

STRENGTHS

- **Team Collaboration**
Expertly build relationships across departments, resulting in improved patient care and support systems across all cases.
- **Quality Improvement Focus**
Eager involvement in QAPI initiatives showcased commitment towards advancing both individual and systemic improvements patient care methods.
- **Community Engagement**
Regular workshop facilitation led to increased community knowledge regarding sustainable nutrition practices and healthy lifestyle choices, making a positive impact locally.
- **Patient Education Advocate**
Strive continuously to provide education on nutrition-related topics, equipping patients with tools they need for lasting wellness.
- **Mentorship Skills**
Passionately serve as a mentor for aspiring dietitians, nurturing their growth through shared expertise and valuable feedback.

SKILLS

Clinical Nutrition	Pediatric Care
<u>Nutritional Assessment</u>	
<u>Evidence-Based Practice</u>	
<u>Patient Education</u>	
<u>Quality Improvement</u>	
<u>Team Collaboration</u>	
<u>Menu Planning</u>	
<u>Medical Nutrition Therapy</u>	
<u>Health Promotion Strategies</u>	
<u>Nutrition Workshops</u>	

SUMMARY

Dedicated and passionate Registered Dietitian with over four years in clinical nutrition, specializing in pediatric care. Expertise encompasses comprehensive nutritional assessments alongside the development of tailored care plans to advance recovery and enhance health outcomes. Commitment shines through engagement with multidisciplinary teams to promote evidence-based nutrition education and mentorship for dietetic interns. Recognized for fostering community connections by delivering impactful educational initiatives aimed at increasing wellness awareness. Eager to join Morrison Healthcare and contribute to exceptional patient care while developing innovative nutrition strategies.

EXPERIENCE

Pediatric Nutrition Research Assistant

University Research Lab  June 2024 - Present  Louisville, KY

- Supports clinical research efforts in pediatric nutrition by conducting assessments and collaborating effectively with healthcare professionals. Engages actively in quality improvement initiatives, enhancing overall patient care standards.
- Conducted detailed nutritional assessments for pediatric patients, collaborating with interdisciplinary teams to devise personalized care strategies.
 - Created educational resources and organized workshops focused on nutrition and wellness, positively impacting community outreach.
 - Assisted in implementing quality improvement projects that elevated patient care standards and reinforced clinical excellence.
 - Analyzed data collected from nutrition interventions, presenting findings at local health conferences to share insights and best practices.
 - Mentored dietetic interns, offering guidance on clinical methodologies to foster confidence in real-world patient interactions.
 - Participated in professional development activities such as webinars and seminars, staying current with advancements in nutrition science.

Clinical Dietetics Intern

Student Lab  January 2023 - May 2024  Louisville, KY

- Gained hands-on experience in acute care settings, contributing valuable nutritional insights that informed patient meal plans and dietary recommendations.
- Collaborated with healthcare teams during patient rounds, delivering critical nutrition recommendations that supported optimal patient recovery.
 - Crafted and executed individualized dietary plans aligned with unique needs, preferences, and medical conditions of each patient.
 - Partnered with food service staff to improve patient satisfaction, contributing to menu enhancements and delivery processes.
 - Utilized evidence-based research to inform nutrition care tactics, ensuring adherence to up-to-date clinical guidelines.
 - Led educational initiatives for facility staff related to nutrition best practices, cultivating a workplace culture centered around wellness.
 - Engaged in continuous improvement projects addressing clinical nutrition workflows within the facility for enhanced operational efficiency.

LEADERSHIP & AWARDS

- Dean's List, University of Louisville (2022-2024)
- First Place, Annual Nutrition Research Symposium (2023)

EDUCATION

Bachelor's Degree in Nutrition and Dietetics

University of Louisville  GPA: 3.9  2024  Louisville, KY

Food Safety Standards

Community Outreach

Dietary Counseling Data Analysis

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



- Pediatric Nutrition Research Assistant at University Research Lab (2.1 Years)
- Clinical Dietetics Intern at Student Lab (1.3 Years)

Coursework: *Nutritional Biochemistry, Nutrition Science, Medical Nutrition Therapy, Pediatric Nutrition*

CERTIFICATIONS

- Registered Dietitian Nutritionist (RDN) 📅 2024
- Licensed Dietitian in Kentucky (pending) 📅 2026

TECHNICAL SKILLS

- **Nutrition Management Tools:** NutriAdmin, MyFitnessPal, MealLogger
- **Clinical Guidelines:** ADA Standards, AHA Recommendations, Evidence Analysis Library
- **Research Methodologies:** Qualitative Analysis, Quantitative Surveys, Applied Statistics
- **Patient Assessment Systems:** Nutritional Risk Screening, Body Composition Assessment, Eating Disorder Evaluation
- **Food Service Software:** CaterTrax, MealTracker, FoodPro
- **Educational Resources:** Green Light Guides, Nutrition Fact Sheets, Online Learning Platforms
- **Professional Organizations:** Academy of Nutrition and Dietetics, CDR, ASPEN
- **Healthcare Integration Tools:** Epic, Cerner, Meditech
- **Training Programs:** Betty Crocker Institute, ANFP, AFD Training
- **Compliance Standards:** HIPAA, FDA Regulations, CMS Compliance

PROFESSIONAL AFFILIATIONS

- Member, Academy of Nutrition and Dietetics
- Volunteer, Local Food Bank

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST