

# Arianna Myers

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## SUMMARY

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Compassionate Physician Assistant specializing in patient care. Over two years' experience in acute healthcare environments while fostering interdisciplinary collaborations. Adept at performing evaluations and creating effective treatment plans tailored to individual needs, mapping each step of the patient journey for optimal outcomes. Engaged continuously in professional growth initiatives while pushing for quality improvements in practice by adhering strictly to cutting-edge clinical guidelines. Driven by a commitment to building strong relationships with patients and families alike ensures adherence and trust through detailed education on health management strategies.

## EXPERIENCE

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### Physician Assistant

June 2025 - Present

HealthFirst Medical Group

*Los Angeles, CA*

Currently working as a Physician Assistant tasked with comprehensive patient evaluations. Foster strong collaboration with various healthcare disciplines to ensure smooth patient journeys within acute settings.

- Conduct thorough assessments, unearthing critical medical histories and executing precise physical examinations that guide patient-centered strategies.
- Collaborate with multidisciplinary teams, ensuring consistent communication and integrated care participation, resulting in improved patient satisfaction levels.
- Develop evidence-driven treatment plans combining pharmacologic and non-pharmacologic methods, enhancing recovery pathways and fostering positive change.
- Monitor patient progress meticulously and adjust treatments as necessary; proactive adjustments align interventions with evolving patient needs.
- Ensure compliance with hospital protocols by maintaining accurate documentation of encounters and strict adherence to clinical operating principles.
- Engage actively in quality assurance initiatives aimed at elevating care efficiencies and contributing positively to institutional performance measures.

### Research Assistant

September 2024 - May 2025

University Research Lab

*San Diego, CA*

Assisted with pivotal research focused on improving patient care approaches—key findings contributed significantly to academic knowledge and practical applications.

- Contributed to clinical research that emphasized data analysis, collating insights to shape evidence-based protocols that could enhance patient care.
- Participated in educational efforts for patients regarding treatment options, thereby bolstering comprehension and adherence to proposed care paths.
- Supported presentations encompassing important findings from analyses during conferences, aiding outreach and discussion around innovative practices.
- Implemented rigorous protocols in adherence to ethical guidelines established through the institutional review board regulations, ensuring research integrity.
- Utilized electronic medical records efficiently, gaining experience with essential healthcare software tools necessary for modern clinical practices.

### Capstone Project Developer

January 2024 - May 2024

Student Innovation Lab

*San Diego, CA*

Executed a pivotal capstone project revolving around patient engagement in outpatient sectors while collaborating across a diverse set of healthcare stakeholders.

- Effectively gathered qualitative data via surveys and interviews, identifying gaps in current patient engagement models and proposing actionable solutions.
- Presented insightful findings to university faculty, harnessing constructive feedback to refine project mechanisms geared toward service enhancement.
- Partnered with multi-disciplinary teams, fostering creativity in prototype designs implemented for improving overall patient experiences within existing frameworks.
- Managed project timelines and deliverables skillfully using data visualization tools, facilitating clear communication about outcomes among peers and facilitators.
- Mentored classmates in research methodologies while sharing initial trial challenges, empowering reflective discussions around performance evaluations and reviews.

## LEADERSHIP & AWARDS

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- Dean's List, University of California, San Diego, 2024
- Research Presentation Award, Annual Student Conference, 2025

## EDUCATION

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### Master's Degree in Physician Assistant Studies

2026

University of California, San Diego GPA: 3.8

San Diego, CA

*Coursework: Patient Care, Clinical Protocols, Health Ethics, Advanced Diagnostics*

## CERTIFICATIONS

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- Basic Life Support (BLS) 📅 2026
- Advanced Cardiovascular Life Support (ACLS) 📅 2026
- Drug Enforcement Administration (DEA) Certificate 📅 2026

## TECHNICAL SKILLS

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- **Communication Tools:** Microsoft Teams, Zoom, Slack
- **Patient Management Systems:** Epic, Cerner, Allscripts
- **Research Methodologies:** Qualitative Analysis, Quantitative Analysis, Evidence Review
- **Project Management Software:** Trello, Asana, Monday.com
- **Statistical Tools:** SPSS, SAS, R
- **Clinical Guidelines:** NCCPA Standards, AHA Recommendations, ASPR Benchmarks
- **EMR Software:** Epic EMR, eClinicalWorks, Meditech
- **Documentation Standards:** SOAP method, HPI Formats, CPT Coding
- **Compliance Training:** OSHA Regulations, HIPAA Standards, Ethics Training
- **Patient Education Resources:** Handouts, Workshops, Health Fairs

## SKILLS

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|----------------------------|----------------------------|----------------------------------|------------------------------|
| • Patient Care             | • Quality Improvement      | • Communication Skills           | • Patient Education          |
| • Clinical Assessment      | • Medical Documentation    | • Data Analysis                  | • Evidence-Based Practice    |
| • Treatment Planning       | • Pharmacology Knowledge   | • Team Leadership                | • Electronic Medical Records |
| • Healthcare Collaboration | • Public Health Strategies | • Interdisciplinary Coordination | • Research Methodologies     |

## PROFESSIONAL AFFILIATIONS

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- Member, Student Healthcare Association, 2024 – Present
- Volunteer, Community Health Outreach Program, 2023 – 2026

## LANGUAGES

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- English (Native)
- Spanish (Proficient)

## ADDITIONAL INFORMATION

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**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

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AVAILABLE ON REQUEST