

Claire Villarreal

Licensed Dental Hygienist

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STRENGTHS

-  **Communication Skills**
Build trust by clearly explaining treatment processes and maintaining open dialogues for patient concerns.
-  **Patient-Centric Care**
Prioritize patient comfort during procedures, leading to positive feedback and repeated visits from clientele.
-  **Infection Control Protocols**
Diligently follow and promote sanitary measures, gaining respect among peers for adherence to best practices.
-  **Proficient in Technology**
Expertly utilize electronic health records and digital imaging systems, improving workflow and service delivery.
-  **Community Engagement**
Actively involved in outreach initiatives that educate younger populations on the importance of dental health.

SKILLS

- Dental Hygiene Procedures
 - Patient Education
- Electronic Health Records
- Infection Control Protocols
- Digital Imaging Technologies
 - Patient Assessments
- Preventive Care Techniques
 - Record Maintenance
- Clinical Skills Enhancement
 - Team Collaboration
- Communication Effectiveness
 - Continuous Learning
 - Time Management

SUMMARY

Compassionate dental hygienist with over two years of experience delivering preventive dental care while collaborating with dental teams to enhance patient health. Specialize in comprehensive hygiene procedures, including cleanings and fluoride treatments, paired with strong communication skills that foster trusting relationships with patients. Maintain thorough records while adhering to rigorous infection control standards. Eager to contribute to a thriving practice like Bright Smiles Dental, fostering optimal patient experiences and improving community oral health through proactive education and state-of-the-art techniques.

EXPERIENCE

Dental Hygienist

Bright Smiles Dental  January 2025 - Present  Bloomington, IN

- Served as a skilled dental hygienist providing preventative care to diverse patients. Collaborated closely with the dental team using advanced technologies for effective treatment.
- Executed thorough dental cleanings, scaling, and fluoride treatments for varied patient demographics with a focus on comfort and care quality.
 - Conducted patient screenings and detailed assessments to determine oral health needs and deliver personalized hygiene education.
 - Partnered with dentists in crafting comprehensive treatment plans that positively influenced patient satisfaction and outcomes.
 - Maintained precise documentation of patient interactions ensuring compliance with the latest CDC guidelines on infection control.
 - Engaged in ongoing professional development through workshops, refining clinical skills and enhancing understanding of current dental practices.
 - Established efficient patient recall protocols, promoting regular follow-ups and encouraging continued oral health monitoring.

Dental Hygienist

Gentle Care Dental  June 2024 - December 2024  Indianapolis, IN

- Contributed as a dental hygienist implementing hygiene protocols with a keen emphasis on patient care within a fast-paced environment.
- Delivered exceptional patient care focusing on comfort and effective treatment through high-quality dental hygiene practices.
 - Trained incoming staff on application of standard protocols and procedures, fostering a collaborative environment geared towards success.
 - Leveraged digital X-ray technology to enhance diagnostic capabilities and streamline treatment processes, resulting in increased efficiency.
 - Created informative educational materials aimed at improving patient knowledge of oral health maintenance and preventive strategies.
 - Managed clinical supply inventory meticulously to ensure continual availability of essential dental tools and materials.
 - Participated actively in community outreach events focused on raising awareness about oral health resources and access.

LEADERSHIP & AWARDS

- Dean's List, Indiana University, 2023
- Outstanding Student Award in Dental Hygiene, 2024

EDUCATION

Associate of Science in Dental Hygiene

Indiana University  GPA: 3.8  2024  Bloomington, IN

Coursework: Dental Anatomy, Periodontics, Community Dental Health, Patient Management

Problem Solving Quality Assurance

Treatment Planning

LANGUAGES

English Native

Spanish Proficient

MY CAREER



- Dental Hygienist at Bright Smiles Dental (1.5 Years)
- Dental Hygienist at Gentle Care Dental (6 Months)

CERTIFICATIONS

- CPR Certification 📅 2025
- Licensed Dental Hygienist, Minnesota 📅 2024

TECHNICAL SKILLS

- **Dental Hygiene Technologies:** Velscope, Diagnodent, Digital X-ray Machines
- **Patient Management Systems:** EHR Software, Treatment Planning Platforms, Digital Charting Tools
- **Dental Equipment:** Ultrasonic Scalers, Hand Instruments, Autoclave Sterilizers
- **Oral Health Assessment Tools:** Probe Kits, Intraoral Cameras, Periodontal Assessments
- **CPR Training Programs:** Basic Life Support (BLS), Advanced Cardiovascular Life Support (ACLS)
- **Document Management Software:** Microsoft Office Suite, Google Workspace, Practice Management Systems
- **Compliance Standards:** CDC Guidelines, HIPAA Regulations, OSHA Standards
- **Educational Materials Creation:** Brochures, Online Resources, Patient Outreach Programs
- **Clinical Training Delivery:** Onboarding Procedures, Workshop Facilitation, Continuous Development
- **Community Health Engagement:** Health Fairs, School Programs, Local Events

PROFESSIONAL AFFILIATIONS

- Member, Indiana Dental Hygienists' Association
- Volunteer, Community Dental Health Fair

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST