

STRENGTHS

- Critical Thinking**
Expertly analyzed complex case histories, leading to better-targeted treatment results and higher patient satisfaction levels.
- Communication Skills**
Cultivated trust-filled dialogues with families to share and discuss sensitive diagnoses, proving instrumental in collaborative care management.
- Team Collaboration**
Fostered cooperative spirit among cross-functional teams, streamlining workflow processes to improve patient care experiences dramatically.
- Problem Solving**
Devised creative solutions to mild behavioral challenges, reflecting agility in accommodating varied patient reactions during sessions.
- Commitment to Learning**
Actively pursued continued education opportunities resulting in enriched therapeutic strategies that meet modern pediatric demands.

SKILLS

Pediatric Care NICU Experience

Treatment Planning

Patient Education

Team Collaboration

Critical Thinking Communication

Professionalism Administration

Research Wellness Promotion

Interpersonal Skills

Developmental Evaluations

Therapy Modifications

SUMMARY

Compassionate and skilled Occupational Therapist with over six years of experience in neonatal and pediatric care, adept at evaluating patients with diverse needs—mechanical, physiological, and developmental. Developed individualized treatment plans, emphasizing a patient-centered approach that demonstrated measurable improvements in functional abilities. Passionate about promoting wellness across all ages, I'm committed to continuous improvement through professional development and collaborative efforts with multidisciplinary teams. Strong critical thinking skills and effective communication foster enhanced teamwork. Eager to leverage expertise and passion for children's health as an integral part of a vibrant healthcare team.

EXPERIENCE

Occupational Therapist

Springfield Children's Hospital May 2022 - Present Springfield, IL

Serves as a dynamic Occupational Therapist specializing in pediatric care at a prominent children's hospital, focused on creating adaptive therapy strategies for infants and children facing developmental disabilities.

- Conducted thorough assessments, identifying individual capabilities of infants to effectively tailor treatment plans.
- Worked closely with interdisciplinary medical teams, developing balanced interventions that align with clinical guidelines and patient needs.
- Provided supportive educational resources for families on effective home treatment strategies, building confidence in caregiver approaches.
- Engaged in ongoing training sessions to stay abreast of best practices and innovations within pediatric occupational therapy.
- Documented outcomes meticulously using evidence-based practices and adjusted therapy tactics as necessary based on findings.
- Initiated and contributed to research aimed at enhancing occupational therapy methodologies tailored specifically for pediatric patients.

Occupational Therapist

River City Rehabilitation Center July 2018 - April 2022 Peoria, IL

Acted as a dedicated Occupational Therapist in a rehabilitation center, concentrating on pediatric patients' mobility and day-to-day functions while partnering closely with families for optimal recovery.

- Evaluated pediatric cases, crafting therapeutic programs that precisely matched children's unique needs with an emphasis on enhancing their mobility and daily living skills.
- Designed specialized interventions for children diagnosed with sensory processing disorders, improving their overall interaction and behavior.
- Educated staff on best practices through engaging training sessions focused on pediatric care resilience and competency.
- Orchestrated family workshops, aimed at empowering caregivers with therapeutic tools and insights regarding milestones and strategies.
- Collaborated dynamically within a fast-paced multidisciplinary environment, ensuring a cohesive approach for each patient's journey.
- Managed diverse caseloads, guaranteeing timely appointments and continuity of care for all young patients involved.

Occupational Therapy Assistant

Lakeside Health System June 2016 - June 2018 Champaign, IL

Supported licensed therapists in delivering comprehensive occupational therapy treatments for children dealing with developmental delays, facilitating essential movement and learning processes.

- Assisted in the execution of individualized treatment plans centered on fostering growth and development among children with challenges.

Evidence-Based Practices

Family Support

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Occupational Therapist at Springfield Children's Hospital (4.2 Years)

● Occupational Therapist at River City Rehabilitation Center (3.8 Years)

● Occupational Therapy Assistant at Lakeside Health System (2 Years)

- Performed initial evaluations by collecting relevant data to steer productive therapy sessions, enhancing practical progress tracking.
- Participated in community health outreach initiatives, advocating wellness strategies for families needing support beyond traditional settings.
- Led group therapy activities that promoted social skills and peer companionship, encouraging inclusive interactions within therapy settings.
- Maintained equipment rigorously, affirming safety and readiness for therapy sessions and contributing to efficient operational standards.
- Brought regular insights to team meetings, highlighting developments in patient responses and sharing innovative practices.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois (2015, 2016)
- Excellence in Pediatric Care Award, Springfield Children's Hospital (2023)

EDUCATION

Bachelor's Degree in Occupational Therapy

University of Illinois 🎓 GPA: 3.8 📅 2016 📍 Champaign, IL

Coursework: Human Development, Pediatric Rehabilitation, Mental Health Interventions, Community Health

CERTIFICATIONS

- BLS Certification 📅 2020
- Florida State Occupational Therapist License 📅 2021

TECHNICAL SKILLS

- **Therapy Assessments:** Standardized Tests, Behavioral Assessment Tools, Clinical Interviews
- **Treatment Modalities:** Sensory Integration Techniques, Motor Skills Intervention, Play Therapy
- **Documentation Software:** EMR Systems, TherapyWare, Clinicient
- **Patient Management Tools:** Therapists' Dashboard, Electronic Records, Scheduling Software
- **Health Promotion Techniques:** Health Education Workshops, Nutrition Counseling, Family Engagement
- **Regulatory Compliance:** HIPAA Standards, Evidence-Based Practice Guidelines, Professional Ethics
- **Technology Utilization:** Telehealth Platforms, Mobile Apps for Home Activities, Therapy Equipment
- **Child Development Insights:** Development Milestones, Growth Patterns, Environmental Influences
- **Crisis Intervention Strategies:** Safety Protocols, De-escalation Techniques, Emergency Procedures
- **Community Outreach Programs:** Educational Screenings, Public Health Initiatives, Event Coordination

PROFESSIONAL AFFILIATIONS

- Member, Illinois Occupational Therapy Association
- Volunteer, Local Health Fair, providing pediatric screenings and education

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST