

# David Johnston

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📍 Kansas City, MO 64106

## SUMMARY

Passionate personal chef with over two years of experience delivering customized meal services. Specialized in creating diverse dishes tailored to individual dietary preferences, including gluten-free and keto options. Proven ability to manage all aspects of meal preparation from recipe study to grocery shopping and ensuring compliance with sanitation regulations. Maintain open communication with clients, adjust menus to meet their needs, and foster enjoyable dining experiences. Eager to bring culinary creativity and a commitment to quality to Culinary Creations Inc., ensuring each client has memorable and delightful meals.

## EXPERIENCE

**Personal Chef** June 2024 – Present  
Home Chef Services St. Louis, MO

Oversee personal chef operations, specialize in custom meal planning to accommodate dietary restrictions and personal tastes. Skilled in managing kitchen safety and hygiene standards while efficiently preparing nutritious meals for clients.

- Crafted personalized meal plans addressing dietary requirements such as dairy-free and gluten-free diets.
- Conducted thorough grocery selection, sourcing fresh ingredients to uphold quality in every dish prepared.
- Ensured kitchen cleanliness by adhering to health regulations, sustaining a safe cooking environment involved in the service.
- Communicated regularly with clients to update menu preferences, customizing experiences based on ongoing feedback.
- Adapted recipes responsively, developing innovative offerings that boosted client return rates significantly.
- Facilitated transition into full-time possibilities as demand increased, demonstrating responsiveness to business growth.

**Private Chef** May 2023 – May 2024  
Gourmet Kitchen St. Louis, MO

Served as private chef at high-profile events, focusing on exquisite meal presentation and superior taste. Collaborated closely with clients to create tailored menus respecting unique dietary limitations and preferences.

- Prepared luxurious cuisines for special occasions, showcasing advanced cooking techniques emphasis on visual appeal.
- Worked alongside clients to conceptualize innovative menus aligning with their preferences and dietary needs.
- Maintained utmost compliance with local health regulations through effective kitchen management practices and inspections.
- Trained and supervised kitchen staff on best practices for equipment and culinary methods, heightening overall team proficiency.
- Instituted time management frameworks, speeding up meal delivery while maintaining product excellence.

## LEADERSHIP & AWARDS

- Best Emerging Chef Award - St. Louis Culinary Association, 2025
- Client Excellence Recognition - Home Chef Services, 2026

## EDUCATION

**Bachelor's Degree in Nutrition** 2025  
University of Missouri GPA: 3.8 Columbia, MO

**Coursework:** Culinary Techniques, Food Safety, Dietary Accommodations, Meal Planning

## CERTIFICATIONS

- ServSafe Food Handler Certification 📅 2025

## TECHNICAL SKILLS

- **Culinary Tools:** Knives, Cooking Utensils, Measuring Devices
- **Cooking Techniques:** Baking, Grilling, Sautéing
- **Food Safety Standards:** HACCP, FDA Regulations, ServSafe Guidelines
- **Nutritional Knowledge:** Dietary Needs, Nutritional Analysis, Healthy Eating Practices
- **Menu Planning Software:** Mealime, Paprika, Plan to Eat
- **Communication Tools:** Email, Phone, Video Calls
- **Inventory Management Tools:** FreshDirect, Instacart, Walmart Grocery
- **Presentation Techniques:** Plating Skills, Garnishing, Theming
- **Sanitation Procedures:** Personal Hygiene, Food Prep Rules, Cleaning Protocols
- **Recipe Development:** Ingredient Substitution, Flavor Pairing, Cultural Cuisine Exploration

**SKILLS**

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- Culinary Techniques
- Dietary Accommodations
- Client Communication
- Meal Planning
- Food Safety
- Grocery Management

**PROFESSIONAL AFFILIATIONS**

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- Member - American Culinary Federation
- Volunteer - Local Food Bank Initiative

**LANGUAGES**

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- English (Native)
- Spanish (Intermediate)

**ADDITIONAL INFORMATION**

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**Work Status** : Authorized to work in United States. No sponsorship required.

**REFERENCES**

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AVAILABLE ON REQUEST