

Riley York

Physical Therapist

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STRENGTHS

-  **Compassionate Care**
Built strong patient relationships grounded in trust and empathy, fostered connections with diverse groups leading to positive patient feedback.
-  **Evidence-Based Innovation**
Employed cutting-edge rehabilitation techniques addressing unique patient challenges, enhancing overall patient engagement throughout treatment.
-  **Collaborative Skills**
Vibrant partnerships with peers and healthcare providers cultivated seamless communication, driving cohesive and successful patient care initiatives.
-  **Holistic Approach**
Focused on complete patient wellness, balancing physiological recovery with emotional support, helping many regain functionality in their lives positively.
-  **Adaptability**
Navigated shifting circumstances in fast-paced environments smoothly. Quick adaptations led to improved efficiency and overcomes obstacles promptly.

SKILLS

- Patient Care
- Rehabilitation Techniques
- Critical Thinking Documentation
- Team Collaboration
- Evidence-Based Practice
- Treatment Planning
- Interpersonal Skills
- Regulatory Compliance
- Time Management

SUMMARY

Dedicated physical therapist focused on patient-centered rehabilitation. Committed to enhancing physical health for diversified patient populations through effective treatment strategies. Skilled at applying critical thinking and judgment to develop individual treatment plans aligned with departmental protocols. Strong advocate for the value of physical therapy within community settings, striving for continuous professional growth and development in all areas of practice. Collaborates effectively with multidisciplinary teams, ensuring comprehensive care tailored to patient needs while documenting progress concise and accurately.

EDUCATION

Bachelor of Science in Physical Therapy
University of Illinois  GPA: 3.8  2026  Chicago, IL
Coursework: Rehabilitation Techniques, Treatment Planning, Evidence-Based Practice, Patient Assessment

TECHNICAL SKILLS

- Therapeutic Modalities:** Ultrasound, Electrical Stimulation, Manual Therapy
- Documentation Software:** Electronic Health Records, Documentation Training Tools, Patient Management Systems
- Assessment Tools:** Standardized Assessments, Functional Capacity Evaluations, Patient Questionnaires
- Communication Tools:** Microsoft Teams, Zoom, Healthcare Communication Platforms
- Professional Development:** Continuing Education Workshops, Certification Courses, Online Learning Platforms
- Patient Education Resources:** Pamphlets, School Programs, Public Health Initiatives
- Team Collaboration Frameworks:** Integrated Care Pathways, Multi-Disciplinary Forums, Monthly Review Meetings
- Regulatory Standards:** HIPAA Compliance, Licensing Board Regulations, Quality Assurance Processes
- Data Analysis Tools:** Statistical Software, Data Collection Instruments, Research Databases
- Workplace Safety Practices:** Infection Control Procedures, Safety Protocols, Ergonomics Training

EXPERIENCE

Physical Therapy Intern
University Project  January 2025 - May 2026  Chicago, IL
Supported patient recovery efforts within a supervised clinical environment. Delivered targeted physical therapy interventions while maintaining high standards of patient care and operational efficiency. Demonstrated critical thinking when crafting individualized rehabilitation plans based on evolving assessments.

- Provided direct patient care focused on tailored rehabilitation methods.
- Constructed personalized treatment plans guided by patient evaluations and department standards.
- Applied evidence-based practices enhancing mobility and overall physical function.
- Partnered with healthcare professionals for unified patient support and effective communication.
- Recorded patient outcomes meticulously, reflecting accuracy in documentation.
- Organized workshops highlighting rehabilitation techniques for patients and families.

Research Assistant
Academic Research  September 2024 - December 2025  Chicago, IL

Contributed actively to numerous research initiatives aimed at understanding physical therapy's impact on patient outcomes. Focused on literature reviews, data collection, and patient interactions to inform ongoing studies for progressive treatments.

Mobility Enhancement

Functional Assessment

Patient Education

Workshop Coordination

Research Methodology

LANGUAGES

English Native

Spanish Intermediate

MY CAREER



● Physical Therapy Intern at University Project (1.3 Years)

● Research Assistant at Academic Research (1.2 Years)

● Team Lead at Capstone Project (3 Months)

- Facilitated ongoing research examining methodologies related to patient recovery processes.
- Conducted thorough literature analyses that supported ethical experimental frameworks.
- Engaged directly with participants during interviews to capture insightful qualitative data.
- Collaborated with leading faculty members showcasing findings at academic forums.
- Dove into regulatory compliance topics informing best practices in context.
- Produced educational materials promoting insights gathered from research activities.

Team Lead

Capstone Project 📅 January 2026 - April 2026 📍 Chicago, IL

Spearheaded a team initiative focused on innovative rehabilitation approaches for elderly patients. Executed detailed patient assessments leading to practically beneficial interventions improving healthcare delivery methods.

- Orchestrated developmental steps for an innovative geriatric rehabilitation program.
- Evaluated patient needs comprehensively and structured adaptable intervention protocols.
- Utilized multiple therapeutic modalities fostering patient participation and enthusiastic recovery efforts.
- Exhibited project results effectively in presentations aligning with academic objectives.
- Drafted extensive reports showcasing methodologies and patient response to treatment.
- Cultivated collaborative dynamics among team members aiming for project success.

LEADERSHIP & AWARDS

- Dean's List, University of Illinois (2024, 2025)
- Recipient of Outstanding Student Award in Physical Therapy (2026)

CERTIFICATIONS

- Licensed Physical Therapist (PT) 📅 2026

PROFESSIONAL AFFILIATIONS

- Member, Physical Therapy Student Association
- Volunteer, Community Health Fair

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST