



# Rhea Farooq

## Optometrist

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## STRENGTHS

- ♥️ **Empathetic Patient Care**  
Prioritized understanding individual patient experiences, fostering trust and comfort throughout treatment.
- 🔍 **Strong Analytical Skills**  
Researched complex ocular conditions, enabling informed decision-making in patient management and treatment plans.
- 🗨️ **Effective Communication**  
Cultivated clear channels with patients and healthcare teams, ensuring cohesive approaches to optimal care.
- 📖 **Commitment to Learning**  
Pursued additional training opportunities that expanded clinical capabilities beyond core responsibilities.
- 👥 **Team Collaboration**  
Fostered teamwork by actively engaging in multidisciplinary meetings, enhancing overall patient care strategies.

## SKILLS

Optometry Patient Care

Ocular Disease Management

Dry Eye Treatment

Comprehensive Eye Exams

Patient Education

Communication Skills

Clinical Decision-Making

Emergency Response

Team Leadership

Interpersonal Skills

Compliance Record-Keeping

## SUMMARY

Dedicated optometrist with a Doctor of Optometry (O.D.) degree and a license to practice in North Carolina. Committed to delivering exceptional patient care while enhancing clinical skills within a progressive ophthalmology setting. Experienced in performing comprehensive eye examinations, diagnosing ocular diseases, and providing pre- and post-operative care. Strong interpersonal and communication skills ensure effective engagement with diverse patients. A keen focus on fostering continuous learning drives performance and contributes positively to team dynamics, which is influential as new practices emerge in modern ophthalmic care.

## EXPERIENCE

### Optometrist

Visionary Eye Care 📅 March 2024 - Present 📍 Charlotte, NC

Worked at a dynamic optometry clinic focusing on diverse patient needs, including surgical follow-up care. Managed clinical operations ensuring high-quality service standards.

- Conducted comprehensive examinations for various demographics, confirming accurate diagnoses and treatment plans.
- Developed tailored management strategies for ocular conditions, emphasizing holistic patient care.
- Provided thorough pre- and post-operative assessments, assuring smooth recovery journeys for surgical patients.
- Engaged in treatment planning for dry eye syndrome using innovative therapies.
- Sustained detailed patient records to comply with regulatory standards, contributing to improved patient satisfaction ratings.
- Addressed emergency eyecare situations efficiently, highlighting swift clinical decision-making abilities.

### Optometry Resident

Ocular Health Associates 📅 July 2023 - February 2024 📍 Durham, NC

Completed a residency emphasizing anterior segment diseases at a reputable institution, enriching knowledge through hands-on experience and collaboration.

- Performed wide-ranging ophthalmic exams, working alongside experienced staff to manage complex patient cases.
- Assisted in the strategic approach toward glaucoma patient management with advanced training in scleral lens fitting.
- Designed and conducted educational outreach initiatives aimed at elevating community awareness about ocular health.
- Initiated a quality improvement project aimed at enhancing operational protocols and patient satisfaction.
- Collaborated within interdisciplinary teams to streamline patient care pathways effectively.
- Contributed insights during case discussions, promoting continuous professional development among peers.

### Optometry Intern

Bright Vision Clinic 📅 June 2022 - June 2023 📍 Raleigh, NC

Supported daily operations within a comprehensive training environment, gaining practical insights into routine optometric procedures.

- Assisted in conducting eye exams, learning to diagnose common ocular diseases under seasoned supervision.
- Communicated with patients to gather essential medical histories, ensuring clarity in treatment options established.

Quality Improvement

Public Speaking

Outreach Initiatives

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Optometrist at Visionary Eye Care (2.3 Years)

● Optometry Resident at Ocular Health Associates (7 Months)

● Optometry Intern at Bright Vision Clinic (1 Years)

- Enhanced record-keeping skills, aiding in effective scheduling management while optimizing patient flow.
- Participated actively in workshops focused on current technologies related to optometry and evidence-based practices.
- Engaged in outreach programs that promoted eye health across communities often lacking sufficient resources.
- Shadowed veteran optometrists, gaining valuable practice management insights critical to future professional endeavors.

## LEADERSHIP & AWARDS

- Outstanding Contribution Award for Community Eyecare Initiative.
- Resident of the Year at Ocular Health Associates, recognizing excellence in patient relationship management.

## EDUCATION

### Doctor of Optometry (O.D.)

University of North Carolina at Chapel Hill 🎓 GPA: 3.8 📅 2023 📍 Chapel Hill, NC

**Coursework:** Patient Care, Ocular Health, Clinical Procedures, Communication Skills

## CERTIFICATIONS

- Licensed Optometrist 📅 2023
- CPR and First Aid Certification 📅 2023

## TECHNICAL SKILLS

- **Optometric Instruments:** Autorefractor, Tonometer, Ophthalmoscope
- **Software Proficiency:** Electronic Health Records, Practice Management Software, Telehealth Platforms
- **Clinical Protocols:** Standardized Patient Care, Surgical Instrumentation, Emergency Procedures
- **Patient Education Tools:** Printed Materials, Digital Resources, Visual Aids
- **Medical Imaging:** Fundus Photography, Optical Coherence Tomography, Corneal Topography
- **Leadership Experience:** Team Building, Conflict Resolution, Training Programs
- **Research Methodologies:** Clinical Trials, Data Analysis, Case Study Reviews
- **Community Outreach:** Health Fairs, Free Screening Programs, School Presentations
- **Regulatory Compliance:** HIPAA Standards, Professional Ethics, Practice Regulations
- **Emergency Eyecare Response:** Ocular Trauma Management, Triage, Rapid Assessment Techniques

## PROFESSIONAL AFFILIATIONS

- Member of the American Optometric Association, showing commitment to professional advancement.
- Volunteer with local vision health charities, advocating for accessible eyecare in underserved areas.

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST