

Brooklyn Ballard

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SUMMARY

Compassionate nurse with over 4 years experience delivering personalized patient care in home settings. Skilled at assessing, planning, and managing health needs using advanced technology. Focus on holistic approaches to maximize patient outcomes. Dedicated to professional growth and enhancing family involvement in care. Expertise includes collaboration with interdisciplinary teams to tailor individual care plans and provide education on health management. Deeply invested in fostering a supportive environment for patients and their families throughout the home care process. Eager to contribute skills to a dedicated team at Loyola Health Services.

EXPERIENCE

Home Care Registered Nurse

January 2023 - Present

Caring Hands Home Health

Chicago, IL

Lead nursing responsibilities within a home care setting, delivering personalized healthcare directly to patients. Manage care assessment, treatment planning, and patient education focused on recovery. Collaborate with multidisciplinary teams to create individualized care strategies for diverse populations. Utilize modern tracking tools and techniques to enhance patient monitoring and ensure effective adjustments are made to care as necessary.

- Provide tailored health assessments to meet individual patient needs, ensuring comfort and compliance.
- Work alongside doctors and specialists to coordinate comprehensive treatment plans that foster positive outcomes.
- Educate clients and family members on chronic disease management and preventive care, empowering them toward self-management.
- Document detailed patient interactions and care processes meticulously, maintaining adherence to healthcare standards.
- Participate in continuing education workshops to stay current with best practices and advances in home healthcare delivery.
- Proactively address any patient concerns, fostering an atmosphere of trust and clear communication.

Registered Nurse

June 2021 - December 2022

Health First Medical Center

Oak Park, IL

Engaged in frontline care delivery in a dynamic acute care facility, providing essential support across a variety of medical departments. Enhanced patient outcomes through quality improvement initiatives by applying nursing best practice protocols and mentorship of new staff.

- Assessed and monitored patient conditions on a continuous basis in an inpatient setting.
- Led patient education initiatives promoting vital knowledge around health and wellness for diverse demographics.
- Innovated community outreach programs addressing preventive care and improved health literacy amongst local populations.
- Established trusting relationships with patients, encouraging open dialogue about treatment expectations and fears.
- Implemented systematic evaluations contributing to operational efficiency and enhanced care delivery.
- Served as a mentor for nursing interns, integrating into the workspace seamlessly to provide guidance.

Nursing Intern

January 2020 - May 2021

Bright Futures Hospice

Chicago, IL

Contributed vital insights through hands-on experiences during hospice rotations aimed at ensuring dignity and compassion in end-of-life care. Assisted in medication administration under supervision and engaged deeply in patient-family dialogues reflecting expectations and adjustments needed in care plans.

- Supported colleagues by providing compassionate care in high-stress hospice scenarios.
- Directed efforts towards understanding pain management strategies to enhance patient experience.
- Facilitated discussions with families regarding patient preferences and end-of-life care options.
- Actively involved in practical learning through participation in weekly patient case reviews, discussing critical updates and shifts.
- Developed practical skills in palliative care providing emotional support along with physical assistance.
- Fostered a collaborative environment among nursing staff which highlighted teamwork as key to improving patient outcomes.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2019-2021
- Outstanding Nursing Student Award, University of Illinois at Chicago, 2021

EDUCATION

Bachelor's Degree in Nursing

Coursework: Healthcare Law, Adult Health Nursing, Pediatrics, Mental Health Nursing

CERTIFICATIONS

- Registered Nurse (RN) License 📅 2021
- Basic Life Support (BLS) Certification 📅 2021

TECHNICAL SKILLS

- **Healthcare Technologies:** Electronic Health Records, Telehealth Systems, Health Information Exchange
- **Patient Monitoring Tools:** Wearable Monitors, Bedside Monitors, Remote Patient Support
- **Nursing Protocols:** Evidence-Based Guidelines, Best Practice Standards, Safe Handling Techniques
- **Collaboration Platforms:** Microsoft Teams, Zoom, Shared Care Plans
- **Documentation Software:** EPIC Systems, Cerner, eClinicalWorks
- **Patient Education Materials:** Health Literacy Resources, Support Group Literature, Medication Guides
- **Infection Control Methods:** Standard Precautions, PPE Protocols, Isolation Policies
- **Emergency Procedures:** CPR Techniques, Disaster Preparedness Plans, Crisis Intervention
- **Clinical Skills Training:** Simulation Scenarios, Continuing Education Courses, On-the-Job Training
- **Leadership Techniques:** Mentoring Programs, Staff Development Workshops, Conflict Resolution

SKILLS

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|---------------------|-----------------------------------|------------------------------|--------------------------|
| • Patient Care | • Team Collaboration | • Palliative Care Techniques | • Clinical Documentation |
| • Care Planning | • Advanced Technology Utilization | • Medication Administration | • Emergency Response |
| • Health Assessment | • Interdisciplinary Teamwork | • Chronic Disease Management | • Time Management |
| • Patient Education | • Critical Thinking | • Quality Improvement | |

PROFESSIONAL AFFILIATIONS

- Member, Illinois Nurses Association
- Volunteer, Local Health Fair, Chicago, IL

LANGUAGES

- English (Native)
- Spanish (Intermediate)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST