation audits.

Maternal and Child Health Research Assistant, University Research

University Research Lab 📅 September 2025 - December 2025 📍 Lisle, IL

Supported faculty research on maternal child preventive service access using de identified survey and resource data. Maintained confidentiality, organized qualitative findings, prepared evidence tables, and communicated results within a supervised student research role.

- Coded supervised survey responses and maintained a data dictionary with audit trail.
- Summarized transportation, scheduling, health literacy, nutrition, and referral access themes.
- Applied confidentiality procedures before accessing de identified maternal child data.
- Completed human subjects and privacy training before research participation.
- Prepared evidence tables on **breastfeeding**, mental health, development, and immunization access.
- Co presented findings to campus researchers and answered methodology questions.

PROJECTS

Maternal Child Preventive Access Study 📅 2026

A supervised capstone examined how families reach prenatal care, nutrition support, immunization, developmental screening, and primary care. Referral mapping made gaps easier to see and supported practical recommendations for family health services.

Community Family Health Education Series 📅 2025

A student outreach effort turned infant prevention topics into clear conversations for families. Sessions connected breastfeeding, nutrition, screening, and community resources with respectful caregiver education.

LEADERSHIP & AWARDS

- Dean's List, Lewis University, 2024 to 2025
- Community Health Nursing Excellence Recognition, 2025
- Undergraduate Research Presentation Recognition, 2026

CERTIFICATIONS

- Registered Nurse, Illinois 📅 2025
- Basic Life Support, American Heart Association 📅 2026
- Human Subjects Research Training 📅 2025

PROFESSIONAL AFFILIATIONS

- Student Nurses Association, Community Outreach Volunteer, 2024 to 2025
- Peer Skills Lab Mentor, 2025
- Campus Maternal and Child Health Outreach Team, 2025 to 2026

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST