



# Aanya Chang

## Physician Assistant

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### STRENGTHS

- Effective Communicator**  
Built strong relationships with patients through active listening and genuine concern, turning initial hesitance into trust over time.
- Research Skills**  
Led the presentation of research findings at a conference, translating complex data into actionable patient strategies appreciated by audience members.
- Team Collaboration**  
Integrated healthcare team efforts, streamlining processes that improved discharge times and inspired greater stakeholder engagement.
- Patient Advocacy**  
Spearheaded initiatives elevating patient voice through developed assessments ensuring care practices align with personal health goals.
- Problem Solver**  
Identified barriers during patient care processes, implementing simple solutions that reduced wait times and increased patient satisfaction.

### SKILLS

Patient assessment and management

Electronic Health Records (EHR)

Data analysis and research methodologies

Strong communication and interpersonal skills

Team collaboration and project management

### SUMMARY

Compassionate Physician Assistant specialized in family health, advocating for patients' wellbeing through tailored care plans. Proven experience managing diverse patient panels, including geriatrics and pediatrics, while effectively collaborating with healthcare teams to enhance treatment outcomes. Eager to bring clinical expertise to outpatient settings and promote positive health change within communities. Committed to leveraging research-driven approaches and empathetic patient interaction to improve overall health services.

### EDUCATION

#### Bachelor of Science in Physician Assistant Studies

Boise State University 🎓 GPA: 3.8 📅 2026 📍 Boise, ID

**Coursework:** *Healthcare Ethics, Anatomy and Physiology, Patient Assessment Techniques, Clinical Medicine*

### TECHNICAL SKILLS

- Statistical Software:** SPSS, R, SAS
- Patient Management Systems:** Epic, Cerner, Meditech
- Communication Tools:** Slack, Microsoft Teams, Zoom
- Microsoft Office Suite:** Word, Excel, PowerPoint
- Clinical Guidelines:** ACGME Standards, CDC Recommendations, WHO Guidelines
- Research Methodologies:** Qualitative Analysis, Quantitative Analysis, Mixed Methods
- Patient Education Materials:** Brochures, Workshops, Online Resources
- Documentation Standards:** HIPAA Compliance, Medical Coding, EHR Standards
- Interpersonal Skills:** Empathy, Active Listening, Conflict Resolution
- Survey Development:** Questionnaire Design, Data Collection, Outcome Measurement

### EXPERIENCE

#### Clinical Research Assistant

University Research Lab 📅 June 2025 - Present 📍 Boise, ID

Support ongoing research focused on health interventions for elderly patients. Engage with multidisciplinary teams to implement findings into practice and produce valuable insights to improve patient care strategies.

- Collaborated on a study evaluating health intervention effectiveness, enhancing treatment protocols based on data analysis.
- Developed patient surveys assessing health outcomes, improving the relevance and reach of interventions employed in studies.
- Engaged patient populations through proactive communication, ensuring their input informed clinical practices and research findings.
- Established connections with external stakeholders, presenting insights at conferences to share breakthroughs in elderly healthcare.
- Conducted comprehensive literature reviews, analyzing trends to support research initiatives aimed at better family health engagements.

#### Capstone Project Developer

Academic Research 📅 January 2025 - May 2025 📍 Boise, ID

Created a capstone project centered around pediatric care protocols, learning best practices from various healthcare professionals. Facilitated enhancement of academic program standards while focusing on child health service improvements.

- Illustrated commitment to pediatric health by conducting interviews with providers gathering insights that shaped project outcomes.

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Clinical Research Assistant at University Research Lab (1.1 Years)

● Capstone Project Developer at Academic Research (4 Months)

● Health Sciences Intern at Student Lab (3 Months)

- Utilized statistical software for capturing and analyzing data to pinpoint areas needing enhanced child health services.
- Collaborated with faculty advisors, ensuring alignment with healthcare standards while refining the vision for the capstone project.
- Showcased project results in presentations, garnering feedback that directed future investigations into effective pediatric approaches.
- Developed educational resources reflecting latest statistics about children's health needs drawn from community-focused clinics.

### Health Sciences Intern

Student Lab 📅 September 2024 - December 2024 📍 Boise, ID

Assisted clinical staff in managing patient flow and participated actively in educational initiatives related to disease prevention and health maintenance. Provided vital support to alleviate pressures during peak periods across outpatient settings.

- Streamlined operational logistics by timely documenting patient interactions and maintaining accurate medical histories through electronic records.
- Enhanced patient understanding of wellness strategies through clear communication during education sessions and available resources.
- Contributed to discussions surrounding case management principles, exchanging ideas that refined clinical strategies among peers.
- Created educational materials addressing prevalent health concerns, improving awareness and engagement among patients benefitting from information sharing.
- Supported internal operations by assisting in regular sessions reviewing procedural updates with care teams, ultimately enhancing service quality.

### LEADERSHIP & AWARDS

- Dean's List, Boise State University, Fall 2024, Spring 2025
- Outstanding Research Project Award, Boise State University, 2025

### CERTIFICATIONS

- Basic Life Support (BLS) Certification 📅 2026
- Advanced Cardiac Life Support (ACLS) Certification 📅 2026

### PROFESSIONAL AFFILIATIONS

- Member, Boise State University Physician Assistant Student Organization, 2024 – Present
- Volunteer, Local Health Fair, providing free health screenings and education to community members, 2025

### ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

### REFERENCES

AVAILABLE ON REQUEST