

Stella Massey

Pediatric Physical Therapist

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STRENGTHS

-  **Effective Communication**
Built rapport effortlessly with children and families, creating a welcoming environment where therapy objectives are clear.
-  **Collaborative Spirit**
Frequent collaborator with interdisciplinary teams, uniting specialists for a cohesive approach toward child-centered care.
-  **Compassionate Care**
Approaches every situation with empathy, ensuring children feel supported and understood throughout their therapy journey.
-  **Innovative Problem Solver**
Thrives on adapting therapy techniques based on real-time feedback, innovating solutions that resonate with families' needs.
-  **Dependable Team Member**
Consistently recognized by teammates as a trusted source for advice and practical solutions concerning pediatric therapies.

SKILLS

- Pediatric Physical Therapy
- Treatment Plan Development
- Family-Centered Care
- Communication and Collaboration
- Documentation and Evaluation
- Adaptive Equipment Training

LANGUAGES

- | | |
|---------|------------|
| English | Native |
| Spanish | Proficient |

SUMMARY

Dedicated Pediatric Physical Therapist with a Doctorate in Physical Therapy and commitment to delivering compassionate, family-centered care. Experienced in developing and implementing personalized treatment plans that enhance children's mobility and functional independence in their natural environments. Proven ability to collaborate with families and interdisciplinary teams to achieve meaningful outcomes. Licensed in Texas and skilled at building trust with children and their families through effective communication and engagement strategies.

EDUCATION

Doctor of Physical Therapy (DPT)

University of Texas at Arlington  GPA: 3.8  2026  Arlington, TX

Coursework: Clinical Practice, Pediatric Therapy, Rehabilitation Techniques, Family Engagement

TECHNICAL SKILLS

- Therapeutic Modalities:** Manual Therapy, Ultrasound Interventions, Electrical Stimulation
- Assessment Tools:** Gait Analysis, Movement Pattern Assessment, Functional Reach Test
- Patient Management Systems:** MedAdept, CareCloud, SimplePractice
- Collaboration Platforms:** Microsoft Teams, Trello, Zoom
- Research Methodologies:** Qualitative Analysis, Surveys, Data Collection
- Documentation Standards:** SOAP Notes, Objective Reporting, Treatment Documentation
- Audiovisual Teaching Aids:** PowerPoint Presentations, Video Demonstrations, Interactive Workshops
- Equipment Proficiency:** Therapy Bands, Balance Boards, Adaptive Devices
- Rehabilitation Protocols:** Post-Surgical Recovery, Injury Prevention, Flexibility Training
- Community Outreach Initiatives:** Health Fairs, School Workshops, Parent Education Sessions

EXPERIENCE

Pediatric Physical Therapy Intern

University Research Lab  June 2025 - Present  Fort Worth, TX

Intern role focusing on individualized pediatric therapy services, supporting assessment, treatment planning, and family engagement. Actively participate in therapy sessions and interprofessional collaboration for enhanced patient outcomes.

- Collaborated with a team of therapists to create individualized treatment plans, enhancing children's mobility and functional outcomes.
- Conducted assessments and documented patient progress, adhering to best practices in pediatric therapy.
- Engaged families during sessions, providing training on exercises and adaptive equipment use to improve home carryover.
- Assisted in community outreach programs educating families about the benefits of pediatric physical therapy.
- Participated in interdisciplinary meetings coordinating patient care, sharing insights on progress to ensure collaborative support.
- Presented novel pediatric therapy techniques at departmental workshop, contributing to team growth and practice enhancement.

Physical Therapy Project Developer

Student Innovation Lab  September 2024 - May 2025  Arlington, TX

Developed innovative project addressing children's gross motor skill development; conducting pilot sessions to gauge effectiveness and involving family participation.

- Created engaging therapy activities aimed at improving gross motor skills; successful pilot sessions yielded increased child participation.

MY CAREER



- Pediatric Physical Therapy Intern at University Research Lab (1.1 Years)
- Physical Therapy Project Developer at Student Innovation Lab (8 Months)
- Child Development Research Assistant at Capstone Project (7 Months)

- Evaluated various therapeutic tools and methods, presenting findings to faculty demonstrating impacts on therapy outcomes.
- Collaborated on comprehensive reports detailing family involvement, emphasizing its importance in effective therapy.
- Facilitated workshops for parents teaching integration of therapy activities into daily routines for improved results.
- Recognized for creative approaches in pediatric care during academic presentations, demonstrating innovation in practice.

Child Development Research Assistant

Capstone Project 📅 January 2024 - August 2024 📍 Dallas, TX

Supported research assessing physical therapy's impact on children with cerebral palsy, involved in data analysis and community engagement for holistic understanding and publication.

- Assisted in researching physical therapy effects on mobility in cerebral palsy patients, gathering critical data for publications.
- Engaged families to gather qualitative feedback on therapy experiences, enriching overall research insights.
- Contributed to designing adaptive equipment ensuring usability meets each child's unique needs.
- Presented significant research findings at local conferences, receiving commendations from professionals in the field.
- Partnered with faculty members to publish work highlighting early intervention significance in pediatric therapy.

LEADERSHIP & AWARDS

- Dean's List, University of Texas at Arlington, 2023-2026
- Recipient of the Physical Therapy Student Excellence Award, 2025

CERTIFICATIONS

- Licensed Physical Therapist 📅 2026

PROFESSIONAL AFFILIATIONS

- Member, Student Physical Therapy Association, 2023-2026
- Volunteer, Local Pediatric Therapy Clinic, 2024-2026

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST