

Kehlani Morrow

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SUMMARY

Nutritional Educator with five years of **community nutrition** experience supporting women, infants, children, and families through assessment, counseling, education, and outreach. Bachelor of Science in Nutrition supports practical work with **dietary intake** review, anthropometric measurement, growth chart interpretation, nutrition risk documentation, **individualized care planning**, **breastfeeding promotion**, and participant centered education. Experience includes WIC aligned workflows, electronic records, high risk referrals, therapeutic product considerations, healthcare provider coordination, group lessons, food demonstrations, visual aids, and community presentations. Clear communication helps translate nutrition guidance into culturally respectful actions for low income and high risk populations. Reliable in person service includes accurate documentation, demanding caseload timelines, outreach, valid Tennessee driver licensing, and support for time sensitive public health operations.

EXPERIENCE

Nutrition Educator July 2024 - Present
East Ridge Family Nutrition Center *Knoxville, TN*

- Manage family nutrition caseloads across assessments, dietary reviews, measurements, care planning, electronic records, provider coordination, education, and community outreach. Support routine and high risk participants through accurate documentation and practical nutrition guidance.
- Manage family caseloads through nutrition assessments, dietary reviews, measurements, and documented risk findings.
 - Develop individualized care plans for routine and **high risk participants** using practical **nutrition interventions**.
 - Maintain electronic encounter records and growth chart information for accurate participant follow up.
 - Coordinate complex nutrition questions with **healthcare providers**, supporting timely decisions for participant care.
 - Deliver **nutrition lessons** and recipe demonstrations with **visual aids** for accessible family education.
 - Conduct **outreach** at community partner sites, connecting families with nutrition resources and referrals.

Community Nutrition Specialist June 2022 - June 2024
Volunteer Community Wellness Network *Maryville, TN*

- Supported **community nutrition** services through intake interviews, dietary screening, standardized measurements, confidential electronic records, breastfeeding promotion, education materials, presentations, and resource referrals. Built trust with families while keeping information clear and usable.
- Conducted intake interviews and dietary screenings, identifying **education** priorities for community participants.
 - Obtained **weights** and **measurements** using standardized procedures during supervised nutrition service sessions.
 - Created infant feeding and family meal planning materials for practical participant education.
 - Maintained confidential electronic records, supporting dependable documentation and continuity of service.
 - Facilitated **breastfeeding promotion** conversations with respectful guidance for families and caregivers.
 - Delivered community presentations and resource referrals, strengthening access to local support.

Nutrition Program Coordinator September 2021 - May 2022
Lakeside Community Health Collaborative *Oak Ridge, TN*

- Supported supervised nutrition screening and education operations across meal pattern review, participant materials, encounter documentation, appointment coordination, outreach scheduling, and partner communication. Helped keep services organized, welcoming, and complete.
- Supported supervised nutrition screening and education for community health program participants.
 - Reviewed meal patterns to identify clear education priorities for follow up sessions.
 - Prepared balanced meal, child nutrition, and food safety materials for participant learning.
 - Entered encounter notes and checked record completeness before scheduled program reviews.
 - Coordinated appointment materials and **outreach** schedules across staff and community partners.
 - Built rapport with participants and community partners through clear, respectful **communication**.

PROJECTS

Community Breastfeeding Education 📅 2024
Created participant friendly breastfeeding education sessions with visual materials and practical discussion prompts. Families received clearer guidance for everyday feeding questions and community support options.

Family Meal Planning Outreach 📅 2023
Prepared accessible family meal planning materials for community presentations. Content connected balanced meals, child nutrition, food safety, and realistic household routines.

LEADERSHIP & AWARDS

- Recognized by community nutrition colleagues for dependable participant communication and thoughtful education support.
- Selected by program teams to support outreach presentations, food demonstrations, and family focused learning activities.

EDUCATION

Bachelor's Degree in Nutrition

2021

University of Tennessee, Knoxville GPA: 3.5

Knoxville, TN

Coursework: Nutrition assessment, human anatomy, counseling methods, community nutrition

CERTIFICATIONS

- Valid Tennessee Driver's License 📅 2026
- CPR and AED Certification 📅 2026
- Defensive Driving Training 📅 2025

TECHNICAL SKILLS

- **WIC Systems:** WIC policies, TNWIC, WIC standards
- **Nutrition Assessment:** Dietary intake review, nutrition status, health risk assessment
- **Growth Measurement:** Electronic growth charts, weights, measurements
- **Laboratory Screening:** Hemoglobin checks, hematocrit checks, required intervals
- **Care Planning:** Individualized care plans, nutrition interventions, high risk referrals
- **Breastfeeding Education:** Breastfeeding promotion, infant feeding, caregiver counseling
- **Therapeutic Nutrition:** Therapeutic products, eligibility review, provider consultation
- **Education Delivery:** Nutrition lessons, food demonstrations, visual aids
- **Records Management:** Electronic records, encounter notes, confidential documentation
- **Community Programs:** Community outreach, group activities, resource referrals
- **Instructional Methods:** Participant education, group presentations, interactive teaching
- **Transportation Compliance:** Tennessee driver's license, defensive driving, EVOC

SKILLS

- | | | | |
|------------------------|------------------------------|---------------------------|---------------------------|
| • WIC | • Anthropometric Measurement | • Breastfeeding Promotion | • Dietary Intake Review |
| • TNWIC | • Hemoglobin Checks | • Nutrition Counseling | • Participant Education |
| • Nutrition Assessment | • Hematocrit Procedures | • Therapeutic Products | • Healthcare Coordination |
| • Growth Charts | • Nutrition Care Plans | • Community Outreach | |

PROFESSIONAL AFFILIATIONS

- Community nutrition outreach collaborator supporting family education, referrals, and respectful participant engagement.
- Breastfeeding promotion and family wellness contributor across local education and public health activities.

LANGUAGES

- English (Native)
- Spanish (Beginner)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST