

Sophia Bennett

Hospice RN

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STRENGTHS

- Empathy**
Actively listen and provide heartfelt support to patients and their families, creating a space where they feel understood and valued.
- Team Collaboration**
Work alongside diverse teams to create cohesive care strategies, often sought after for guidance in improving patient experiences.
- Critical Thinking**
Analyze situations quickly and implement decisive actions, especially beneficial during emergency responses.
- Patient Advocacy**
Champion patient rights and preferences, ensuring voices are heard within treatment decisions and care processes.
- Culturally Competent Care**
Skillfully navigate cultural differences to provide inclusive, sensitive care that respects the unique values of each patient.

SKILLS

- Patient Assessment
- Symptom Management
- Pain Control | Nursing Care
- Collaboration | Critical Thinking
- Communication
- Empathetic Listening
- End-of-Life Care
- Emergency Response
- Technology Utilization
- Multidisciplinary Approach
- Cultural Sensitivity | Care Planning
- Continuity of Care
- Patient Education

SUMMARY

Compassionate and dedicated Registered Nurse bringing over three years of diverse experience in acute care and hospice settings. Quickly established expertise in delivering empathetic end-of-life care while skillfully managing complex patient needs. Committed to ensuring the highest comfort and dignity for patients during difficult times, employing advanced nursing practices and technologies for effective assessment and pain management. Eager to leverage clinical knowledge and a compassionate approach within a progressive healthcare team focused on quality patient outcomes in a supportive community setting.

EXPERIENCE

Registered Nurse

Healthwise Hospice | June 2023 - Present | Chicago, IL

Effectively perform comprehensive assessments and ensure proper symptom management for hospice patients. Deliver tailored patient care with respect to individual physical and emotional needs in home environments. Collaborate across multidisciplinary teams to maintain continuity of care.

- Conduct thorough patient assessments for symptom management.
- Provide existential support focusing on both pain and emotional health.
- Deliver individualized, one-on-one patient care in at-home scenarios.
- Participate actively in team meetings to enhance collaborative efforts.

Staff Nurse

St. Joseph Medical Center | May 2021 - May 2023 | Chicago, IL

Gained extensive experience in acute care nursing with a focus on patient recovery and safety. Developed strong relationships with patients and their families while guiding them through the healing process. Recognized for outstanding service delivery and patient-centered care methodologies.

- Assessed patients' conditions and implemented appropriate interventions.
- Educated families about treatment plans and post-discharge care.
- Worked collaboratively with healthcare teams to optimize patient outcomes.
- Embraced opportunities for continuous learning within fast-paced environments.

Clinical Intern

Community Healthcare Network | January 2021 - April 2021 | Chicago, IL

Acquired foundational nursing skills while contributing to patient assessments and care planning under supervision. Assisted senior nurses in delivering comfort-focused care and respecting diverse cultural backgrounds among patients.

- Supported patient admissions by gathering essential information.
- Aided in developing care plans based on comprehensive assessments.
- Promoted a welcoming environment for both patients and family members.
- Participated in team training sessions for quality improvement initiatives.

LEADERSHIP & AWARDS

- Nursing Excellence Award at St. Joseph Medical Center - June 2022
- Dean's List, University of Illinois at Chicago - 2020

EDUCATION

Bachelor's Degree in Nursing

University of Illinois at Chicago | GPA: 3.8 | 2023 | Chicago, IL

Coursework: Fundamentals of Nursing, Pharmacology, Adult Health Nursing, Community Health Nursing

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Registered Nurse at Healthwise Hospice (2.9 Years)

● Staff Nurse at St. Joseph Medical Center (2 Years)

● Clinical Intern at Community Healthcare Network (3 Months)

CERTIFICATIONS

- Registered Nurse License 📅 2023
- Basic Life Support (BLS) 📅 2023

TECHNICAL SKILLS

- **Patient Care Technologies:** Electronic Health Records, Telehealth Systems, Patient Monitoring Devices
- **Communication Tools:** Microsoft Teams, Zoom, Slack
- **Nursing Process:** Assessment, Diagnosis, Planning
- **Compliance Standards:** HIPAA, OSHA Regulations, Joint Commission
- **Emergency Protocols:** Code Blue Response, Rapid Response Team Procedures, Disaster Preparedness
- **Medical Equipment:** Intravenous Pumps, Wound Care Supplies, Defibrillators
- **Mentoring Programs:** Preceptorship, Student Training Sessions, Peer Coaching
- **Quality Improvement:** Process Mapping, Performance Measurement, Satisfaction Surveys
- **Infection Control Techniques:** Hand Hygiene, PPE Protocols, Sterile Technique
- **Education Strategies:** Presentations, Workshops, E-Learning Modules

PROFESSIONAL AFFILIATIONS

- Member, American Nurses Association - 2023
- Volunteer, Chicago Homeless Outreach Program - 2021

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST