

Adalyn Long

Hospice Registered Nurse, RN

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STRENGTHS

-  **Empathy**
Exhibited deep empathy while caring for patients, enabling them to feel comfortable during difficult times.
-  **Communication**
Strengthened familial bonds through sensitive communication, allowing better understanding of the care process.
-  **Team Collaboration**
Worked seamlessly with multidisciplinary teams, sharing insights that directly contributed to care plan improvements.
-  **Adaptability**
Quickly adapted care approaches to meet changing conditions, ensuring quality while addressing urgent concerns.
-  **Critical Thinking**
Applied strong analytical skills to formulate solution-focused interventions during unexpected patient changes.

SKILLS

- Patient-Centered Care
- Symptom Management
- Critical Thinking
- EMR Documentation
- Team Collaboration
- Patient Education
- Interdisciplinary Communication
- End-of-Life Planning
- Emotional Support
- Crisis Intervention
- Pain Management
- Health Advocacy
- Clinical Assessment

SUMMARY

Compassionate hospice nurse with over 4 years of experience specializing in patient-centered care. Proven ability to collaborate effectively with interdisciplinary teams, ensuring high-quality symptom management and individualized care planning for patients. Skilled in conducting thorough assessments, facilitating education for families throughout the end-of-life journey, and maintaining accurate documentation. Committed to providing emotional support, fostering rapport with patients, and adapting care strategies to meet diverse needs. Focused on compliance while consistently seeking opportunities for professional growth within a supportive environment. Eager to enhance experiences within a dedicated team.

EXPERIENCE

Hospice Registered Nurse

Compassionate Care Home Services  January 2025 - Present  Elmhurst, IL

Oversaw patient care in a hospice setting, leading clinical operations and collaborating across medical teams to tailor care plans. Focused on delivering compassionate support to families during critical and emotionally challenging times.

- Delivered compassionate care to hospice patients, prioritizing emotional support for families during their end-of-life journey.
- Collaborated with healthcare teams to develop and implement individualized care plans, focusing on symptom management.
- Maintained thorough electronic medical records to ensure compliance and accuracy in patient documentation.
- Educated patients and caregivers about hospice processes, enabling informed decisions through clear communication.
- Regularly traveled to patient homes, establishing trusting relationships through attentive care and interaction.
- Utilized critical thinking skills to address urgent patient needs promptly, adapting care as situations evolved.

Registered Nurse

Healing Touch Hospice  June 2023 - December 2024  Elmhurst, IL

Provided skilled nursing services in a hospice environment, enhancing comfort through tailored pain management protocols. Collaborated within multidisciplinary teams to elevate care outcomes amid complex emotional circumstances.

- Executed strategic pain relief measures based on comprehensive patient evaluations, refining care delivery.
- Initiated educational workshops for families about hospice advantages, ensuring accessible information and resources.
- Engaged actively in team discussions to cultivate improved strategies for seamless patient transitions between care levels.
- Documented patient assessments rigorously, guaranteeing adherence to all applicable health regulations and standards.
- Channeled critical judgment capabilities to resolve patient challenges quickly, exceeding satisfaction expectations.
- Complied fully with regulatory requirements, integrating feedback to enhance practice protocols.

Registered Nurse

Elmhurst Community Hospital  February 2022 - May 2023  Elmhurst, IL

Delivered comprehensive nursing care across various settings, emphasizing patient safety and collaborative efforts amidst diverse cases. Supported transitions for hospice referrals whilst acting as an advocate for patient preferences.

- Facilitated smooth healthcare transitions into hospice with detailed handover processes that prioritized dignity.

Compliance Practices

Time Management

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Hospice Registered Nurse at Compassionate Care Home Services (1.5 Years)
- Registered Nurse at Healing Touch Hospice (1.5 Years)
- Registered Nurse at Elmhurst Community Hospital (1.2 Years)

- Established effective care coordination by spending time working cross-functionally with numerous stakeholders.
- Championing diverse patient perspectives led to higher advocacy levels, resulting in better outcomes overall.
- Contributed insights into ongoing quality improvement initiatives intended to boost holistic patient care practices.
- Mentored upcoming nurses, creating a supportive learning atmosphere aimed at professional advancement.
- Expanded operational workflows that improved efficiency and enhanced patient experiences simultaneously.

LEADERSHIP & AWARDS

- Dean's List, Elmhurst University, 2022, 2023
- Nursing Excellence Award, Healing Touch Hospice, 2024

EDUCATION

Bachelor's Degree in Nursing

Elmhurst University 🎓 GPA: 3.8 📅 2024 📍 Elmhurst, IL

Coursework: Patient Care, End-of-Life Symptom Management, Family-based Education, Critical Care Protocols

CERTIFICATIONS

- Registered Nurse (RN) License 📅 2026
- Basic Life Support (BLS) Certification 📅 2026

TECHNICAL SKILLS

- Healthcare Management:** Care Coordination, Patient Scheduling, Discharge Planning
- Electronic Medical Records:** Epic, Cerner, Allscripts
- Patient Safety Standards:** Regulatory Compliance, Quality Assurance, Risk Management
- Symptom Relief Techniques:** Palliative Care, Pain Management, Psychological Support
- Team Collaboration Tools:** Slack, Microsoft Teams, Zoom
- Patient Education Resources:** Pamphlets, Workshops, Webinars
- Communication Strategies:** Non-Verbal Cues, Active Listening, Shared Decision-Making
- Emergency Response Skills:** CPR, First Aid, Physical Assessment
- Quality Improvement Initiatives:** Patient Feedback Surveys, Data Analysis, Training Programs
- Professional Development:** Conferences, Continuing Education, Peer Review

PROFESSIONAL AFFILIATIONS

- Illinois Nurses Association Member
- Volunteer at Local Food Pantry

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST