

Freya Vazquez

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SUMMARY

Compassionate and skilled Registered Nurse with over two years of experience in neonatal intensive care environments. Demonstrated expertise in managing critical care for infants and providing high-quality patient assessments, planning, and coordination. Certified in AHA BLS and NRP, with a strong focus on delivering individualized care to meet patients' needs. Proven ability to thrive in fast-paced settings, maintaining composure under pressure while effectively collaborating with multidisciplinary teams. Eager to embrace new opportunities within CareLink Health Services to enhance flexibility and contribute to impactful patient care within NICU.

EXPERIENCE

NICU Registered Nurse January 2025 - Present
CareLink Health Services Chicago, IL

Provide specialized nursing care to critically ill neonates, ensuring adherence to best practice protocols and safety standards. This role demands precision and dedication, supporting vulnerable patients during their critical stages of development.

- Assess and monitor vital signs, administer medications, and execute tailored therapeutic interventions for individual patient needs.
- Collaborate with healthcare professionals to create and implement comprehensive care plans prioritizing patient safety.
- Participate in bedside procedures, including intubation and central line placements, demonstrating proficiency with ventilators and other critical equipment.
- Educate families on infant care practices and comprehensive discharge planning, improving patient satisfaction significantly.
- Maintain accurate documentation in electronic health records, complying with all regulatory standards.
- Actively engage in interdisciplinary rounds to ensure coordinated patient-centered care.

Registered Nurse June 2024 - December 2024
Lakeside Medical Center Chicago, IL

Delivered high-quality nursing care in a bustling Neonatal Intensive Care Unit, adeptly managing a diverse population with complex medical needs. Focused on fostering safe healing environments while enhancing team communications.

- Conducted detailed patient assessments and collaborated with healthcare teams to thoughtfully adjust care plans based on shifting patient conditions.
- Assisted in neonatal resuscitation and stabilization efforts, consistently applying advanced critical care techniques and protocols.
- Provided emotional support and education to families, addressing concerns about their infant's condition with compassion and clarity.
- Monitored medication, fluid, and nutrition management for all patients, ensuring vigilant observation leading to optimal health outcomes.
- Pursued continuous professional development initiatives, both enhancing and updating clinical skills focused on neonatal care.
- Worked closely with pharmacy and dietetics to align medication and nutrition strategies relevant to each patient's specific requirements.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2022-2024
- Recipient of the Nursing Excellence Scholarship, 2023

EDUCATION

Bachelor's Degree in Nursing 2024
University of Illinois at Chicago GPA: 3.5 Chicago, IL
Coursework: Nursing Fundamentals, Pediatric Nursing, Advanced Medical-Surgical Nursing, Pharmacology

CERTIFICATIONS

- Registered Nurse 2024
- AHA BLS Certification 2025
- NRP Certification 2025

TECHNICAL SKILLS

- Medical Equipment:** Ventilators, CPAP/BIPAP, Incubators
- Healthcare Software:** Epic, Cerner, Meditech
- Regulatory Compliance:** HIPAA, AORN Standards, OSHA Guidelines
- Emergency Care Protocols:** Neonatal Resuscitation, Stabilization Procedures, Medication Administration

- **Communication Tools:** Microsoft Teams, Zoom, Email
- **Patient Management Systems:** EHR Navigation, Scheduling, Reporting
- **Continuous Education:** CPR Training, Advanced NICU Workshops, Nursing Conferences
- **Patient Safety Initiatives:** Care Coordination, Fall Prevention, Infection Control
- **Data Management:** Patient Records, Quality Improvement Audits, Clinical Review
- **Health Informatics:** Data Entry, Patient Tracking, Information Exchange

SKILLS

- Neonatal Intensive Care
- Patient Assessment
- Critical Care Techniques
- Family Education
- Electronic Health Records
- Team Collaboration

PROFESSIONAL AFFILIATIONS

- Member, Student Nursing Association
- Volunteer, Chicago Children's Hospital, NICU Support Program

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST