

# Sophia Johnson

## Licensed Practical Nurse

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📍 123 Maple Street, Arlington Heights, IL 60004

### STRENGTHS



#### Communication Skills

Foster clear and compassionate interactions to build trust and rapport with patients and families.



#### Adaptability

Thrived in fast-paced clinical settings by adjusting approaches based on patient needs.



#### Team Collaboration

Worked alongside multidisciplinary teams recognizing that shared goals lead to stronger outcomes.



#### Problem Solving

Utilized critical thinking to address patient challenges effectively, enhancing overall care satisfaction.



#### Compassionate Care

Dedicated to each patient's dignity and respect. Used every strategy around empathy-driven healthcare.

### SKILLS

Patient Care

Medication Administration

Health Assessment

Team Collaboration

Patient Education

Crisis Management

Record Keeping

Intervention Strategies

Communication Techniques

Universal Precautions

Healthcare Regulations

Therapeutic Communication

Emotional Support

### SUMMARY

Compassionate Licensed Practical Nurse with over 3 years' experience providing essential medical care and support to diverse populations. Effective at monitoring health conditions and ensuring quality standards of care, all while collaborating seamlessly with healthcare teams. Proven skills in administering medications, maintaining accurate records, and developing comprehensive care plans for patients dealing with challenging medical and psychiatric issues. Eager to continue professional growth while making a positive impact on patient lives. Committed to excellence in nursing practice through ongoing education and training.

### EXPERIENCE

#### Licensed Practical Nurse

Caring Hands Health Services 📅 January 2024 - Present 📍 Schaumburg, IL

Dispatched every day to provide specialized nursing care to individuals with intellectual and developmental disabilities. Developed individualized care plans to meet patients' unique needs within collaborative team settings. Ensured consistent documentation and communication among healthcare providers to uphold service quality.

- Execute personalized nursing services meeting physical and emotional health challenges.
- Educate patients/families on self-care techniques promoting independence.
- Coordinate with healthcare professionals to enhance care delivery and patient outcomes.
- Conduct regular assessments to adjust care strategies based on evolving needs.

#### Licensed Practical Nurse

Wellness Nursing Group 📅 June 2022 - December 2023 📍 Elk Grove Village, IL

Engaged in patient-centered care procedures, effectively addressing various medical necessities in a busy clinical atmosphere. Maintained extensive medical records integral to efficient patient management. Contributed to a cohesive training environment for staff focused on high standards of medication safety.

- Delivered timely medication administration tracking patients' responses diligently.
- Performed routine assessments ensured adherence to medical protocols.
- Held training sessions for new hires focusing on standard operating procedures.
- Acted as a resource within the organization, strengthening teamwork across departments.

#### Nursing Intern

Healthy Life Community Services 📅 January 2022 - May 2022 📍 Mount Prospect, IL

Participated as an intern under direct supervision, engaging in core nursing practices such as vital sign checks and initial patient assessments. Built foundational skills necessary for advancing responsibilities and maintaining professional healthcare environments through experiential learning.

- Supported seasoned nurses in delivering basic care that surpassed patient expectations.
- Documented patient progress assisting the nursing team in smooth operations.
- Observation and participation in treatment sessions aiding learning processes.
- Fostered camaraderie among undergraduate peers enhancing professional networks.

### LEADERSHIP & AWARDS

- Outstanding Nursing Service Award for exceptional commitment to patient care, 2023.
- Exemplary Team Member recognition by colleagues highlighting leadership qualities, 2022.

### EDUCATION

#### Associate Degree in Nursing

Harper College 🎓 GPA: 3.5 📅 2021 📍 Palatine, IL

**Coursework:** Patient Care, Pharmacology, Health Assessment, Medical Ethics

Infection Control

Quality Improvement

## LANGUAGES

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English Native

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Spanish Intermediate

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## MY CAREER

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● Licensed Practical Nurse at Caring Hands Health Services (2.4 Years)

● Licensed Practical Nurse at Wellness Nursing Group (1.5 Years)

● Nursing Intern at Healthy Life Community Services (4 Months)

## CERTIFICATIONS

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- Licensed Practical Nurse 📅 2021
- CPR and First Aid Certification 📅 2021

## TECHNICAL SKILLS

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- **Patient Monitoring Systems:** Meditech
- **Electronic Health Records:** Epic
- **Medication Dispensing Tools:** Pyxis
- **Simulation Software:** High Fidelity Simulators
- **Training Platforms:** Skills Lab
- **Assessment Protocols:** Braden Scale
- **Telehealth Services:** Virtual Visits
- **Emergency Response Techniques:** Trauma Informed Care
- **Staff Training Modules:** Online Learning Portals
- **Patient Safety Standards:** OSHA Guidelines

## PROFESSIONAL AFFILIATIONS

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- National Association for Practical Nurses - Active Member since 2022.
- Volunteer at Local Health Clinic providing community health education screenings.

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST