

# Brooklyn Ballard

## Home Care Registered Nurse

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### STRENGTHS

-  **Empathetic Patient Care**  
Gained executive confidence while ensuring patients feel valued and understood during moments of vulnerability.
-  **Collaborative Communication**  
Peers often sought advice on navigating complex care situations, establishing me as a reliable resource.
-  **Proactive Problem Solving**  
Streamlined workflows significantly for more organized care deliveries and boosted overall morale and efficiency.
-  **Quality Improvement Initiatives**  
Played a significant role by actively participating in projects improving patient care and operational procedures.
-  **Focused Team Player**  
Became renowned for facilitating patient forums where input was encouraged, helping fill gaps in care adequacy.

### SKILLS

- Patient Care
- Care Planning
- Health Assessment
- Patient Education
- Team Collaboration
- Advanced Technology Utilization
- Interdisciplinary Teamwork
- Critical Thinking
- Palliative Care Techniques
- Medication Administration
- Chronic Disease Management
- Quality Improvement
- Clinical Documentation

### SUMMARY

Compassionate nurse with over 4 years experience delivering personalized patient care in home settings. Skilled at assessing, planning, and managing health needs using advanced technology. Focus on holistic approaches to maximize patient outcomes. Dedicated to professional growth and enhancing family involvement in care. Expertise includes collaboration with interdisciplinary teams to tailor individual care plans and provide education on health management. Deeply invested in fostering a supportive environment for patients and their families throughout the home care process. Eager to contribute skills to a dedicated team at Loyola Health Services.

### EXPERIENCE

#### Home Care Registered Nurse

Caring Hands Home Health  January 2023 - Present  Chicago, IL

Lead nursing responsibilities within a home care setting, delivering personalized healthcare directly to patients. Manage care assessment, treatment planning, and patient education focused on recovery. Collaborate with multidisciplinary teams to create individualized care strategies for diverse populations. Utilize modern tracking tools and techniques to enhance patient monitoring and ensure effective adjustments are made to care as necessary.

- Provide tailored health assessments to meet individual patient needs, ensuring comfort and compliance.
- Work alongside doctors and specialists to coordinate comprehensive treatment plans that foster positive outcomes.
- Educate clients and family members on chronic disease management and preventive care, empowering them toward self-management.
- Document detailed patient interactions and care processes meticulously, maintaining adherence to healthcare standards.
- Participate in continuing education workshops to stay current with best practices and advances in home healthcare delivery.
- Proactively address any patient concerns, fostering an atmosphere of trust and clear communication.

#### Registered Nurse

Health First Medical Center  June 2021 - December 2022  Oak Park, IL

Engaged in frontline care delivery in a dynamic acute care facility, providing essential support across a variety of medical departments. Enhanced patient outcomes through quality improvement initiatives by applying nursing best practice protocols and mentorship of new staff.

- Assessed and monitored patient conditions on a continuous basis in an inpatient setting.
- Led patient education initiatives promoting vital knowledge around health and wellness for diverse demographics.
- Innovated community outreach programs addressing preventive care and improved health literacy amongst local populations.
- Established trusting relationships with patients, encouraging open dialogue about treatment expectations and fears.
- Implemented systematic evaluations contributing to operational efficiency and enhanced care delivery.
- Served as a mentor for nursing interns, integrating into the workspace seamlessly to provide guidance.

#### Nursing Intern

Bright Futures Hospice  January 2020 - May 2021  Chicago, IL

Contributed vital insights through hands-on experiences during hospice rotations aimed at ensuring dignity and compassion in end-of-life care. Assisted in medication administration under supervision and engaged deeply in patient-family dialogues reflecting expectations and adjustments needed in care plans.

- Supported colleagues by providing compassionate care in high-stress hospice scenarios.

Emergency Response

Time Management

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Home Care Registered Nurse at Caring Hands Home Health (3.5 Years)

● Registered Nurse at Health First Medical Center (1.5 Years)

● Nursing Intern at Bright Futures Hospice (1.3 Years)

- Directed efforts towards understanding pain management strategies to enhance patient experience.
- Facilitated discussions with families regarding patient preferences and end-of-life care options.
- Actively involved in practical learning through participation in weekly patient case reviews, discussing critical updates and shifts.
- Developed practical skills in palliative care providing emotional support along with physical assistance.
- Fostered a collaborative environment among nursing staff which highlighted teamwork as key to improving patient outcomes.

## LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2019-2021
- Outstanding Nursing Student Award, University of Illinois at Chicago, 2021

## EDUCATION

### Bachelor's Degree in Nursing

University of Illinois at Chicago 🎓 GPA: 3.8 📅 2021 📍 Chicago, IL

**Coursework:** Healthcare Law, Adult Health Nursing, Pediatrics, Mental Health Nursing

## CERTIFICATIONS

- Registered Nurse (RN) License 📅 2021
- Basic Life Support (BLS) Certification 📅 2021

## TECHNICAL SKILLS

- **Healthcare Technologies:** Electronic Health Records, Telehealth Systems, Health Information Exchange
- **Patient Monitoring Tools:** Wearable Monitors, Bedside Monitors, Remote Patient Support
- **Nursing Protocols:** Evidence-Based Guidelines, Best Practice Standards, Safe Handling Techniques
- **Collaboration Platforms:** Microsoft Teams, Zoom, Shared Care Plans
- **Documentation Software:** EPIC Systems, Cerner, eClinicalWorks
- **Patient Education Materials:** Health Literacy Resources, Support Group Literature, Medication Guides
- **Infection Control Methods:** Standard Precautions, PPE Protocols, Isolation Policies
- **Emergency Procedures:** CPR Techniques, Disaster Preparedness Plans, Crisis Intervention
- **Clinical Skills Training:** Simulation Scenarios, Continuing Education Courses, On-the-Job Training
- **Leadership Techniques:** Mentoring Programs, Staff Development Workshops, Conflict Resolution

## PROFESSIONAL AFFILIATIONS

- Member, Illinois Nurses Association
- Volunteer, Local Health Fair, Chicago, IL

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST