



Anna Rogers

Occupational Therapist

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SUMMARY

Dedicated Occupational Therapist focused on pediatric care and outpatient settings. Holds a California Occupational Therapist License and National Provider BLS certification. Strong track record in evaluating and administering therapy programs that restore function, prevent disability, and enhance quality of life for patients. Experienced in delivering individualized patient-centered care and implementing collaborative treatment strategies. Committed to ongoing professional development and fostering partnerships across healthcare disciplines to optimize rehabilitation outcomes and improve the overall well-being of each patient served.

EXPERIENCE

Occupational Therapist

Healthy Horizons Medical Center 📅 June 2024 - Present 📍 Lakewood, CA

Tasked with managing occupational therapy services within a multidisciplinary team, providing patient evaluations and personalized therapy plans that enhance functional capabilities and independence.

- Developed and executed targeted therapeutic programs designed for pediatric patients, leading to improved motor skills and adaptive techniques.
- Collaborated across various disciplines including physicians and nurses to create all-encompassing progress plans, enhancing communication and teamwork.
- Monitored patient progress through consistent evaluations, adjusting treatment protocols based on individual needs and goals to ensure optimal outcomes.
- Actively participated in performance improvement initiatives, streamlining therapeutic procedures and contributing to safety measures across treatments.
- Mentored Occupational Therapy Assistants and students by offering guidance, sharing knowledge, and cultivating a collaborative learning atmosphere.
- Engaged families by teaching home care strategies and facilitating discussions on therapeutic exercises, thus promoting sustained growth and adaptation.

Occupational Therapist

Sunnyvale Rehabilitation Center 📅 August 2022 - May 2024 📍 Sunnyvale, CA

Involved in the implementation of customized rehabilitation programs that cater to individual patient's recovery journey, focusing on restoring as much functionality as possible post-injury or surgery.

- Crafted tailored occupational therapy plans for individuals recovering from rigorous interventions, ensuring a focus on gradual enhancement of functional capacities.
- Led engaging group therapy sessions aimed at fostering social skills and peer support among pediatric clients, building community within care.
- Conducted compliance audits linked to departmental activities, guaranteeing alignment with health and safety regulations to protect patient welfare.
- Applied evidence-based practices frequently to achieve heightened effectiveness in physical intervention strategies and improve patient satisfaction.
- Maintained rigorous documentation reflecting client progress and feedback, supporting effective clinical judgments and care planning.
- worked closely with other therapists to formulate integrated treatment modalities, addressing comprehensive needs of patients for effective healing.

Occupational Therapy Intern

Green Valley Health Clinic 📅 January 2022 - July 2022 📍 San Diego, CA

Gained firsthand experience in assisting certified professionals during comprehensive therapy sessions, gaining vital insights into effective practice models within diverse patient demographics.

- Assisted in the delivery of therapy activities under supervision, enabling clients to meet set short- and long-term goals effectively.

STRENGTHS

- ♥️ **Empathetic patient engagement**
Demonstrated profound ability to connect with patients on emotional levels, encouraging open dialogue and trust.
- 👥 **Team collaboration**
Frequently brought together diverse teams to craft unified care strategies that positively impacted recovery journeys.
- 👤 **Effective mentoring**
Recognized for mentoring junior staff, fostering not only skill enhancement but boosting team morale and capabilities.
- ✅ **Quality assurance**
Contributed significantly to department improvement metrics via detailed oversight and dedication to maintaining standards.
- 🔄 **Adaptive techniques**
Utilized innovative adaptive strategies to customize therapy, recognizing unique patient needs and responding dynamically.

SKILLS

Patient Assessment

Physical Therapy

Multidisciplinary Teamwork

Occupational Therapy

Treatment Planning Pediatric Care

Rehabilitation Techniques

Educational Outreach

Therapeutic Protocols

Documentation Standards

Community Engagement

Safety Compliance

Performance Improvement

Peer Mentoring

Social Skills Development

Client Education

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Occupational Therapist at
Healthy Horizons Medical Center
(2.1 Years)

● Occupational Therapist at
Sunnyvale Rehabilitation Center
(1.8 Years)

● Occupational Therapy Intern
at Green Valley Health Clinic (6
Months)

- Aided licensed therapists in conducting thorough patient assessments, fostering an understanding of effective treatment plan development.
- Participated in workshops focused on innovative therapeutic methodologies, continuously improving practical skills and knowledge.
- Involved directly with patients, reinforcing motivation through interaction and customized engagement in therapeutic tasks.
- Documented patient developments accurately and contributed ideas to modify approaches when necessary for optimized care.
- Played a role in outreach efforts to raise awareness about occupational therapy benefits within local communities, increasing visibility.

LEADERSHIP & AWARDS

- Recipient of 'Outstanding Contribution Award' for exceptional service excellence towards patient care.
- Received 'Employee of the Month' recognition for commitment and high-quality therapy results during critical transitions.

EDUCATION

Master's Degree in Occupational Therapy

University of California, San Diego 🎓 GPA: 3.8 📅 2022 📍 San Diego, CA

Coursework: *Therapeutic Techniques, Patient Evaluation, Treatment Planning, Pediatric Care*

CERTIFICATIONS

- California Occupational Therapist License 📅 2022
- National Provider BLS - American Heart Association 📅 2022

TECHNICAL SKILLS

- **Therapy Assessment Tools:** Ounce Scale, BOT-2, Peabody Developmental Motor Scales
- **Documentation Software:** EMR, TherapyNotes, DocuSign
- **Therapeutic Modalities:** Therapeutic exercises, Sensory integration, Cognitive-behavioral approaches
- **Communication Tools:** Slack, Microsoft Teams, Zoom
- **Continued Education:** WEBINAR, AOTA approved workshops, Evidence-based research journals
- **Compliance Certifications:** HIPAA, OSHA Training, Required Continuing Ed
- **Patient Management Software:** Kareo, PracticeSuite, SimplePractice
- **Outcome Measurement Instruments:** Satisfaction Surveys, Progress Reports, Clinical Pathways
- **Clinical Guidelines:** OTPF, DOTS, NABERS
- **Interdisciplinary Strategies:** Care conferences, Treatment planning meetings, Collaborative Modalities

PROFESSIONAL AFFILIATIONS

- Member of the American Occupational Therapy Association
- Active participant in local healthcare volunteer initiatives focused on community wellness.

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST