

# Alessandra Bennett

## Pre-op/PACU RN

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### STRENGTHS

- ♥ **Patient-Centric Care**  
Prioritized tailored approach to meet unique patient needs, gaining trust among colleagues and families alike.
- 🗨️ **Effective Communication**  
Established clear information flows between patients, families, and nurses to enhance understanding during care changes.
- 👥 **Team Member Collaboration**  
Worked energetically within diverse team groups, creating innovative solutions that had real patient impact.
- 💡 **Problem Solving**  
Confronted immediate clinical challenges head-on, demonstrating resourcefulness in dynamic healthcare environments.
- 🎓 **Continuous Learning**  
Embraced ongoing education and hands-on experiences, continuously refining skills to deliver top-tier care.

### SKILLS

- Patient Assessment
- Medication Administration
- Critical Care Patient Education
- Team Collaboration
- Pediatric Nursing
- Post-Anesthesia Care
- Documentation Standards
- Quality Improvement
- Regulatory Compliance
- Emergency Response
- Communication Skills
- Interdisciplinary Collaboration

### SUMMARY

Compassionate registered nurse with over 2 years in pre-operative and post-anesthesia care. Demonstrated ability to assess patient needs, implement effective nursing interventions, and collaborate with multidisciplinary teams for optimal outcomes. Holds a current Illinois nursing license along with BLS & ACLS certifications. Known for thorough pre-operative assessments and efficient recovery protocols that prioritize patient's physical and emotional needs. Experienced in fostering supportive environments for both patients and their families, while ensuring adherence to healthcare regulations and providing direction to non-professional nursing personnel.

### EXPERIENCE

#### Pre-operative/PACU Nurse

Unity Healthcare Center 📅 January 2025 - Present 📍 Chicago, IL

Support swift and safe transition of patients from surgery to recovery by assessing physical and emotional needs. Maintain comprehensive and accurate records while delivering compassionate care throughout the perioperative phase. Collaborate tightly with surgical teams to improve patient handoff processes and ensure quick response capabilities in emergencies.

- Conduct thorough pre-operative assessments and establish individualized patient care plans.
- Manage medication administration and monitor vital signs to uphold recovery standards.
- Collaborate with surgical teams, improving communication during patient transitions into recovery.
- Participate in quality improvement programs, enhancing infection control measures across units.
- Mentor new nursing staff on best practices, strengthening departmental consistency.
- Ensure compliance with healthcare regulations while reporting any concerns promptly to management.

#### Critical Care Nurse

Metro Health Systems 📅 June 2024 - December 2024 📍 Chicago, IL

Delivered critical nursing care within high-acuity settings, adapting rapidly to dynamic patient conditions. Collaborated extensively with interdisciplinary teams to formulate treatment plans tailored to individual patient health needs.

- Performed critical patient assessments and coordinated urgent responses during medical emergencies.
- Developed customized care plans based on evolving patient information and collaborated with specialists.
- Monitored intricacies of patient vitals and ensured precise documentation through electronic records.
- Engaged in educational sessions, staying ahead of emerging best practices in patient care.
- Facilitated mentoring programs for nursing students, balancing instruction with practical experience.
- Created an empathetic environment, assuring comfort for patients and providing crucial support for families.

### LEADERSHIP & AWARDS

- Nurse Excellence Award, Unity Healthcare Center – 2025
- Community Outreach Recognition, Metro Health Systems – 2024

### EDUCATION

#### Bachelor's Degree in Nursing

University of Illinois at Chicago 🎓 GPA: 3.9 📅 2024 📍 Chicago, IL

**Coursework:** Clinical Practice, Health Assessment, Nursing Ethics, Patient Care

## Clinical Expertise

Patient Safety Initiatives

Healthcare Regulations

## LANGUAGES

English Native

Spanish Intermediate

## MY CAREER



● Pre-operative/PACU Nurse at Unity Healthcare Center (1.4 Years)

● Critical Care Nurse at Metro Health Systems (6 Months)

## CERTIFICATIONS

- Registered Nurse 📅 2025
- BLS Certification 📅 2025
- ACLS Certification 📅 2025

## TECHNICAL SKILLS

- **Nursing Certifications:** BLS, ACLS, CPR
- **Electronic Health Records:** EPIC, Cerner, Meditech
- **Patient Care Protocols:** Pre-op Assessments, Recovery Room Management, Pain Management
- **Clinical Tools:** Vital Signs Monitor, Infusion Pumps, Patient Monitors
- **Sanitation Practices:** Infection Control, PPE Practices, Waste Disposal Procedures
- **Time Management Tools:** Care Task Scheduling, Shift Planning, Electronic Notetaking
- **Analytical Skills:** Data Interpretation, Clinical Judgement, Outcome Measurement
- **Professional Development:** Nursing Workshops, Patient Education Sessions, Team-Building Retreats
- **Team Collaboration Technologies:** Slack, Microsoft Teams, Zoom
- **Compliance Standards:** JCAHO, HIPAA, OSHA

## PROFESSIONAL AFFILIATIONS

- Members of the American Nurses Association
- Volunteer - Local Health Clinic, Chicago

## ADDITIONAL INFORMATION

**Work Status** : Authorized to work in United States. No sponsorship required.

## REFERENCES

AVAILABLE ON REQUEST