

# Emily Johnson

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## SUMMARY

Experienced home care aide skilled in assisting with personal care needs and enhancing clients' daily living. Over three years of dedicated support services fostered client independence while maintaining a safe environment. Strong organizational abilities lead to effective transportation for appointments, along with managing household tasks such as cleaning and meal prep. Communication with families, healthcare professionals, and peers ensures continuity of care and trust. Excited to bring compassion and adaptability to caring hands in a new role fostering client well-being and dignity.

## EXPERIENCE

### Home Care Aide

June 2024 - Present

Helping Hands Services

Aurora, IL

Responsibilities include providing personal care to enhance client comfort and safety, focusing on essential daily support activities. Tasks encompass transporting clients and managing their immediate environment to ensure satisfaction and health.

- Provide compassionate personal care, addressing unique needs of each client.
- Assist regularly with meal preparation, laundry, and housekeeping duties.
- Transport clients safely to appointments, ensuring timely arrivals.
- Maintain records of client progress and communicate effectively with supervisors.

### Home Care Aide

January 2023 - May 2024

Sunny Days Home Care

Naperville, IL

Focus involved supporting clients in various daily activities, with special attention to health reminders and any behavior changes. Collaboration with family members helped create customized care approaches for each client.

- Promoted client independence through tailored assistance with daily living activities.
- Provided medication reminders, assuring adherence to health protocols.
- Engaged thoughtfully with family and care teams to enhance program effectiveness.
- Documented observations and interventions in compliance with best practices.

## LEADERSHIP & AWARDS

- Employee of the Month at Helping Hands Services, recognized for exceptional patient care and service excellence.
- Recipient of the Caring Heart Award for continuous dedication to client wellbeing in challenging scenarios.

## EDUCATION

### Certificate in Home Health Aide

2022

Springfield Community College GPA: 3.8

Springfield, IL

*Coursework: Healthcare Basics, Anatomy and Physiology, Patient Care Skills, Communication Techniques*

## CERTIFICATIONS

- CPR and First Aid Certified 📅 2023
- Certified Home Health Aide 📅 2022

## TECHNICAL SKILLS

- **Clinical Skills:** Personal care, Health monitoring, Medication management
- **Communication Tools:** Email, Phone calls, In-person consultation
- **Project Management:** Care plans, Scheduling software, Client tracking
- **Transportation:** Vehicle operation, Safety protocols, Route planning
- **Cleaning and Maintenance:** Housekeeping practices, Laundry techniques, Sanitation
- **Culinary Skills:** Meal prep, Nutrition basics, Dietary restrictions
- **Compliance Standards:** HIPAA, State regulations, Health department guidelines
- **Office Software:** Microsoft Office, Google Workspace, Care coordination tools
- **Conflict Resolution:** Negotiation strategies, Active listening, Mediation techniques
- **Educational Training:** Workshops, Webinars, Certification courses

## SKILLS

- Patient care
- Problem-solving
- Household management
- Meal preparation
- Time management
- Compassionate nature
- Client-focused approach
- Cleanliness standards
- Communication
- Decision-making
- Health monitoring
- Flexibility
- Team collaboration
- Record keeping
- Transportation support

## **PROFESSIONAL AFFILIATIONS**

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- Member of the Illinois Home Care & Hospice Association, participating in education and advocacy efforts.
- Volunteer at local community center supporting health awareness events and resources.

## **LANGUAGES**

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- English (Native)
- Spanish (Intermediate)

## **ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

## **REFERENCES**

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AVAILABLE ON REQUEST