



Ariya Harmon

Nurse Practitioner

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SUMMARY

Compassionate Nurse Practitioner excelling in primary, acute, and chronic care. Experience conducting thorough assessments, creating treatment plans, and educating families on health management. Advocates disease prevention while promoting healthy choices. Committed to ongoing professional growth and team support through collaboration and mentorship. Proven ability to maintain accurate records, interpret diagnostic tests, and deliver quality patient care. Eager to join HealthPlus Medical Group, leveraging expertise to enhance community health and well-being for diverse populations throughout Arizona.

EXPERIENCE

Nurse Practitioner

HealthFirst Clinic 📅 June 2025 - Present 📍 Tucson, AZ

Serve as a Nurse Practitioner providing comprehensive healthcare services, supporting patient wellness initiatives across diverse populations. Collaborate with multidisciplinary teams to devise effective treatment protocols enhancing overall patient outcomes.

- Conduct detailed physical examinations, gathering thorough medical histories from patients.
- Analyze diagnostic tests such as lab results, X-rays, ensuring informed clinical decisions.
- Diagnose health conditions, formulating tailored treatment plans focused on individual needs.
- Prescribe appropriate medications and therapies adhering to regulatory standards.
- Effectively document patient interactions, maintaining compliance with healthcare practices.
- Educate patients and families about health management and preventive measures.

Nurse Practitioner Intern

CareWell Health Services 📅 January 2025 - May 2025 📍 Phoenix, AZ

Assisted in delivering high-quality patient care within a clinical environment, gaining hands-on experience crucial for independent practice. Supported expert practitioners in formulating patient-specific care strategies leading to improved patient health outcomes.

- Evaluated patients through controlled physical exams and health history analysis under supervision.
- Participated in ordering diagnostic tests, interpreting results to inform care processes.
- Collaborated with healthcare professionals focusing on how to address chronic disease effectively.
- Engaged patients with educational efforts around disease prevention and lifestyle improvements.
- Joined interdisciplinary discussions, contributing insights that shaped treatment decisions.
- Maintained accurate patient records, facilitating a smooth workflow within clinic operations.

LEADERSHIP & AWARDS

- Dean's List, University of Arizona, 2024 - 2026
- Nursing Excellence Award, University of Arizona, 2025

EDUCATION

Master's Degree in Nursing

University of Arizona 🎓 GPA: 3.8 📅 2026 📍 Tucson, AZ

Coursework: Clinical Practice, Patient Care, Advanced Pathophysiology, Healthcare Systems

CERTIFICATIONS

- Certified Nurse Practitioner 📅 2026
- Basic Life Support (BLS) 📅 2026

STRENGTHS

- 🗣️ **Empathetic Communication**
Successfully built patient trust by communicating clearly during consultations.
- 👥 **Collaborative Spirit**
Actively engaged with multi-disciplinary teams, contributing positively to shared goals.
- 🛡️ **Patient Advocacy**
Vigorously championed patient wellness, emphasizing disease prevention and health education.
- 🎓 **Clinical Expertise**
Developed advanced clinical skills leading to accurate diagnoses and effective treatments.
- 📖 **Continuous Learning**
Pursues ongoing professional development, integrating current best practices into daily care.

SKILLS

- Patient Assessment
- Chronic Disease Management
- Health Education
- Team Collaboration
- Diagnostic Testing
- Record Management
- Health Promotion
- Physical Examination Skills
- Professional Development
- Patient Communication

Ethical Decision-Making

Clinical Protocols

Regulatory Knowledge

Interdisciplinary Collaboration

Medication Therapy

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Nurse Practitioner at HealthFirst Clinic (1.1 Years)

● Nurse Practitioner Intern at CareWell Health Services (4 Months)

TECHNICAL SKILLS

- **Healthcare Software:** Epic, Cerner, Allscripts
- **Medical Imaging Tools:** MRI, CT Scan, Ultrasound
- **Laboratory Technologies:** CBC, Chem Panels, Rapid Tests
- **Patient Management Systems:** AthenaHealth, MediClinic, Practice Fusion
- **Communication Tools:** Slack, Microsoft Teams, Zoom
- **Telehealth Platforms:** Teladoc, Doxy.me, Amwell
- **Diagnostic Equipment:** Blood Glucose Meters, ECG Machines, Pulse Oximeters
- **EHR/EMR Tools:** NextGen, Kareo, DrChrono
- **Continuing Education Resources:** UpToDate, Medscape, CE Direct
- **Emergency Response Systems:** Code Blue Alerts, Resuscitation Equipment, AED

PROFESSIONAL AFFILIATIONS

- President, Nursing Student Association, University of Arizona, 2025
- Volunteer, Tucson Community Health Fair, 2025

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST