

Valeria Medina

Certified Occupational Therapy Assistant

☎ (503) 555-0123 ✉ valeria.medina@email.com 💻 linkedin.com/in/valeriamedina 📍 1234 Elm Street, Portland, OR 97205

SUMMARY

Compassionate Certified Occupational Therapy Assistant with over two years in pediatric therapy settings. Adept at conducting evaluations, formulating personalized treatment plans, and collaborating with multidisciplinary teams. Expertise in employing innovative therapeutic techniques to enhance children's motor skills and social engagement. Commitment shines through effective family interactions and ongoing professional development, enhancing overall service quality. Eager to join a mission-driven environment that empowers children and families, relentlessly pursuing better developmental outcomes every day.

EXPERIENCE

Occupational Therapy Assistant

Pediatric Therapy Associates 📅 January 2025 - Present 📍 Portland, OR

As an Occupational Therapy Assistant, supported pediatric patients aged birth to 18. Conducted assessments and implemented treatment strategies to address various needs. Engaged in collaborative care within medical teams, enhancing therapy effectiveness with comprehensive evaluations.

- Conducted thorough evaluations for children with diverse developmental challenges.
- Developed personalized therapy plans fostering motor and cognitive skills.
- Collaborated with medical experts to optimize patient care and progress tracking.
- Engaged families through education on therapy techniques, empowering home-based support.
- Utilized advanced treatment tools to create engaging activities that promote recovery.
- Participated actively in continuous learning, integrating new approaches into therapy sessions.

Occupational Therapy Assistant

Kids Health Center 📅 June 2024 - December 2024 📍 Salem, OR

Worked as an Occupational Therapy Assistant within a pediatric environment, providing services to support children's emotional and physical growth. Contributed to interdisciplinary discussions creating aligned treatment plans tailored to each child's needs.

- Implemented play-based therapy, capturing children's interest and supporting development.
- Contributed insight in team meetings, ensuring cohesive treatment strategies.
- Maintained organized therapy spaces, aligning with safety requirements and hygiene standards.
- Designed group activities that nurtured social interaction among peers.
- Provided valuable resources for families, strengthening involvement in therapy.
- Reported patient advancements comprehensively, recording important metrics for future assessments.

LEADERSHIP & AWARDS

- Dean's List, Portland Community College, 2023
- Outstanding Student Award in Occupational Therapy, 2024

EDUCATION

Associate of Applied Science in Occupational Therapy Assisting

Portland Community College 📄 GPA: 3.8 📅 2024 📍 Portland, OR

Coursework: Pediatric Therapy, Therapeutic Techniques, Patient Care, Child Development

CERTIFICATIONS

- Certified Occupational Therapy Assistant (COTA) 📅 2024

TECHNICAL SKILLS

- **Therapy Modalities:** Sensorimotor Therapy, Play-Based Therapy, Activity of Daily Living Tools
- **Documentation Software:** Microsoft Word, Occupational Therapy Documentation Tools
- **Communication Tools:** CarePaths, Electronic Health Records (EHR)
- **Assessment Frameworks:** Child Occupational Self-Assessment, BOT-2
- **Therapeutic Equipment:** Therapy Swings, Weighted Blankets, Sensory Toys
- **Regulatory Compliance:** OSHA Guidelines, HIPAA Compliance
- **Access Management Systems:** Patient Registers, Appointment Scheduling Software

- **Group Activity Frameworks:** Social Stories, Group Dynamics Techniques
- **Continuing Education Programs:** Workshops, Online Continuing Education Courses
- **Therapeutic Strategies:** Fine Motor Skill Enhancement, Sensory Integration Strategies

SKILLS

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| • Pediatric Occupational Therapy | • Patient Evaluation | • Interdisciplinary Cooperation | • Creative Problem Solving |
| • Family Education and Support | • Documentation and Reporting | • Equipment Utilization | • Personalized Care Approaches |
| • Therapeutic Play Techniques | • Child Development | • Communicative Skills | • Safety Compliance |
| • Team Collaboration | • Treatment Planning | • Task Management | • Group Therapy Facilitation |

PROFESSIONAL AFFILIATIONS

- Member of the Oregon Occupational Therapy Association, 2025 - Present
- Volunteer at local Children's Hospital, aiding during events and therapy activities

LANGUAGES

- English (Native)
- Spanish (Proficient)

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST