

Thao Walton

Registered Nurse, Long Term Care

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Arvada, CO 80003

STRENGTHS

- Resident Advocacy**
Listened closely during difficult changes, then connected resident preferences with safer daily care.
- Clinical Assessment**
Focused assessment helped identify subtle changes early, giving physicians and staff useful direction.
- Medication Safety**
Used medication rights and clear exception notes during busy shifts, keeping follow up visible.
- Team Communication**
Families and clinicians received timely updates, and peers sought help with complex resident concerns.
- Staff Support**
Orientation became practical and calm, with newer nurses learning unit routines through real examples.

SKILLS

- Long term care

Skilled nursing

Dementia care

PTSD informed support

Clinical assessment

Medication administration

Electronic documentation

Infection control

Fall prevention

Skin integrity

Diabetic protocols

Elder Justice Act

Quality assurance

Family communication

Resident safety

SUMMARY

Registered Nurse with five years of progressive clinical experience, including more than three years serving older adults in skilled nursing, **long term care**, rehabilitation, dementia care, and secure memory support. Completes admission and daily assessments, maintains **electronic documentation**, administers medications and treatments using medication rights, and responds to changes in symptoms, vital signs, laboratory findings, and functional status. Applies standard precautions, infection control, fall prevention, skin integrity measures, diabetic protocols, safe transfers, and positioning equipment. Communicates clearly with residents, families, physicians, pharmacy teams, and colleagues. Supports quality reviews, care conferences, protocol development, **new employee orientation**, and resident centered safety. Active **Colorado RN license** and current CPR certification support dependable care across day, evening, night, weekend, and holiday schedules.

EXPERIENCE

Registered Nurse, Long Term Care

Aspen Grove Skilled Nursing

May 2023 - Present

Westminster, CO

- Leads daily nursing care for long term and rehabilitation residents, supporting assessment, medication administration, electronic records, safety interventions, clinical communication, quality review, and unit orientation.
- Coordinated rehabilitation care plans with residents, families, physicians, and pharmacy teams.
 - Completed **admission assessments** and daily reviews within electronic health records.
 - Administered **medications** using **five rights** and documented exceptions for follow up.
 - Applied fall prevention, skin integrity, transfer, positioning, and **infection control** measures.
 - Communicated resident changes through focused assessments, **vital signs, symptoms**, and laboratory findings.
 - Reviewed care records and oriented newer staff to dependable unit practices.

Registered Nurse, Skilled Nursing

Front Range Rehabilitation Center

July 2021 - April 2023

Wheat Ridge, CO

- Delivered **skilled nursing** for post acute and long term residents, with focus on clinical assessment, medication and treatment records, cognitive support, safe equipment use, care conferences, and diabetic protocols.
- Delivered post acute nursing care for rehabilitation and long term **residents**.
 - Monitored **vital signs**, symptoms, laboratory results, and functional changes during recovery.
 - Maintained electronic medication and treatment records with timely clinical updates.
 - Used **standard precautions, equipment cleaning**, waste disposal, and safe supply practices.
 - Supported residents with cognitive impairment through structured, respectful communication.
 - Contributed to care conferences covering falls, medications, and **diabetic protocols**.

LEADERSHIP & AWARDS

- Recognized for dependable resident care during rehabilitation and long term nursing assignments.
- Selected to orient newer staff and share practical unit procedures with peers.
- Trusted to contribute clinical observations during care reviews and resident conferences.

EDUCATION

Bachelor's Degree in Nursing

Metropolitan State University of Denver

GPA: 0

2021

Denver, CO

Coursework: Adult health nursing, pharmacology, health assessment, community health nursing

LANGUAGES



MY CAREER



- Registered Nurse, Long Term Care at Aspen Grove Skilled Nursing (3.3 Years)
- Registered Nurse, Skilled Nursing at Front Range Rehabilitation Center (1.8 Years)

CERTIFICATIONS

- Colorado Registered Nurse License 📅 2026
- CPR Certification 📅 2026

TECHNICAL SKILLS

- **Nursing Documentation:** Electronic health records, electronic medication records, electronic treatment records
- **Clinical Assessment:** Admission assessment, daily assessment, focused assessment
- **Medication Safety:** Five rights, medication reconciliation, medication interaction review
- **Long Term Care:** Skilled nursing, rehabilitation nursing, dementia care
- **Infection Prevention:** Standard precautions, equipment cleaning, waste disposal
- **Resident Safety:** Fall prevention, skin integrity, transfer equipment
- **Diabetes Care:** Diabetic protocols, glucose monitoring, treatment documentation
- **Clinical Communication:** Physician notification, family communication, pharmacy coordination
- **Quality Review:** Care audits, quality assurance, compliance review
- **Staff Development:** New employee orientation, continuing education, protocol support
- **Licensure And Screening:** Colorado RN license, CPR certification, vulnerable adult screening
- **Care Coordination:** Care planning, care conferences, interdisciplinary communication

PROFESSIONAL AFFILIATIONS

- Colorado nursing community, ongoing connection through active RN practice and resident care.
- Skilled nursing care teams, ongoing collaboration across rehabilitation, dementia, and long term services.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST