

STRENGTHS

- Exceptional Nutritional Insight**
Recognized for abilities to tailor nutritional plans based on unique patient histories and lifestyles, fostering effective recovery paths.
- Effective Communicator**
Known for translating complex dietary information into easily understood concepts for diverse audiences, encouraging informed decisions.
- Strong Team Collaborator**
Frequently sought by peers for guidance on innovative nutrition practices, improving overall team performance in patient care settings.
- Passionate Mentor**
Gained respect as a resource for training junior interns, cultivating growth and knowledge share within the internship program.
- Quality Improvement Contributor**
Played a key role in quality assurance projects aimed at elevating service delivery standards while engaging collaboratively.

SKILLS

Clinical Nutrition	Patient Education
Evidence-Based Practice	
Quality Improvement	
Team Collaboration	Mentorship
Nutritional Assessment	
Community Outreach	

LANGUAGES

English	Native
Spanish	Proficient

SUMMARY

Committed Clinical Dietitian actively contributing to patient health through individualized nutrition plans. Expertise in medical nutrition therapy within acute care environments establishes a strong foundation in education and wellness advocacy. Strong track record of developing effective strategies that enhance understanding of dietary needs, training staff, and collaborating on quality improvement initiatives. Passionate about promoting overall health by empowering patients to make informed nutritional choices. Eager to join Morrison Healthcare, collaborating with a dedicated team to foster positive change in patient care and outcomes.

EDUCATION

Bachelor of Science in Nutrition and Dietetics
University of California, Los Angeles (UCLA) GPA: 3.8 2026 Los Angeles, CA
Coursework: Nutritional Assessment, Medical Nutrition Therapy, Community Nutrition, Food Science

TECHNICAL SKILLS

- Nutritional Analysis Software:** NutriBase, MypLate, Nutritionist Pro
- Clinical Practices:** Medicaid Documentation, Electronic Health Records, Quality Assessment Tools
- Education Platforms:** Zoom, Microsoft Teams, Webex
- Research Methodologies:** Qualitative Analysis, Quantitative Surveys, Case Studies
- Dietary Management Systems:** Menu Planning Software, Diet Behind Agile Technology, CBORD
- Presentation Tools:** PowerPoint, Canva, Google Slides
- Statistical Tools:** SPSS, Excel, R Software
- Food Science Knowledge:** Food Chemistry, Sensory Evaluation, Meal Design Principles
- Health Promotion Strategies:** Community Workshops, Interactive Seminars, Nutrition Campaigns
- Documentation Standards:** ADA Guidelines, FNS Guidelines, CDR Standards

EXPERIENCE

Clinical Dietitian Intern
University Project January 2026 - Present Los Angeles, CA
Supportive role focused on clinical nutrition assessments in a long-term acute care setting. Developed comprehensive care plans tailored to individual patient needs, working closely with multidisciplinary healthcare teams alongside management.

- Performed thorough nutritional assessments to create customized plans for patient rehabilitation.
- Collaborated with diverse healthcare professionals to educate families on dietary requirements.
- Implemented evidence-based guidelines, ensuring consistency and adherence to organizational policies.
- Engaged in quality assurance measures enhancing clinical processes and patient care standards.
- Aligned meal services with patient preferences to achieve substantial satisfaction scores.
- Mentored dietetic interns, fostering an inspiring learning atmosphere through active guidance.

Nutrition Research Assistant
Student Innovation Lab September 2025 - December 2025 Los Angeles, CA
Supported research efforts examining nutritional impacts on chronic conditions, focusing on proactive engagement with community-based wellness programs.

- Contributed to research studying dietary patterns in managing chronic diseases, facilitating complex data analysis.
- Created dynamic educational materials for workshops sharing nutrition insights with local populations.

MY CAREER



- Clinical Dietitian Intern at University Project (6 Months)
- Nutrition Research Assistant at Student Innovation Lab (3 Months)

- Collaborated with community members for feedback, adapting strategies for improved program participation.
- Delivered nutrition seminars effectively simplifying technical concepts for various audience backgrounds.
- Evaluated program outcomes employing metrics to demonstrate enhancements in health services.
- Partnered on grant proposals targeting funding opportunities for sustained research endeavors.

LEADERSHIP & AWARDS

- Dean's List, UCLA (2023-2026)
- First Place, UCLA Nutrition Competition (2025)

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2026

PROFESSIONAL AFFILIATIONS

- Member, Student Dietetic Association, UCLA
- Volunteer, Community Nutrition Outreach Program

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST