

CLARA STRICKLAND

ONCOLOGY AND OUTPATIENT DIETITIAN

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STRENGTHS

- 🍴 **Nutritional Expertise**
Leveraged medical nutrition knowledge to positively influence patient treatment outcomes and overall satisfaction.
- 👥 **Team Collaboration**
Fostered strong relationships within interdisciplinary teams, becoming a valuable resource for colleagues navigating complex cases.
- ✅ **Regulatory Compliance**
Ensured all dietetic practices adhered strictly to regulatory guidelines, maintaining high standards of professional integrity.
- 📖 **Patient Education**
Championed patient education initiatives, empowering patients with the knowledge and skills needed for effective self-management.
- 👤 **Mentorship Skills**
Provided mentorship and guidance to interns and new staff, contributing significantly to their professional growth within the organization.

SKILLS

Medical Nutrition Therapy

Patient Education

Nutritional Assessment

Diet Planning Microsoft Office

Electronic Medical Records

Compliance Standards

Team Collaboration Bariatrics Care

Chronic Disease Management

SUMMARY

Registered Dietitian with over five years of medical nutrition therapy experience, focusing on oncology and outpatient care. Expert in conducting nutrition assessments, implementing dietary modifications, and ensuring patient education. Proven success in increasing patient satisfaction by developing practical nutritional interventions tailored to unique needs. Strong knowledge of regulatory standards and compliance within healthcare settings. Eager to join a dynamic team dedicated to enhancing health outcomes through innovative strategies for patient wellness.

EXPERIENCE

Oncology Dietitian

Wellness Innovations 📅 June 2021 - Present 📍 Appleton, WI

Specializing in oncology nutrition, responsible for delivering personalized medical nutrition therapy within an interdisciplinary team. Regularly engage in quality improvement initiatives, identifying and addressing areas to enhance patient care and satisfaction.

- Facilitated individualized medical nutrition therapy for patients undergoing cancer treatment, providing support and modifying diets according to specific needs.
- Collaborated closely with healthcare teams to create and adapt comprehensive care plans considering each patient's unique challenges and objectives.
- Utilized electronic medical records for tracking patient progress, adjusting dietary recommendations based on assessments, and meeting evolving care requirements.
- Mentored interns and staff in best practices for nutritional management, fostering a culture of learning and continuous improvement throughout the department.
- Participated actively in departmental meetings to contribute insights towards quality assurance and performance enhancement focused on patient experiences.
- Strictly maintained HIPAA compliance and confidentiality standards while managing sensitive information from diverse patient populations.

Clinical Dietitian

Health First Hospital 📅 April 2019 - May 2021 📍 Oshkosh, WI

Focused on developing nutrition care plans for various patient demographics while upholding compliance with state and federal regulations.

- Created tailored nutrition care plans promoting healthy lifestyles for patients undergoing bariatric procedures and managing chronic diseases.
- Conducted engaging nutrition workshops aimed at patient education, emphasizing lifestyle changes for sustainable health improvements.
- Tracked patient progress collaboratively with multidisciplinary healthcare professionals to fine-tune dietary interventions and optimize outcomes.
- Assisted with menu planning and dietary service management, ensuring nutritional adequacy in food selection as per therapeutic diets.
- Pursued continuing education opportunities, staying updated on evidence-based practices in nutrition through relevant webinars and workshops.
- Integrated feedback from patient satisfaction surveys into service improvements, effectively enhancing overall satisfaction within the community.

LEADERSHIP & AWARDS

- Dean's List, University of Wisconsin-Madison, 2018-2021
- Outstanding Dietetics Student Award, 2021

Food Service Management

Quality Improvement

Public Speaking

Counseling Techniques

Therapeutic Diets

Food History Data Review

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Oncology Dietitian at Wellness Innovations (5.1 Years)

● Clinical Dietitian at Health First Hospital (2.1 Years)

EDUCATION

Bachelor's Degree in Dietetics

University of Wisconsin-Madison 🎓 GPA: 3.8 📅 2021 📍 Madison, WI

Coursework: Nutrition Fundamentals, Advanced Medical Nutrition Therapy, Food Service Management, Community Nutrition

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2021
- State Licensed Dietitian, Wisconsin 📅 2021

TECHNICAL SKILLS

- Health Informatics Tools:** Epic, Meditech, Cerner
- Nutrient Analysis Software:** NutriBase, AnalyzeDiets, Nutrionix
- Meal Planning Applications:** MenuCalc, MasterCook, PrepDish
- Microsoft Office Suite:** Word, Excel, PowerPoint
- Patient Management Systems:** Athenahealth, Allscripts, NextGen
- Clinical Nutrition Protocols:** MNT Guidelines, IDNT Framework, Nutrition Care Process
- Assessment Methods:** Nutrition Screening, Biochemical Analysis, Anthropometric Measurements
- Training & Development Tools:** PowerTraining, Skillsoft, Coursera
- Evidence-Based Practices:** Research Articles, Publications, Peer Reviews
- Patient Satisfaction Tools:** Press Ganey, Qualtrics, Patient Portal Surveys

PROFESSIONAL AFFILIATIONS

- American Dietetic Association, Member since 2020
- Wisconsin Dietetic Association, Active Participant

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST