

# Freya Vazquez

## NICU Registered Nurse

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### STRENGTHS

- Critical Thinking**  
Applied critical thinking skills to assess complicated patient situations, yielding better real-time decisions during emergency events.
- Patient Advocacy**  
Became a trusted advocate for family concerns, which led to robust trust-building between parents and healthcare providers.
- Team Collaboration**  
Created a supportive environment among colleagues which fostered open communication, making teamwork essential during challenging care scenarios.
- Emotional Support**  
Provided comfort to anxious families during hospital visits, facilitating difficult discussions regarding infant care and recovery processes.
- Effective Communication**  
Engaged clearly with families and teammates alike, ensuring everyone's voices were valued in care decisions.

### SKILLS

Neonatal Intensive Care

Patient Assessment

Critical Care Techniques

Family Education

Electronic Health Records

Team Collaboration

### LANGUAGES

English Native

Spanish Proficient

### SUMMARY

Compassionate and skilled Registered Nurse with over two years of experience in neonatal intensive care environments. Demonstrated expertise in managing critical care for infants and providing high-quality patient assessments, planning, and coordination. Certified in AHA BLS and NRP, with a strong focus on delivering individualized care to meet patients' needs. Proven ability to thrive in fast-paced settings, maintaining composure under pressure while effectively collaborating with multidisciplinary teams. Eager to embrace new opportunities within CareLink Health Services to enhance flexibility and contribute to impactful patient care within NICU.

### EXPERIENCE

#### NICU Registered Nurse

CareLink Health Services January 2025 - Present Chicago, IL

Provide specialized nursing care to critically ill neonates, ensuring adherence to best practice protocols and safety standards. This role demands precision and dedication, supporting vulnerable patients during their critical stages of development.

- Assess and monitor vital signs, administer medications, and execute tailored therapeutic interventions for individual patient needs.
- Collaborate with healthcare professionals to create and implement comprehensive care plans prioritizing patient safety.
- Participate in bedside procedures, including intubation and central line placements, demonstrating proficiency with ventilators and other critical equipment.
- Educate families on infant care practices and comprehensive discharge planning, improving patient satisfaction significantly.
- Maintain accurate documentation in electronic health records, complying with all regulatory standards.
- Actively engage in interdisciplinary rounds to ensure coordinated patient-centered care.

#### Registered Nurse

Lakeside Medical Center June 2024 - December 2024 Chicago, IL

Delivered high-quality nursing care in a bustling Neonatal Intensive Care Unit, adeptly managing a diverse population with complex medical needs. Focused on fostering safe healing environments while enhancing team communications.

- Conducted detailed patient assessments and collaborated with healthcare teams to thoughtfully adjust care plans based on shifting patient conditions.
- Assisted in neonatal resuscitation and stabilization efforts, consistently applying advanced critical care techniques and protocols.
- Provided emotional support and education to families, addressing concerns about their infant's condition with compassion and clarity.
- Monitored medication, fluid, and nutrition management for all patients, ensuring vigilant observation leading to optimal health outcomes.
- Pursued continuous professional development initiatives, both enhancing and updating clinical skills focused on neonatal care.
- Worked closely with pharmacy and dietetics to align medication and nutrition strategies relevant to each patient's specific requirements.

### LEADERSHIP & AWARDS

- Dean's List, University of Illinois at Chicago, 2022-2024
- Recipient of the Nursing Excellence Scholarship, 2023

### EDUCATION

#### Bachelor's Degree in Nursing

University of Illinois at Chicago GPA: 3.5 2024 Chicago, IL

## MY CAREER

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● NICU Registered Nurse at CareLink Health Services (1.4 Years)

● Registered Nurse at Lakeside Medical Center (6 Months)

**Coursework:** *Nursing Fundamentals, Pediatric Nursing, Advanced Medical-Surgical Nursing, Pharmacology*

## CERTIFICATIONS

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- Registered Nurse 📅 2024
- AHA BLS Certification 📅 2025
- NRP Certification 📅 2025

## TECHNICAL SKILLS

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- **Medical Equipment:** Ventilators, CPAP/BIPAP, Incubators
- **Healthcare Software:** Epic, Cerner, Meditech
- **Regulatory Compliance:** HIPAA, AORN Standards, OSHA Guidelines
- **Emergency Care Protocols:** Neonatal Resuscitation, Stabilization Procedures, Medication Administration
- **Communication Tools:** Microsoft Teams, Zoom, Email
- **Patient Management Systems:** EHR Navigation, Scheduling, Reporting
- **Continuous Education:** CPR Training, Advanced NICU Workshops, Nursing Conferences
- **Patient Safety Initiatives:** Care Coordination, Fall Prevention, Infection Control
- **Data Management:** Patient Records, Quality Improvement Audits, Clinical Review
- **Health Informatics:** Data Entry, Patient Tracking, Information Exchange

## PROFESSIONAL AFFILIATIONS

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- Member, Student Nursing Association
- Volunteer, Chicago Children's Hospital, NICU Support Program

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST