

Claire Villarreal

Nurse Specialist, Homeless Health Services

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📍 Louisville, KY 40204

STRENGTHS

- 👥 **Community Outreach**
Field assessments and follow up planning kept care connected across shelters, clinics, and low resource settings.
- ♥️ **Calm De escalation**
Distressed encounters became safer through clear boundaries, trauma informed language, and steady clinical judgment.
- 🔗 **Referral Ownership**
Closed loop referrals gave medical and social partners a clearer path for patients needing several services.
- ♥️ **Clinical Documentation**
Care plans, case notes, and chart reviews supported continuity when teams and locations changed.
- 📖 **Patient Education**
Plain language teaching helped patients act on medication, infection prevention, screening, and follow up guidance.

SKILLS

Community Health Nursing

Homeless Outreach

Clinical Case Management

Patient Assessment

Trauma Informed Care

Behavioral Health Referrals

Patient Education Blood Draws

Specimen Collection

Electronic Health Records

Quality Review

Clinical Documentation

Universal Precautions

SUMMARY

Registered Nurse with six years of progressive experience providing **mobile nursing care**, community outreach, outpatient services, and **clinical case management** for adults experiencing homelessness or housing instability. Delivers independent nursing assessments, medication reconciliation, wound checks, blood draws, specimen collection, **point of care testing**, patient transfers, and chronic disease support across shelters, clinics, and low resource settings. Builds practical connections with medical, behavioral health, housing, substance use treatment, benefits, and social service partners. Maintains accurate electronic health records, case management notes, follow up plans, quality review findings, and referral tracking. Uses **trauma informed communication**, universal precautions, de escalation, patient education, and emergency response workflows during difficult encounters, severe weather, communicable disease response, and changing outreach schedules.

EXPERIENCE

Community Health RN

Riverbend Community Care 📅 June 2023 - Present 📍 Louisville, KY

Leads mobile nursing care for adults experiencing homelessness or housing instability across shelters, outreach sites, and clinic settings. Owns clinical assessments, case management, referrals, documentation quality, patient education, and emergency response coordination while partnering with multidisciplinary teams.

- Managed mobile caseloads through assessments, **medication reconciliation**, **wound checks**, and follow up planning at shelters.
- Coordinated medical, behavioral health, substance use, housing, and benefits referrals with closed loop electronic records.
- Performed **blood draws**, **specimen collection**, vital signs, point of care testing, and field supply preparation safely.
- De escalated distressed encounters using trauma informed communication, clear boundaries, and safety planning during outreach.
- Reviewed charts for completeness, follow up status, and care plan consistency before **quality review** conferences.
- Supported severe weather and **communicable disease response** through extended outreach, exposure screening, and public health coordination

Public Health Registered Nurse

Open Door Wellness Network 📅 August 2020 - May 2023 📍 Lexington, KY

Delivered **outpatient** nursing and case management for uninsured and underinsured adults with complex medical and social needs. Served as a charge resource during selected clinic sessions, supported newer nurses, and maintained safe continuity when staffing or patient volume shifted.

- Delivered focused assessments, preventive care, chronic condition education, and case management for underserved adults.
- Built referral pathways with **shelters**, food programs, behavioral health providers, pharmacies, and specialty clinics.
- Interpreted laboratory results and clinical reports, escalating abnormal findings and reinforcing follow up instructions.
- Prepared examination areas, specialized equipment, infection control supplies, and safe transfers for mobility limited patients.
- Created plain language education materials covering adherence, infection prevention, screening, and community resources.
- Served as charge resource, prioritizing urgent concerns and supporting newer nurses during changing clinic demand

Registered Nurse

Bluegrass Community Clinic 📅 September 2018 - July 2020 📍 Frankfort, KY

De escalation

Public Health Response

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



Community Health RN at Riverbend Community Care (3.2 Years)

Public Health Registered Nurse at Open Door Wellness Network (2.8 Years)

Registered Nurse at Bluegrass Community Clinic (1.8 Years)

Provided direct outpatient nursing care in a safety net clinic serving underserved adults. Managed intake, routine procedures, documentation, care coordination, patient concerns, infection control, and referrals across rotating medical and social service teams.

- Provided intake assessments, immunization review, basic procedures, and care coordination for underserved adults.
- Maintained timely charts covering assessments, interventions, education, **referrals**, and unresolved follow up needs.
- Used calm communication to address complaints, explain care plans, and support patients with behavioral symptoms.
- Coordinated transportation, pharmacy, specialty care, and social service referrals through detailed case notes.
- Applied infection control procedures during **specimen collection** and routine tasks in busy clinic sessions.
- Reviewed nursing guidance and public health information, preparing concise staff updates on infection prevention

PROJECTS

Mobile Outreach Care Coordination 📅 2025

Connected field nursing assessments with medical, behavioral health, housing, and benefits referrals through clear case notes and follow up tracking. Shared goals with community partners kept care moving after each outreach encounter.

Severe Weather Health Response 📅 2024

Supported extended outreach, exposure screening, patient education, and rapid coordination during severe weather and communicable disease response. Steady communication helped protect access for people with limited support.

LEADERSHIP & AWARDS

- Recognized as a dependable case owner during mobile outreach and multidisciplinary care coordination.
- Selected as a charge resource for urgent prioritization, nurse support, and clinic continuity.
- Trusted to support severe weather response, communicable disease activities, and changing outreach schedules.

EDUCATION

Bachelor of Science in Nursing

University of Louisville 🎓 GPA: 0 📅 2018 📍 Louisville, KY

Coursework: Community health nursing, Public health nursing, Clinical assessment, Behavioral health care

CERTIFICATIONS

- Registered Nurse License, Kentucky 📅 2018
- Basic Life Support, American Heart Association 📅 2026
- CPR Certification 📅 2026
- Valid Driver's License 📅 2026

TECHNICAL SKILLS

- **Nursing Care:** RN assessment, medication reconciliation, wound checks
- **Outreach Settings:** Shelters, parks, encampments
- **Clinical Procedures:** Blood draws, specimen collection, patient transfers
- **Testing Practices:** Point of care testing, laboratory procedures, test interpretation
- **Documentation Systems:** Electronic health records, case notes, care plans
- **Safety Practices:** Universal precautions, infection control, exposure screening
- **Communication Methods:** Trauma informed care, patient counseling, de escalation
- **Referral Services:** Medical referrals, behavioral health, housing navigation
- **Emergency Operations:** Severe weather response, public health emergencies, on call coverage

- **Quality Processes:** Quality review, chart audits, documentation review

PROFESSIONAL AFFILIATIONS

- Community health nursing practice focused on underserved adults, outreach access, and practical care coordination.
- Professional collaboration with behavioral health, housing, public health, pharmacy, and social service partners.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST