

Clara Strickland

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SUMMARY

Registered Dietitian with over five years of medical nutrition therapy experience, focusing on oncology and outpatient care. Expert in conducting nutrition assessments, implementing dietary modifications, and ensuring patient education. Proven success in increasing patient satisfaction by developing practical nutritional interventions tailored to unique needs. Strong knowledge of regulatory standards and compliance within healthcare settings. Eager to join a dynamic team dedicated to enhancing health outcomes through innovative strategies for patient wellness.

EXPERIENCE

Oncology Dietitian

June 2021 - Present

Wellness Innovations

Appleton, WI

Specializing in oncology nutrition, responsible for delivering personalized medical nutrition therapy within an interdisciplinary team. Regularly engage in quality improvement initiatives, identifying and addressing areas to enhance patient care and satisfaction.

- Facilitated individualized medical nutrition therapy for patients undergoing cancer treatment, providing support and modifying diets according to specific needs.
- Collaborated closely with healthcare teams to create and adapt comprehensive care plans considering each patient's unique challenges and objectives.
- Utilized electronic medical records for tracking patient progress, adjusting dietary recommendations based on assessments, and meeting evolving care requirements.
- Mentored interns and staff in best practices for nutritional management, fostering a culture of learning and continuous improvement throughout the department.
- Participated actively in departmental meetings to contribute insights towards quality assurance and performance enhancement focused on patient experiences.
- Strictly maintained HIPAA compliance and confidentiality standards while managing sensitive information from diverse patient populations.

Clinical Dietitian

April 2019 - May 2021

Health First Hospital

Oshkosh, WI

Focused on developing nutrition care plans for various patient demographics while upholding compliance with state and federal regulations.

- Created tailored nutrition care plans promoting healthy lifestyles for patients undergoing bariatric procedures and managing chronic diseases.
- Conducted engaging nutrition workshops aimed at patient education, emphasizing lifestyle changes for sustainable health improvements.
- Tracked patient progress collaboratively with multidisciplinary healthcare professionals to fine-tune dietary interventions and optimize outcomes.
- Assisted with menu planning and dietary service management, ensuring nutritional adequacy in food selection as per therapeutic diets.
- Pursued continuing education opportunities, staying updated on evidence-based practices in nutrition through relevant webinars and workshops.
- Integrated feedback from patient satisfaction surveys into service improvements, effectively enhancing overall satisfaction within the community.

LEADERSHIP & AWARDS

- Dean's List, University of Wisconsin-Madison, 2018-2021
- Outstanding Dietetics Student Award, 2021

EDUCATION

Bachelor's Degree in Dietetics

2021

University of Wisconsin-Madison GPA: 3.8

Madison, WI

Coursework: Nutrition Fundamentals, Advanced Medical Nutrition Therapy, Food Service Management, Community Nutrition

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2021
- State Licensed Dietitian, Wisconsin 📅 2021

TECHNICAL SKILLS

- **Health Informatics Tools:** Epic, Meditech, Cerner
- **Nutrient Analysis Software:** NutriBase, AnalyzeDiets, Nutrionix
- **Meal Planning Applications:** MenuCalc, MasterCook, PrepDish
- **Microsoft Office Suite:** Word, Excel, PowerPoint
- **Patient Management Systems:** Athenahealth, Allscripts, NextGen
- **Clinical Nutrition Protocols:** MNT Guidelines, IDNT Framework, Nutrition Care Process
- **Assessment Methods:** Nutrition Screening, Biochemical Analysis, Anthropometric Measurements
- **Training & Development Tools:** PowerTraining, Skillsoft, Coursera
- **Evidence-Based Practices:** Research Articles, Publications, Peer Reviews
- **Patient Satisfaction Tools:** Press Ganey, Qualtrics, Patient Portal Surveys

SKILLS

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|-----------------------------|------------------------------|------------------------------|----------------------------|
| • Medical Nutrition Therapy | • Microsoft Office | • Bariatrics Care | • Public Speaking |
| • Patient Education | • Electronic Medical Records | • Chronic Disease Management | • Counseling Techniques |
| • Nutritional Assessment | • Compliance Standards | • Food Service Management | • Therapeutic Diets |
| • Diet Planning | • Team Collaboration | • Quality Improvement | • Food History Data Review |

PROFESSIONAL AFFILIATIONS

- American Dietetic Association, Member since 2020
- Wisconsin Dietetic Association, Active Participant

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST