

VALERIA MEDINA

CERTIFIED OCCUPATIONAL THERAPY ASSISTANT

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STRENGTHS

- 🗨️ **Empathetic Communication**
Cultivated rapport with families by actively listening and responding to their concerns, resulting in improved trust and collaboration.
- 👥 **Team Collaboration**
Played a key role in multidisciplinary team efforts, facilitating impactful interventions and seamless integration of therapy goals.
- 💡 **Patient-Centered Approach**
Focused on children's holistic well-being, ensuring customized strategies that resonate with individual needs and situations, leading to higher satisfaction.
- 🧠 **Creative Treatment Planning**
Designed innovative exercises enriching therapy sessions, keeping children engaged while targeting specific developmental objectives effectively.
- 🎓 **Ongoing Professional Development**
Committed to enhancing expertise through workshops, which translated into practical improvements in therapy delivery and efficiency.

SKILLS

Pediatric Occupational Therapy

Family Education and Support

Therapeutic Play Techniques

Team Collaboration

Patient Evaluation

Documentation and Reporting

Child Development

SUMMARY

Compassionate Certified Occupational Therapy Assistant with over two years in pediatric therapy settings. Adept at conducting evaluations, formulating personalized treatment plans, and collaborating with multidisciplinary teams. Expertise in employing innovative therapeutic techniques to enhance children's motor skills and social engagement. Commitment shines through effective family interactions and ongoing professional development, enhancing overall service quality. Eager to join a mission-driven environment that empowers children and families, relentlessly pursuing better developmental outcomes every day.

EXPERIENCE

Occupational Therapy Assistant

Pediatric Therapy Associates 📅 January 2025 - Present 📍 Portland, OR

As an Occupational Therapy Assistant, supported pediatric patients aged birth to 18. Conducted assessments and implemented treatment strategies to address various needs. Engaged in collaborative care within medical teams, enhancing therapy effectiveness with comprehensive evaluations.

- Conducted thorough evaluations for children with diverse developmental challenges.
- Developed personalized therapy plans fostering motor and cognitive skills.
- Collaborated with medical experts to optimize patient care and progress tracking.
- Engaged families through education on therapy techniques, empowering home-based support.
- Utilized advanced treatment tools to create engaging activities that promote recovery.
- Participated actively in continuous learning, integrating new approaches into therapy sessions.

Occupational Therapy Assistant

Kids Health Center 📅 June 2024 - December 2024 📍 Salem, OR

Worked as an Occupational Therapy Assistant within a pediatric environment, providing services to support children's emotional and physical growth. Contributed to interdisciplinary discussions creating aligned treatment plans tailored to each child's needs.

- Implemented play-based therapy, capturing children's interest and supporting development.
- Contributed insight in team meetings, ensuring cohesive treatment strategies.
- Maintained organized therapy spaces, aligning with safety requirements and hygiene standards.
- Designed group activities that nurtured social interaction among peers.
- Provided valuable resources for families, strengthening involvement in therapy.
- Reported patient advancements comprehensively, recording important metrics for future assessments.

LEADERSHIP & AWARDS

- Dean's List, Portland Community College, 2023
- Outstanding Student Award in Occupational Therapy, 2024

EDUCATION

Associate of Applied Science in Occupational Therapy Assisting

Portland Community College 🎓 GPA: 3.8 📅 2024 📍 Portland, OR

Coursework: *Pediatric Therapy, Therapeutic Techniques, Patient Care, Child Development*

CERTIFICATIONS

- Certified Occupational Therapy Assistant (COTA) 📅 2024

Treatment Planning

Interdisciplinary Cooperation

Equipment Utilization

Communicative Skills

Task Management

Creative Problem Solving

Personalized Care Approaches

Safety Compliance

Group Therapy Facilitation

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Occupational Therapy Assistant at Pediatric Therapy Associates (1.5 Years)

● Occupational Therapy Assistant at Kids Health Center (6 Months)

TECHNICAL SKILLS

- **Therapy Modalities:** Sensorimotor Therapy, Play-Based Therapy, Activity of Daily Living Tools
- **Documentation Software:** Microsoft Word, Occupational Therapy Documentation Tools
- **Communication Tools:** CarePaths, Electronic Health Records (EHR)
- **Assessment Frameworks:** Child Occupational Self-Assessment, BOT-2
- **Therapeutic Equipment:** Therapy Swings, Weighted Blankets, Sensory Toys
- **Regulatory Compliance:** OSHA Guidelines, HIPAA Compliance
- **Access Management Systems:** Patient Registers, Appointment Scheduling Software
- **Group Activity Frameworks:** Social Stories, Group Dynamics Techniques
- **Continuing Education Programs:** Workshops, Online Continuing Education Courses
- **Therapeutic Strategies:** Fine Motor Skill Enhancement, Sensory Integration Strategies

PROFESSIONAL AFFILIATIONS

- Member of the Oregon Occupational Therapy Association, 2025 - Present
- Volunteer at local Children's Hospital, aiding during events and therapy activities

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST