

# Autumn French

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## SUMMARY

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Dedicated Physician Assistant trained in cardiothoracic surgery with a solid foundation in patient management. Holds a Bachelor of Science in Physical Science, demonstrating both academic excellence and practical skills geared towards high-quality patient advocacy. Experience includes collaborating closely with surgical teams to enhance outcomes and manage postoperative care effectively. Committed to continuous growth with pending NCCPA certification and eligibility from the Pennsylvania State Board. Passionate about improving surgical techniques and patient experiences.

## EXPERIENCE

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### Physician Assistant

June 2025 - Present

HealthFirst Medical Group

Doylestown, PA

Role encompasses comprehensive preoperative assessments and direct surgical assistance in a busy medical group setting. Engages in postoperative monitoring and management, ensuring patient safety while advocating for their needs at every stage of treatment.

- Collaborated with surgeons for thorough preoperative assessments, carefully evaluating patient conditions and needs.
- Provided essential support during surgical procedures, applying extensive knowledge of cardiac anatomy to optimize operational success.
- Monitored patients post-surgery, swiftly identifying complications to implement necessary interventions.
- Led educational sessions with patients detailing surgical processes and recovery protocols, enhancing comfort and understanding.
- Analyzed patient data to forecast surgical outcomes, navigating complexities in decision-making.
- Actively represented patients' interests within the healthcare team, establishing clear communication channels between physicians and families.

### Surgical Assistant

January 2024 - May 2025

CardioCare Institute

Philadelphia, PA

Supported diverse surgical teams within a reputable institute, enhancing procedural efficiency and patient safety throughout various cardiovascular operations.

- Assisted in intricate cardiovascular surgeries, focusing on strict adherence to safety protocols and standards.
- Managed data collection and assessment effectively, contributing significantly to improved surgical practices.
- Conducted thorough patient evaluations, gathering histories critical for precise surgical planning.
- Engaged in postoperative oversight and care management, recognizing and mitigating potential complications proactively.
- Facilitated training sessions for new personnel, instilling best practices in surgical aid and patient care.
- Participated in interdepartmental strategy meetings aimed at developing collaborative care models.

### Clinical Intern

June 2023 - December 2023

Lifeline Medical Center

Pittsburgh, PA

Gained foundational experience in clinical settings supporting multidisciplinary teams in delivering rigorous patient care.

- Contributed effectively to patient assessments alongside healthcare professionals, enriching insights into treatment pathways.
- Shadowed experienced surgeons during key diagnostics, deepening understanding of advanced surgical techniques.
- Assisted in maintaining accurate patient documentation and compliance with healthcare regulations.
- Promoted health literacy through initiatives dedicated to patient education concerning treatment options.
- Engaged in ongoing research focused on advancing surgical efficacy and patient outcome measures.
- Supported community health initiatives that emphasized the importance of preventive care and health awareness.

## LEADERSHIP & AWARDS

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- Dean's List, University of Pennsylvania, 2022-2026
- First Place, Medical Innovation Challenge, 2025

## EDUCATION

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### Bachelor's Degree in Physical Science

2026

University of Pennsylvania GPA: 3.8

Philadelphia, PA

**Coursework:** Cardiovascular Anatomy, Surgical Techniques, Advanced Patient Care, Health Management

## CERTIFICATIONS

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- NCCPA Certification 📅 2026
- Basic and Advanced Cardiac Life Support 📅 2026

## TECHNICAL SKILLS

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- **Medical Software:** EPIC, Cerner, Meditech
- **Surgical Tools:** Scalpel, Cautery, Suturing Kit
- **Clinical Simulation Tools:** SimMan, Ultrasound Simulator, Skills Lab
- **Diagnostic Tools:** ECG, Holter Monitor, Pulse Oximeter
- **Patient Management Systems:** Practice Fusion, Athenahealth, DrChrono
- **Lab Software:** LabCorp, Quest Diagnostics, X-ray Systems
- **Research Tools:** Statistical Analysis Software, AXIS, EndNote
- **Surgical Education Resources:** American Heart Association, Medscape, UpToDate
- **Communication Tools:** Microsoft Teams, Zoom, Slack
- **Regulatory Standards:** HIPAA, OSHA, JCAHO

## SKILLS

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- Patient Advocacy
- Data Analysis
- Research Methodologies
- Healthcare Regulations
- Surgical Assistance
- Interdisciplinary Collaboration
- Procedure Observation
- Surgical Protocol Efficiency
- Postoperative Care
- Clinical Documentation
- Data Collection
- Outcome Monitoring
- Patient Education
- Crisis Management
- Patient History Assessment
- Education Initiatives

## PROFESSIONAL AFFILIATIONS

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- Member, Student Physician Assistant Society, 2023-2026
- Volunteer, Local Health Fair, 2025

## LANGUAGES

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- English (Native)
- Spanish (Intermediate)

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST