

Rhea Farooq

Optometrist

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STRENGTHS

- ♥️ **Empathetic Patient Care**
Prioritized understanding individual patient experiences, fostering trust and comfort throughout treatment.
- 🔍 **Strong Analytical Skills**
Researched complex ocular conditions, enabling informed decision-making in patient management and treatment plans.
- ✈️ **Effective Communication**
Cultivated clear channels with patients and healthcare teams, ensuring cohesive approaches to optimal care.
- 📖 **Commitment to Learning**
Pursued additional training opportunities that expanded clinical capabilities beyond core responsibilities.
- 👥 **Team Collaboration**
Fostered teamwork by actively engaging in multidisciplinary meetings, enhancing overall patient care strategies.

SKILLS

Optometry Patient Care
Ocular Disease Management
Dry Eye Treatment
Comprehensive Eye Exams
Patient Education
Communication Skills
Clinical Decision-Making
Emergency Response
Team Leadership
Interpersonal Skills
Compliance Record-Keeping

SUMMARY

Dedicated optometrist with a Doctor of Optometry (O.D.) degree and a license to practice in North Carolina. Committed to delivering exceptional patient care while enhancing clinical skills within a progressive ophthalmology setting. Experienced in performing comprehensive eye examinations, diagnosing ocular diseases, and providing pre- and post-operative care. Strong interpersonal and communication skills ensure effective engagement with diverse patients. A keen focus on fostering continuous learning drives performance and contributes positively to team dynamics, which is influential as new practices emerge in modern ophthalmic care.

EXPERIENCE

Optometrist

Visionary Eye Care 📅 March 2024 - Present 📍 Charlotte, NC

Worked at a dynamic optometry clinic focusing on diverse patient needs, including surgical follow-up care. Managed clinical operations ensuring high-quality service standards.

- Conducted comprehensive examinations for various demographics, confirming accurate diagnoses and treatment plans.
- Developed tailored management strategies for ocular conditions, emphasizing holistic patient care.
- Provided thorough pre- and post-operative assessments, assuring smooth recovery journeys for surgical patients.
- Engaged in treatment planning for dry eye syndrome using innovative therapies.
- Sustained detailed patient records to comply with regulatory standards, contributing to improved patient satisfaction ratings.
- Addressed emergency eyecare situations efficiently, highlighting swift clinical decision-making abilities.

Optometry Resident

Ocular Health Associates 📅 July 2023 - February 2024 📍 Durham, NC

Completed a residency emphasizing anterior segment diseases at a reputable institution, enriching knowledge through hands-on experience and collaboration.

- Performed wide-ranging ophthalmic exams, working alongside experienced staff to manage complex patient cases.
- Assisted in the strategic approach toward glaucoma patient management with advanced training in scleral lens fitting.
- Designed and conducted educational outreach initiatives aimed at elevating community awareness about ocular health.
- Initiated a quality improvement project aimed at enhancing operational protocols and patient satisfaction.
- Collaborated within interdisciplinary teams to streamline patient care pathways effectively.
- Contributed insights during case discussions, promoting continuous professional development among peers.

Optometry Intern

Bright Vision Clinic 📅 June 2022 - June 2023 📍 Raleigh, NC

Supported daily operations within a comprehensive training environment, gaining practical insights into routine optometric procedures.

- Assisted in conducting eye exams, learning to diagnose common ocular diseases under seasoned supervision.
- Communicated with patients to gather essential medical histories, ensuring clarity in treatment options established.

Quality Improvement

Public Speaking

Outreach Initiatives

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Optometrist at Visionary Eye Care (2.3 Years)

● Optometry Resident at Ocular Health Associates (7 Months)

● Optometry Intern at Bright Vision Clinic (1 Years)

- Enhanced record-keeping skills, aiding in effective scheduling management while optimizing patient flow.
- Participated actively in workshops focused on current technologies related to optometry and evidence-based practices.
- Engaged in outreach programs that promoted eye health across communities often lacking sufficient resources.
- Shadowed veteran optometrists, gaining valuable practice management insights critical to future professional endeavors.

LEADERSHIP & AWARDS

- Outstanding Contribution Award for Community Eyecare Initiative.
- Resident of the Year at Ocular Health Associates, recognizing excellence in patient relationship management.

EDUCATION

Doctor of Optometry (O.D.)

University of North Carolina at Chapel Hill 🎓 GPA: 3.8 📅 2023 📍 Chapel Hill, NC

Coursework: Patient Care, Ocular Health, Clinical Procedures, Communication Skills

CERTIFICATIONS

- Licensed Optometrist 📅 2023
- CPR and First Aid Certification 📅 2023

TECHNICAL SKILLS

- **Optometric Instruments:** Autorefractor, Tonometer, Ophthalmoscope
- **Software Proficiency:** Electronic Health Records, Practice Management Software, Telehealth Platforms
- **Clinical Protocols:** Standardized Patient Care, Surgical Instrumentation, Emergency Procedures
- **Patient Education Tools:** Printed Materials, Digital Resources, Visual Aids
- **Medical Imaging:** Fundus Photography, Optical Coherence Tomography, Corneal Topography
- **Leadership Experience:** Team Building, Conflict Resolution, Training Programs
- **Research Methodologies:** Clinical Trials, Data Analysis, Case Study Reviews
- **Community Outreach:** Health Fairs, Free Screening Programs, School Presentations
- **Regulatory Compliance:** HIPAA Standards, Professional Ethics, Practice Regulations
- **Emergency Eyecare Response:** Ocular Trauma Management, Triage, Rapid Assessment Techniques

PROFESSIONAL AFFILIATIONS

- Member of the American Optometric Association, showing commitment to professional advancement.
- Volunteer with local vision health charities, advocating for accessible eyecare in underserved areas.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST