

LAURA VALENCIA

PHYSICIAN ASSISTANT – FIRST ASSIST

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STRENGTHS

- Patient Advocacy**
Facilitated transparent communications about treatment options, ensuring patients felt valued and empowered throughout their journey.
- Collaboration**
Worked alongside diverse teams of healthcare professionals, optimizing workflows for better patient interactions and outcomes.
- Problem Solving**
Addressed emergent challenges in surgical settings effectively, assuring optimal responses during critical situations.
- Continuous Learning**
Pursued ongoing educational activities, displaying dedication toward upholding best practices in evolving healthcare environments.
- Time Management**
Developed skills in prioritizing tasks in high-pressure environments, ensuring essential patient care interventions occurred timely.

SKILLS

Surgical Assistance

Robotic Surgery | Patient Care

Surgical Protocols

Bilingual: English and Spanish

Team Collaboration

Continuous Learning

Preoperative Assessments

Postoperative Follow-ups

SUMMARY

Compassionate Physician Assistant with four years of surgical experience in diverse fields, including General Surgery and Orthopedics. Successfully assisted in various procedures encompassing robotic surgeries while maintaining a focus on patient care excellence. Demonstrated commitment to continuous learning through mentorship and skill enhancement opportunities within a collaborative environment. Bilingual in English and Spanish, facilitating improved communication with patients from diverse backgrounds. Eager to contribute expertise to an innovative team dedicated to advancing healthcare quality and patient outcomes at HealthPlus Medical Group.

EXPERIENCE

Surgical Physician Assistant

HealthPlus Medical Group | June 2024 - Present | San Diego, CA

In this role, collaborated closely with surgeons in the Operating Room (OR) and Ambulatory Surgery Center (ASC), significantly contributing to over 200 surgical cases across multiple specialties. Enhanced surgical skills, particularly in robotic procedures, leading initiatives that resulted in increased operational efficiency and patient outcomes.

- Assisted in robotic-assisted procedures, driving a significant increase in minimally invasive surgery adoption within the department.
- Conducted comprehensive pre-operative evaluations, ensuring stringent adherence to standard protocols and quality assurance measures.
- Engaged directly with surgical teams to refine procedural approaches and establish best practices, enhancing overall patient satisfaction.
- Regularly attended interdisciplinary meetings for strategy discussions, fostering open communication among medical professionals.
- Mentored junior PAs, facilitating hands-on training sessions and improving their clinical acumen throughout diverse surgical engagements.
- Supported patient education initiatives regarding surgical processes, empowering patients with crucial information for informed consent.

Physician Assistant

Surgical Associates | January 2022 - May 2024 | Los Angeles, CA

Collaborated efficiently with surgical teams across various procedures, gaining insights into complex surgical techniques while improving process efficiency and patient engagement.

- Directly supported over 150 surgeries, leveraging multi-disciplinary collaboration to enhance procedural efficacy and deliver exceptional care.
- Actively participated in quality improvement projects aimed at minimizing complications, achieving measurable reductions in post-surgery incidents.
- Enhanced patient education related to surgical expectations, which led to notable uplifts in feedback scores during assessments.
- Fostered strong relationships with surgical staff by actively engaging in peer discussions around treatment strategies and case studies.
- Contributed valuable research about surgical outcomes, sharing findings in medical conferences to underscore recent advancements.
- Assisted in onboarding new staff to acclimate them to practice protocols, paving the way for a cohesive team dynamic.

Quality Improvement Projects

Research Initiatives Mentoring

Patient Education

Interdisciplinary Communication

Case Presentations

Surgical Techniques

LANGUAGES

English Native

Spanish Proficient

MY CAREER



● Surgical Physician Assistant at HealthPlus Medical Group (2.1 Years)

● Physician Assistant at Surgical Associates (2.3 Years)

LEADERSHIP & AWARDS

- Kudos for Excellence in Patient Care - Awarded for consistently delivering exceptional care standards.
- Mentorship Recognition - Honored as a pivotal contributor in mentoring junior physician assistants within the team.

EDUCATION

Master of Science in Physician Assistant Studies

University of Southern California 🎓 GPA: 3.8 📅 2021 📍 Los Angeles, CA

Coursework: Anatomy, Advanced Pharmacology, Surgical Procedures, Pathophysiology

CERTIFICATIONS

- NCCPA Certification 📅 2021
- California Physician Assistant License 📅 2021

TECHNICAL SKILLS

- **Surgical Tools:** Scalpel, Forceps, Hemostatic Clamps
- **Robotic Systems:** Da Vinci System, EndoWrist Instruments, SI System
- **Medical Software:** EMR, PACS, Surgical Management System
- **Assessment Tools:** Clinical Skill Evaluation, Patient Satisfaction Surveys, Pre-op Checklists
- **Communication Platforms:** Slack, Microsoft Teams, Zoom
- **Training Methods:** Simulation-based Training, Hands-on Workshops, Peer Review Sessions
- **Quality Assurance Standards:** Joint Commission, AORN Guidelines, CMS Regulations
- **Patient Education Materials:** Informational Brochures, Multimedia Resources, Interactive Workshops
- **Professional Associations:** AAPA, ACP, NAACOS
- **Emergency Protocols:** Basic Life Support, Advanced Cardiovascular Life Support, Crisis Management

PROFESSIONAL AFFILIATIONS

- Member, American Academy of Physician Assistants
- Active Contributor, Local Health Outreach Programs

ADDITIONAL INFORMATION

Work Status : Authorized to work in United States. No sponsorship required.

REFERENCES

AVAILABLE ON REQUEST