

# Josephine Simpson

## Labor & Delivery Registered Nurse

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### STRENGTHS

- Compassionate Patient Care**  
Excelled in providing emotional support to expectant mothers, gaining their trust to foster better communication.
- Effective Team Collaboration**  
Became a relied-upon member of multidisciplinary teams to improve patient coordination throughout complex situations.
- Clinical Knowledge**  
Deep understanding of labor and delivery protocols, enabling proactive measures to meet diverse patient needs.
- Emergency Preparedness**  
Instrumental in executing life-saving response plans, ensuring preparedness for any arising complications during delivery.
- Patient Education**  
Proactively informed patients about their care processes, empowering them to participate actively in their treatment journey.

### SKILLS

- Patient Assessment
- Care Plan Development
- Maternal and Fetal Monitoring
- Emergency Response
- Patient Education
- Team Collaboration
- Caring Patient Advocacy
- Family Support | Critical Thinking
- Time Management
- Documentation Skills
- Interpersonal Communication
- Mental Health Awareness

### SUMMARY

Dedicated Registered Nurse with robust experience in Labor & Delivery care. Over two years skillfully providing compassionate treatment for patients during childbirth. Focus on conducting thorough assessments and implementing tailored care plans. Experience includes collaborating with multidisciplinary teams to enhance outcomes and ensure best practices. Proficient in mental support and education for families, ensuring informed decisions align with each unique situation. Current credentials include BLS, ACLS, and NRP certifications, underscoring commitment to patient welfare and safety in high-pressure environments essential for delivering quality healthcare.

### EXPERIENCE

#### Labor & Delivery Registered Nurse

Healthcare Solutions, Inc. | March 2025 - Present | Chicago, IL

Lead nurse in a fast-paced Labor & Delivery unit, overseeing pre-delivery, delivery, and post-delivery procedures. Develops comprehensive patient plans collaborating closely with obstetric teams to achieve optimal care outcomes. Implements methods of assessment compliant with regulations and operates within strict protocols.

- Conduct individualized patient assessments by effectively prioritizing care that enhances overall satisfaction rates.
- Collaborate with interdisciplinary teams to create personalized and timely care plans compliant with established protocols.
- Monitor maternal and fetal health vigilantly to initiate prompt interventions leading to improved clinical outcomes.
- Keep accurate medical records through detailed documentation, maintaining HIPAA compliance while advocating trust among patients.
- Educate families on processes and anticipate questions for well-informed decision-making throughout labor and delivery.
- Execute emergency response protocols efficiently, contributing significantly to the safety and success rate of deliveries.

#### Registered Nurse

HealthFirst Medical | January 2024 - February 2025 | Naperville, IL

Provided care for various patients within the high-pressure therapeutic environment of a Labor & Delivery Unit. Adapted rapidly to evolving patient conditions while collaborating with various stakeholders.

- Delivered empathetic care while managing multiple active cases, ensuring every patient receives individual attention.
- Regularly conduct reassessments after patient progress analysis leading to optimally adjusted care strategies facilitating quicker recoveries.
- Participated actively in ongoing training programs to retain sharp competencies consistent with advancing nursing methodologies.
- Advocated for ethical patient rights consistently, ensuring all actions respect their privacy and uphold care standards.
- Mentored nursing students during clinical rotations, fostering an educational atmosphere excellence across the ward.
- Joined forces with healthcare teams frequently, discussing and refining patient management approaches based on deteriorating conditions.

### LEADERSHIP & AWARDS

- Nursing Excellence Award for outstanding patient care recognized in 2025.
- Excellence in Collaborative Care awarded by HealthFirst Medical in 2024 for teamwork efforts.

### EDUCATION

Bachelor's Degree in Nursing

Detail-Oriented Approach

Adaptability Empathy in Care

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Labor & Delivery Registered Nurse at Healthcare Solutions, Inc. (1.2 Years)

● Registered Nurse at HealthFirst Medical (1.1 Years)

University of Illinois 🎓 GPA: 3.8 📅 2025 📍 Champaign, IL

**Coursework:** Patient Care, Healthcare Policies, Anatomy, Pharmacology

## CERTIFICATIONS

- Basic Life Support (BLS) 📅 2024
- Advanced Cardiovascular Life Support (ACLS) 📅 2024
- Neonatal Resuscitation Program (NRP) 📅 2024

## TECHNICAL SKILLS

- **Nursing Assessment Skills:** Head-to-Toe Assessments, Vital Signs Monitoring, Charting Risks
- **Emergency Protocols:** BLS, ACLS, NRP
- **Patient Care Technologies:** Fetal Monitoring Equipment, IV Pumps, Electronic Health Records
- **Pain Management Techniques:** Non-pharmaceutical Methods, Epidurals, Anesthesia Coordination
- **Team-Based Healthcare:** Interdisciplinary Rounds, Staff Meetings, Care Conferences
- **Patient Education Methods:** Empowerment Workshops, Instructional Materials, Resource Guides
- **Regulatory Compliance:** HIPAA, Joint Commission Standards, Infection Control Guidelines
- **Childbirth Education:** Providing Resources, Class Facilitation, Community Outreach
- **Professional Development:** Continuing Education Units, Certification Programs, Skill Workshops
- **Occupational Safety:** Workplace Safety Protocols, Hazard Communication, Reporting Procedures

## PROFESSIONAL AFFILIATIONS

- Member of Sigma Theta Tau International Honor Society.
- Volunteer at local maternity clinics providing education to expectant mothers.

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST