

Claire Villarreal

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SUMMARY

Compassionate dental hygienist with over two years of experience delivering preventive dental care while collaborating with dental teams to enhance patient health. Specialize in comprehensive hygiene procedures, including cleanings and fluoride treatments, paired with strong communication skills that foster trusting relationships with patients. Maintain thorough records while adhering to rigorous infection control standards. Eager to contribute to a thriving practice like Bright Smiles Dental, fostering optimal patient experiences and improving community oral health through proactive education and state-of-the-art techniques.

EXPERIENCE

Dental Hygienist

January 2025 - Present

Bright Smiles Dental

Bloomington, IN

- Served as a skilled dental hygienist providing preventative care to diverse patients. Collaborated closely with the dental team using advanced technologies for effective treatment.
- Executed thorough dental cleanings, scaling, and fluoride treatments for varied patient demographics with a focus on comfort and care quality.
 - Conducted patient screenings and detailed assessments to determine oral health needs and deliver personalized hygiene education.
 - Partnered with dentists in crafting comprehensive treatment plans that positively influenced patient satisfaction and outcomes.
 - Maintained precise documentation of patient interactions ensuring compliance with the latest CDC guidelines on infection control.
 - Engaged in ongoing professional development through workshops, refining clinical skills and enhancing understanding of current dental practices.
 - Established efficient patient recall protocols, promoting regular follow-ups and encouraging continued oral health monitoring.

Dental Hygienist

June 2024 - December 2024

Gentle Care Dental

Indianapolis, IN

- Contributed as a dental hygienist implementing hygiene protocols with a keen emphasis on patient care within a fast-paced environment.
- Delivered exceptional patient care focusing on comfort and effective treatment through high-quality dental hygiene practices.
 - Trained incoming staff on application of standard protocols and procedures, fostering a collaborative environment geared towards success.
 - Leveraged digital X-ray technology to enhance diagnostic capabilities and streamline treatment processes, resulting in increased efficiency.
 - Created informative educational materials aimed at improving patient knowledge of oral health maintenance and preventive strategies.
 - Managed clinical supply inventory meticulously to ensure continual availability of essential dental tools and materials.
 - Participated actively in community outreach events focused on raising awareness about oral health resources and access.

LEADERSHIP & AWARDS

- Dean's List, Indiana University, 2023
- Outstanding Student Award in Dental Hygiene, 2024

EDUCATION

Associate of Science in Dental Hygiene

2024

Indiana University

GPA: 3.8

Bloomington, IN

Coursework: Dental Anatomy, Periodontics, Community Dental Health, Patient Management

CERTIFICATIONS

- CPR Certification  2025
- Licensed Dental Hygienist, Minnesota  2024

TECHNICAL SKILLS

- Dental Hygiene Technologies:** Velscope, Diagnodent, Digital X-ray Machines
- Patient Management Systems:** EHR Software, Treatment Planning Platforms, Digital Charting Tools
- Dental Equipment:** Ultrasonic Scalers, Hand Instruments, Autoclave Sterilizers
- Oral Health Assessment Tools:** Probe Kits, Intraoral Cameras, Periodontal Assessments
- CPR Training Programs:** Basic Life Support (BLS), Advanced Cardiovascular Life Support (ACLS)
- Document Management Software:** Microsoft Office Suite, Google Workspace, Practice Management Systems
- Compliance Standards:** CDC Guidelines, HIPAA Regulations, OSHA Standards
- Educational Materials Creation:** Brochures, Online Resources, Patient Outreach Programs

- **Clinical Training Delivery:** Onboarding Procedures, Workshop Facilitation, Continuous Development
- **Community Health Engagement:** Health Fairs, School Programs, Local Events

SKILLS

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|-------------------------------|--------------------------------|-------------------------------|----------------------|
| • Dental Hygiene Procedures | • Digital Imaging Technologies | • Clinical Skills Enhancement | • Time Management |
| • Patient Education | • Patient Assessments | • Team Collaboration | • Problem Solving |
| • Electronic Health Records | • Preventive Care Techniques | • Communication Effectiveness | • Quality Assurance |
| • Infection Control Protocols | • Record Maintenance | • Continuous Learning | • Treatment Planning |

PROFESSIONAL AFFILIATIONS

- Member, Indiana Dental Hygienists' Association
- Volunteer, Community Dental Health Fair

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST