

# Natalia Holland

## Physician Assistant

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### STRENGTHS

- 👤 Patient Assessment**  
Proficient in conducting thorough patient assessments, assuring precise diagnostics and personalized care plans.
- 🔗 Treatment Planning**  
Expert in devising tailored treatment plans based on evolving patient needs, ensuring optimum healthcare delivery.
- 👥 Collaboration Skills**  
Recognized for collaborative spirit, frequently engaging successfully with multidisciplinary teams for comprehensive care.
- 📖 Patient Education**  
Devoted to patient education, actively simplifying complex topics for better understanding and compliance.
- 🔬 Diagnostic Expertise**  
Acclaimed for ability to interpret diagnostic tools efficiently, allowing for strategic treatment modifications as needed.

### SKILLS

- Patient Assessment
- Treatment Planning
- Medication Management
- Patient Education
- Team Collaboration
- Electronic Health Records
- Critical Thinking
- Behavioral Interventions
- Laboratory Evaluation
- Preventive Care   Empathy

### SUMMARY

Compassionate and dedicated Physician Assistant specializing in urgent care services with over one year of clinical experience. Highly skilled at assessing patient conditions, developing effective treatment plans, and fostering collaboration among healthcare teams to improve patient outcomes. Holds a Texas license and NCCPA certification, exhibiting strong communication skills paired with a passion for patient education and support. Committed to providing excellent patient-centered care in high-pressure environments while continually enhancing professional expertise through collaboration and ongoing learning.

### EXPERIENCE

#### Physician Assistant

Evergreen Health Services 📅 January 2026 - Present 📍 Irving, TX

Provide comprehensive care to patients in an urgent care clinic, performing diagnostic tests, evaluating treatment efficacy, and maintaining patient records.

- Conduct comprehensive assessments to identify physical and mental health conditions, ensuring timely intervention.
- Perform and interpret diagnostic tests, collaborating with medical professionals to tailor treatment strategies that meet individual patient needs.
- Prescribe medication therapy, advising patients about drug interactions and managing side effects to promote adherence and safety.
- Develop individualized care plans grounded in evidence-based practices and clinical guidelines, improving overall treatment results.
- Educate patients and families on health management, nutrition, and preventive measures to facilitate informed decisions.
- Maintain detailed documentation of treatments and outcomes, guaranteeing compliance with healthcare policies.

#### Physician Assistant

Greenwood Medical Center 📅 January 2025 - December 2025 📍 Fort Worth, TX

Supported patient evaluations and interventions within an urgent care environment, focused on delivering efficient healthcare services.

- Assisted in the management of various patient cases, consistently delivering exceptional care tailored to diverse needs.
- Collaborated closely with physicians and nursing staff to create effective treatment strategies driven by patient-specific requirements.
- Engaged in training programs and workshops to enhance understanding of current medical practices and technology applications.
- Provided essential education regarding treatment options and lifestyle changes, empowering patients to take charge of their health.
- Conducted regular follow-ups to assess patient progress, adjusting treatment protocols as required.
- Participated in local community health initiatives aimed at encouraging wellness and preventative care.

#### Clinical Intern

Dallas Health Clinic 📅 June 2024 - December 2024 📍 Dallas, TX

Gained practical exposure assisting healthcare professionals in patient care processes and laboratory operations.

- Supported medical providers with patient care tasks including medical history intake and assistance during examinations.

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



- Physician Assistant at Evergreen Health Services (6 Months)
- Physician Assistant at Greenwood Medical Center (11 Months)
- Clinical Intern at Dallas Health Clinic (6 Months)

- Acquired hands-on experience in diagnostic testing, contributing positively to accurate assessments of patient health.
- Facilitated communication between patients and healthcare teams to ensure cohesive care delivery.
- Delivered educational materials and resources to enhance patient health literacy across varying demographics.
- Contributed to quality improvement projects designed to optimize patient care workflows and overall efficiency.
- Engaged in research activities concerning urgent care protocols and patient outcome measures.

## LEADERSHIP & AWARDS

- Dean's List, University of Texas, 2024
- Recipient of Academic Excellence Scholarship, 2023

## EDUCATION

### Master's Degree in Physician Assistant Studies

University of Texas 🎓 GPA: 3.8 📅 2025 📍 Austin, TX

**Coursework:** *Clinical Medicine, Pharmacology, Health Policy, Patient Assessment*

## CERTIFICATIONS

- National Commission on Certification of Physician Assistants (NCCPA) 📅 2026
- Basic Life Support (BLS) 📅 2026

## TECHNICAL SKILLS

- **Healthcare Software:** Epic, Cerner, Allscripts
- **Communication Tools:** Microsoft Teams, Slack, Zoom
- **Diagnostic Tools:** X-rays, CT Scans, MRI
- **Therapeutic Modalities:** Pharmacotherapy, Physical Therapy, Counseling
- **Patient Management Systems:** EHR, EMR, Telehealth Platforms
- **Testing Protocols:** Blood Tests, Urinalysis, Imaging Studies
- **Professional Development:** Workshops, Conferences, Online Courses
- **Quality Improvement Initiatives:** Patient Care Audits, Workflow Analysis, Team Meetings
- **Medical Equipment:** Defibrillators, ECG Machines, Infusion Pumps
- **Regulatory Compliance:** HIPAA, OSHA, CDC Guidelines

## PROFESSIONAL AFFILIATIONS

- Member of Student Physician Assistant Society, 2023-2025
- Volunteer at Community Health Fair, 2024

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST